

TEMPE Opportunities

**Classes Held January - March
Registration Begins**

Tempe Residents: December 7, 2015
Non-Tempe Residents: December 14, 2015

Winter 2016

www.tempe.gov/brochure

 **City of Tempe**



PLAY LEARN LIVE GROW

Tempe in Motion bus, bike, walk, rail

Fare Facts

	Local Service	Discount Local Service	Express Service
One-ride	\$2.00	\$1.00	\$3.25
All-day pass	\$4.00	\$2.00	\$6.50
All-day pass (on bus)	\$6.00	\$3.00	\$8.50
7-day pass	\$20.00	\$10.00	n/a
15-day pass	\$33.00	\$16.50	n/a
31-day pass	\$64.00	\$32.00	\$104.00

People ages 6 to 18, 65 and older and people with disabilities are eligible for discount fares. Children under 6 ride free with a fare-paying adult.

Free Fare

Youth ages 6 to 18 who live in Tempe are eligible for a free valley-wide transit pass. Applicants must provide their birth certificate and proof of Tempe residency. In order to get the free pass, youth ages 6 to 17 must bring a parent or guardian to the Tempe Transit Store, located at 200 E. Fifth Street, to sign a permission form. Visit www.tempe.gov/youthpass for a registration form and list of required documentation.

Bus Routes

Most buses run every 15 to 20 minutes during rush hour and every 30 to 60 minutes at all other times, seven days a week. Hours of operation vary by route, but buses in Tempe typically run from 5 a.m. to 1 a.m. Bus service operates 365 days a year in Tempe on most major arterial streets and on major holidays routes operate according to Sunday schedules. All Express bus routes operate during rush hour on weekdays.

How to reach us:

Tempe Transit Store: 480-858-2350 • www.tempe.gov/tim

Valley Metro Routes & Schedules: 602-253-5000 • www.valleymetro.org

METRO Light Rail

METRO light rail runs seven days a week, 365 days a year. On weekdays, trains run every 12 minutes from 7:30 a.m. to 6:30 p.m. and every 20 minutes at all other times. On weekends, trains run every 15 minutes from 6 a.m. to 7 p.m. and every 20 minutes at all other times.

Orbit

Orbit (Tempe's free neighborhood circulator system) includes the Mercury, Venus, Earth, Mars and Jupiter routes. Most routes run Monday through Friday from 6 a.m. to 10 p.m. every 15 minutes, Saturday from 8 a.m. to 10 p.m. every 15 minutes and Sunday from 8 a.m. to 7 p.m. every 30 minutes.

Dial-A-Ride

East Valley Dial-A-Ride provides transportation for senior citizens age 65 and older, people with disabilities and ADA certified passengers. For trip scheduling, call 480-633-0101. For TTY-TDD (hearing and speech impaired) call 480-813-8789.

Tempe Transit Store

The Tempe Transit Store is located at 200 E. Fifth Street in downtown Tempe. Hours of operation are Mon - Fri from 8 a.m. to 5 p.m. (closed on weekends and all major holidays.) Transit fare media and services available include local and reduced fare all-day passes, 7-day, 15-day and 31-day passes.



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Registration Dates

Tempe Residents

Online, Mail, Drop-off and Fax: December 7

Non-Tempe Residents

Online, Mail, Drop-off and Fax: December 14

Class Registration Office

3500 S. Rural Road, Suite 201
Tempe, AZ 85282
480-350-5200
FAX: 480-350-5058
www.tempe.gov/brochure

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Corrections and Updates

The City of Tempe makes every effort to ensure that each Opportunities Brochure is free of error. To view the web version of the Opportunities Brochure online, visit www.tempe.gov/brochure



Tempe Public Library
3500 S. Rural Road
480-350-5500 • www.tempe.gov/library



Edna Vihel Activities Center
3340 S. Rural Road
480-350-5287 • www.tempe.gov/vihel



Tempe Center for the Arts
700 W. Rio Salado Parkway
480-350-2822 • www.tempe.gov/tca



Petersen House Museum
1414 W. Southern Avenue
480-350-5151 • www.tempe.gov/museum



Tempe History Museum
809 E. Southern Avenue
480-350-5100 • www.tempe.gov/museum



Escalante Community Center
2150 E. Orange Street
480-350-5800 • www.tempe.gov/escalante



Kiwanis Park Recreation Center
6111 S. All-America Way
480-350-5201 • www.tempe.gov/kiwanis



Kiwanis Park Batting Range
6005 S. All-America Way
480-350-5727 • www.tempe.gov/battingcage



North Tempe Multi-Generational Center
1555 N. Bridalwreath Street
480-858-6500 • www.tempe.gov/northtempe



Pyle Adult Recreation Center
655 E. Southern Avenue
480-350-5211 • www.tempe.gov/pyle



Westside Community Center/Cahill Senior Center
715 W. 5th Street
480-858-2400 • www.tempe.gov/westside



SRP Town Lake Marina
550 E. Tempe Town Lake
480-350-8069 • www.tempe.gov/boating

Code of Location Abbreviations

ARCH	Archery Headquarters	6401 W. Chandler Blvd.	LMRB	Tempe Public Library Meeting Room B	3500 S. Rural Road
BEN	Benedict Sports Complex	Kyrene & Guadalupe Roads	LSR8	Tempe Public Library/Study Room 8	3500 S. Rural Road
CDS	Corona del Sol High School	1001 E. Knox Road	LSTR	Tempe Public Library Story Time Room	3500 S. Rural Road
CRC	Clark Recreation Center	1730 S. Roosevelt Street	MUS	Tempe History Museum	809 E. Southern Avenue
CSC	Dennis J. Cahill Senior Center	715 W. Fifth Street	NCC	North Tempe Multi-Generational Center	1555 N. Bridalwreath Street
DAL	Daley Park	Encanto Drive & College Avenue	PAC	Pyle Adult Recreation Center	655 E. Southern Avenue
ESCA	Escalante Community Center	2150 E. Orange Street	PDP	Papago Dog Park	Curry Road and College Avenue
EVKM	East Valley Krav Maga	1328 E. Apache Blvd.	PSF	Pilates Sports and Fitness	1020 S. Mill Avenue
GMG	Gold Medal Gym	1700 E. Elliot Road #9	RHGC	Rolling Hills Golf Course	1417 N. Mill Avenue
ICE	Ice Den	7225 W. Harrison Street, Chandler	ROC	Phoenix Rock Gym	1353 E. University Drive
IKEA	IKEA	2110 W. Ikea Way	THS	Tempe High School	1730 S. Mill Avenue
KFRC	Kyrene Family Resource Center	1330 E. Dava Drive	TSC	Tempe Sports Complex	8401 S. Hardy Drive
KMGC	Ken McDonald Golf Course	800 E. Divot Drive	TTLM	SRP Town Lake Marina	College Avenue at Curry Road
KRC	Kiwanis Park Recreation Center	6111 S. All-America Way	UNIV	University Animal Hospital	2500 S. Hardy Drive
KTWB	Kiwanis Park Ballfields	6005 S. All-America Way	VIHEL	Edna Vihel Activities Center	3340 S. Rural Road
LCC	Tempe Public Library Connections Cafe	3500 S. Rural Road	WCC	Westside Community Center	715 W. Fifth Street
LCL	Tempe Public Library Computer Lab	3500 S. Rural Road	WFST	Whole Foods	5210 S. Rural Road
LLL	Tempe Public Library/Lower Level	3500 S. Rural Road	WOOD	Wood Elementary School	727 W. Cornell Drive
LMRA	Tempe Public Library Meeting Room A	3500 S. Rural Road			



Tempe City Council



(L to R) Vice Mayor Corey Woods, Councilmembers David Schapira and Lauren Kuby, Mayor Mark Mitchell, Councilmembers Joel Navarro, Robin Arredondo-Savage and Kolby Granville

About the Cover :



GAME, SET, MATCH!

Come meet your match on one of the 15 courts at the Kiwanis Tennis Center. Whether you are a novice wanting to learn how to play, an intermediate wanting some one-on-one time with a Tennis Pro, or an expert, the Kiwanis Tennis Center has just what you need.

Twice named Outstanding Tennis Facility of the Year by the USTA,

the Kiwanis Tennis Center features 15 lighted tennis courts with cushioned Rebound Ace playing surface. Lessons, playing opportunities and court rentals are available year-round for your convenience.

Put more play in your child's day with "Junior Learn to Play" and "Junior Academy" classes for youths 4-15 years old. Your child will learn the basics of tennis, improve their skills and become a pro in no time! The best part is that no expensive equipment is necessary. The Tennis Center offers class participants free loaner racquets and balls—just show up and play!

The Kiwanis Tennis Center offers a full range of programs and playing opportunities for all ages and abilities. Additional information can be found on pages 54-57, by visiting www.Tempe.gov/Tennis or by calling 480-350-5721.

City of Tempe Staff

Tempe City Manager
Andrew Ching

Community Services

Department Director
Shelley Hearn

Deputy Directors
Kelly Rafferty
Barbara Roberts

City of Tempe Citizens Groups

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Virginia Sylvester, Vice-Chair

David Huizingh

John Linda, Margaret Moroney,

Mary O'Grady, Gail Rathbun,

Estevan Saiz, and Johnny Tse

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Maureen DeCindis, Mary Ann Dillon

Suzanne Durkin-Bighorn, Christina Hudson,

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and Don Watkins

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Celina Coleman, Vice-Chair

Susan Bendix, Christine Cirillo-Ching,

Hilary Harp, Anthony Johnson,

Kiyomi Kurooka, Charlie Lee,

David Lucier, Robert Moore,

Gail G. Natale and Celeste Plumlee

4 Easy Ways to Register!

Online Registration

Log-on to:

<http://www.tempe.gov/brochure>

- Set up an account on your first visit and create your Client Barcode and Personal ID Number (PIN) to access the online registration system.
- Forgot your Barcode or PIN?
Call 480-350-5200

Mail-In Registration

Mail Registration Form to:
Tempe Class Registration
3500 S. Rural Road, Suite 201
Tempe, AZ 85282

Fax-In Registration

Fax Registration Form to:
480-350-5058
* Phone-In Registration is not available

Walk-In/Drop-Off Registration

Recreation Office
3500 S. Rural Road, Suite 201

Edna Vihel Activities Center
3340 S. Rural Road

Pyle Adult Recreation Center
655 E. Southern Avenue

Kiwanis Recreation Center
6111 S. All-America Way

Escalante Community Center
2150 E. Orange Street

North Tempe Multi-Gen Center
1555 N. Bridalwreath Street

Payment:



Payment must accompany the registration form. Credit cards (VISA, MasterCard and Discover), checks and debit cards are accepted. Credit and debit cards will only be charged when class enrollment is secured. Overpayment by cash or check will be credited toward future class enrollments. Placement on a waiting list will only result in a fee if patron is enrolled in the class.

Information

City of Tempe classes and activities are designed to provide basic skills for leisure time activities only and are not academically-oriented.

Things to Remember

- Tempe Resident Registration begins December 7; Non-Tempe Resident Registration begins December 14. Registration cannot be processed before this time.
- Online Registration begins at 9 a.m. on December 7.
- Use a separate registration form for participants with different addresses.
- Participants will be placed on waiting lists only if an alternate choice is not listed.
- Waiver of Liability Signature is required at the bottom of form. Those under 18 years of age must be signed for by a parent or guardian.
- City of Tempe is not responsible for lost or misdirected mail or faxes.
- Due to the large volume of registrations received, staff cannot confirm receipt of registration requests over the phone.

Resident/Non-Resident Policy

A Tempe Resident is any person living within the corporate limits of the City of Tempe. A Post Office Box is not considered a Tempe residential address.

Individuals residing outside of the City of Tempe and attending Tempe schools, or who own property in Tempe, are considered Non-Tempe Residents.

Random address checks will be made to confirm residency. Non-Tempe Residents with false addresses will be dropped from activities with no refund.

Registration Confirmation

Online Registration: Is processed in real time and the system will indicate class availability, then confirm enrollment or waitlist status. Confirmation of enrollment will not be mailed.

Mail-In, Drop-Off & Fax-In: A registration confirmation will be mailed to the participant indicating class status. If you have not received notice within two weeks, please call 480-350-5200 to confirm address on file.

Fees

Scholarship Assistance for various programs is available for Tempe and Guadalupe Residents ages 0-17 years, or for Non-Tempe Resident youth enrolled in a Tempe Public School only. For additional information, call 480-350-5200. Fees charged for classes/activities are to off-set the cost of instruction and materials.

Refunds/Cancellations/Withdrawals

No cash refunds. In the event the class is cancelled or the participant withdraws, a credit will be applied to the family account. The participant may request a refund instead of a credit on account. If the payment was made with a credit card, the amount will be refunded to the credit card. If the payment was made with cash or check, a check will be issued from the City for the refund amount to the individual that made the initial payment. Withdrawal requests made after the class begins may be subject to an administrative fee. Please allow up to 10 business days for refund processing.

Notice to Participants

All programs and facilities are open to all citizens regardless of race, sex, color, religion, national origin or disability.

The City of Tempe Community Services Department is dedicated to providing qualified staff, safe facilities and equipment for all participants.

All classes/activities of a physical nature involve some risk. By registering for the class/activity of this nature, there is an assumption of risk by the participant.

City of Tempe carries no medical insurance and assumes no liability for personal injuries or loss of personal property of persons participating in or attending City of Tempe classes/activities. Participant's family policy must cover any medical costs incurred.

It is the responsibility of individuals or guardians of individuals participating in a City of Tempe class/activity to notify the City of Tempe of any physical limitations that impair their activity in the program for which they are registered.

Notice to Persons with Disabilities

City of Tempe endeavors to make all programs, services and facilities accessible to, useable by and available to qualified individuals with disabilities.

Individuals may call 480-350-5200 for program eligibility requirements, accessibility and usability of programs, services and facilities.

Tempe Residents

Online, Mail, Drop-Off and Fax: December 7, 2015

Non-Tempe Residents

Online, Mail, Drop-Off and Fax: December 14, 2015



Class Registration, 3500 S Rural Rd, Tempe, AZ 85282 www.tempe.gov/brochure
 Information 480-350-5277 Fax 480-350-5058 TTY 480-350-5050

Program Registration Form**Head of Household Information (Please Print)**

ADULT CONTACT Last Name			First Name	MI	Home Phone
Street Address					Work Phone
					Additional Phone <input type="checkbox"/> Cell <input type="checkbox"/> Spouse
City		State	Zip Code		Additional Phone <input type="checkbox"/> Cell <input type="checkbox"/> Spouse
Birth date	Male or Female	E-mail Address			

In case of emergency notify:	Name	Phone	Relationship
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Registration Request

>> Mark box if Course # is alternate choice.

Last Name	MI	First Name	M/F	Date of Birth	Class/Activity Name	Class/Activity Code	Fee
						<input type="checkbox"/> CHECK if alternate	
						<input type="checkbox"/> CHECK if alternate	
						<input type="checkbox"/> CHECK if alternate	
TOTAL AMOUNT DUE:						\$	

Waiver of Liability

☒ With knowledge and appreciation of the risk of injury, I wish to participate in this Class/Activity. I agree to assume the risk of personal injury while participating.
☒ I understand the City of Tempe does not carry accident, sickness, or medical insurance for participants.
☒ I understand that all reasonable efforts will be extended to insure my health and safety.
☒ If the Class/Activity includes any physical exertion, I agree to perform the exercise at my own ability level.
☒ I fully understand the nature of this Class/Activity, and I waive and release and hold harmless the City of Tempe and any of its agents, employees, officers, council members, and sponsors for any and all rights and claims for damages or costs I may have against the City of Tempe, its agents, employees, officers, council members, and sponsors for personal injury, death, or property damage suffered by me, or that I may cause to others, as a result of my participation in this Class/Activity.
☒ I agree, without any right of payment or of editing, to the use of images of me and/or my children, including reproductions of photos, video, film, audio or other reproductions, by the City of Tempe for dissemination in all types of media for public relations purposes.
☒ I agree to look to my private physician for medical advice and care and to notify my teacher or instructor of any physical limitations I might have or modifications I might need to the Class/Activity. I will require the following accommodation to participate: _____

I have read and clearly understand the above statements. I realize this is a contract between myself and the City of Tempe and is a release of Liability.
 I sign it of my own free will.

Signature of Participant X Date _____
(Parent or Guardian if Participant is under 18)

Payment: Amount Pd. _____	<input type="checkbox"/> Cash	<input type="checkbox"/> Check # _____	Make checks payable to the City of Tempe .
<input type="checkbox"/> Credit Card # _____ / _____ / _____	Exp. Date ____ / ____	CVC _____	
Credit Card Authorization Signature: _____			

Activities for Tots (0-5 Years)

Registration begins December 7; classes begin January 4 unless noted otherwise within class descriptions.

No classes January 18 or February 15. To view a list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for tots. Additional offerings for older tots may be viewed within the Activities for Youth (5-12 Years) section.

TOTS' CLASS GUIDELINES

- For your child's safety, children 5-years-old and under must be accompanied to-and-from the classroom.
- Children 5-years-old and under who are enrolled in back-to-back classes must be released to a parent between classes. Teachers and staff will not be responsible for making sure your child gets to his/her next class.
- Classes are designed for the ages listed. Children must meet the age requirement as of the first class.
- Children must be able to participate independently except in specified parent/child activities.
- Children must be toilet-trained for all classes without parents.
- Observers and non-registered individuals, including siblings, are not permitted in classes.
- In order to share your child's progress and accomplishments, your child's instructor will designate a time for class observation and sharing.
- Closed-toe shoes are required for all classes. Dance shoes or securely fastened shoes for dance/movement classes.
- Tights/leotards and/or loose shorts/t-shirts recommended for dance/movement classes.

Arts & Crafts



DIRT ALERT! Art is a messy business; please send children in old clothing. Although aprons are available, they may not protect all clothing. Non-toxic products are used, but may bond with some fabrics.

ABCs of Art; Parent/Child

Now I know my ABCs. Using basic art supplies and techniques, create one-of-a-kind art with your child that incorporates the alphabet and numbers. Students will develop fine motor skills, gain classroom experience and improve listening skills. One adult may register with up to two children. Fee: \$20 per child. No fee for adult. 480-350-5287

47457	2-5 yrs	T	1/12-2/16	9-9:50 a.m.	VIHEL
47458	2-5 yrs	T	2/23-3/29	9-9:50 a.m.	VIHEL

Creative Painting

Paint with your hands and feet, use unusual objects like seashells and plant fibers and even make your own paint mediums. Think outside-the-box and explore your imagination while creating works of art that are truly unique, just like you. Fee: \$25. 480-350-5287

47459	3 1/2-5 yrs	F	1/15-3/4	11:30 a.m.-12:20 p.m.	VIHEL
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Elements of Art

Develop fundamental art concepts and hone your ability to make artistic decisions. Media exploration is encouraged using markers, pastels, watercolor and acrylic paint, as well as colored pencils. Learn sophisticated art concepts such as form, pattern, texture and contrast through the introduction of the "elements and principles of art." Fee: \$20. 480-350-5287

47460	3 1/2-5 yrs	W	1/13-3/2	11-11:50 a.m.	VIHEL
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Folklore, Legends and Fairy Tales

Please see page 12 for complete description and class times.



Free Art Friday

Please see page 28 for complete description.

Messy Art

Please see page 13 for complete description and class times.

Messy Art for Minis; Parent/Child

Toddlers can get messy on their own, so why not create art while doing it? In this parent/child class, help your little one(s) use their busy hands to turn messes into 'mess'terpieces. One parent may register with up to two children. Fee: \$20. No fee for adult. 480-350-5287

47513	2-5 yrs	T	1/12-2/16	10-10:50 a.m.	VIHEL
47715	2-5 yrs	T	2/23-3/29	10-10:50 a.m.	VIHEL

Mudpies and Fingerprints; Parent/Child

This is a great sensory class for toddlers to get them off to a great start exploring the world of art. Using age-appropriate (and sometimes edible) materials, help your little ones express themselves. Class time will also include music and story times. One adult may register with up to two children. Fee: \$10. No fee for adult. 480-350-5287

47516	18-24 mos	Th	1/7-2/11	9-9:45 a.m.	VIHEL
47716	18-24 mos	Th	2/18-3/24	9-9:45 a.m.	VIHEL

Our First Craft Class

Welcome first-time artists. If you are nervous about creating art with your toddler, then this class is for you. Parent/child pairs will get to familiarize themselves with different colors, shapes and textures and will experiment with a variety of materials. One adult may register with each child. Fee: \$8. 480-350-5814

47323	2-5 yrs	W	1/13-2/3	9:15-10 a.m.	ESCA
47324	2-5 yrs	W	1/13-2/3	10:15-11 a.m.	ESCA

Our First Painting Class

Welcome first-time painters. Come experiment and create with a variety of activities that include painting, coloring and using playdough. This class is a fun introduction or a continuation of our first craft class. One adult may register with each child. No class 1/18. Fee: \$8. 480-350-5814

47325	1-2 yrs	M	1/11-2/8	9:15-10 a.m.	ESCA
47326	1-2 yrs	M	1/11-2/8	10:15-11 a.m.	ESCA

Our Second Craft Class

Welcome first-time artists. If you are nervous about creating art with your toddler, then this class is for you. Parent/child pairs will get to familiarize themselves with different colors, shapes and textures and will experiment with a variety of materials. One adult may register with each child. Fee: \$8. 480-350-5814

47669	1-2 yrs	W	2/10-3/2	9:15-10 a.m.	ESCA
47670	1-2 yrs	W	2/10-3/2	10:15-11a.m.	ESCA

Peewee Picassos; Parent/Child

Pablo Picasso said, "Every child is an artist." Work with your very own little artist in this exciting painting class to make colorful artworks inspired by famous artists and different cultures from ancient times to the 20th century. One adult may register with up to two children. Fee: \$20. No fee for adult. 480-350-5287

47528	2-5 yrs	W	1/13-2/17	9-9:50 a.m.	VIHEL
47529	3½-5 yrs	W	1/13-2/17	10-10:50 a.m.	VIHEL
47721	2-5 yrs	W	2/24-3/30	9-9:50 a.m.	VIHEL
47722	3½-5 yrs	W	2/24-3/30	10-10:50 a.m.	VIHEL

Petite Painters

Studies show that children who create art read better and get better grades in science and math. Experience the creative process and embrace self-expression while learning basic art concepts in this imaginative program. Various materials and techniques will be used as children explore the great masters and create art in their style. No Class 1/18, 2/15. Fee: \$20. 480-350-5287

47530	3½-5 yrs	M	1/4-3/7	9-9:50 a.m.	VIHEL
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Play With Clay; Parent/Child

You and your little one will work together to create works of art with purchased and handmade clay, as well as learn how to create clay at home. Compare different types of clay and discover what you can do with them as you create unique, three-dimensional artwork. One adult may register with up to two children. No Class 1/18, 2/15. Fee: \$20. No fee for adult. 480-350-5287

47540	2-5 yrs	M	1/4-2/22	10-10:50 a.m.	VIHEL
47723	2-5 yrs	M	2/29-4/4	10-10:50 a.m.	VIHEL

Toddler Art Time

Toddlers have an opportunity to explore art through a variety of different age appropriate activities. Watch their concentration, motor skills and hand-eye coordination grow. This session is a fun introduction of arts and crafts for young toddlers. One adult may register with each child. Fee: \$8. 480-350-5814

47685	2-5 yrs	T	1/12-2/2	9:15-10 a.m.	NCC
47686	2-5 yrs	T	1/12-2/2	10:15-11a.m.	NCC
47687	2-5 yrs	T	2/9-3/1	9:15-10 a.m.	NCC
47688	2-5 yrs	T	2/9-3/1	10:15-11 a.m.	NCC

Toddler Craft Time

Toddlers are encouraged to use their ever-so-curious minds through the introduction of new textures and artistic mediums. Toddlers can explore their creativity through painting, coloring, gluing, and playdough. This session is a fun introduction or continuation of arts and crafts for all toddlers. One parent may register with each child. Fee: \$8. 480-350-5814

47671	2-5 yrs	Th	1/14-2/4	9:15-10 a.m.	NCC
47672	2-5 yrs	Th	1/14-2/4	10:15-11a.m.	NCC
47673	2-5 yrs	Th	2/11-3/3	9:15-10 a.m.	NCC
47674	2-6 yrs	Th	2/11-3/3	10:15-11 a.m.	NCC

Young Artist Exploration

Please see page 13 for complete description and class times.

Young Sculptors

Do you dream up your own worlds, complete with castles, dragons and other creatures? Maybe you know exactly how you'd build your own space station with astronauts and aliens. If so, this class is for you. Using clay, cardboard, foam and more, create stimulating mixed-media sculptures to depict the world that has existed only in your imagination. Fee: \$25. 480-350-5287

47547	3½-6 yrs	F	1/15-3/4	10-10:50 a.m.	VIHEL
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Books & Reading

Baby Storytime

Babies and their favorite grown-ups are invited to join us for 40 minutes of rhymes, songs, movement and fun that encourages early learning by focusing on the ABC's of early literacy: attention, bonding & communication. We save the last 20 minutes for play, discovery and social interaction. No registration required. Fee: None. 480-350-5500

No Code	0-2 years	W	1/6-2/24	10-10:40 a.m.	LSTR
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Blind Date with a Book

This Valentine's Day, the Tempe Library will be celebrating with a very special display—mysteriously wrapped books. You won't know what you've checked out until you've unwrapped it but we promise each one has been carefully selected. You may just find your match. No registration required. Fee: None. 480-350-5500

No code	All Ages	Su	2/14	noon-5 p.m.	LLL
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Preschool Storytime

Join us for fun preschool storytimes that help prepare your child for Kindergarten. Preschool storytimes include books, songs, finger plays and storyboards to encourage early learning. Activities are developmentally appropriate for children ages 3-5 years. No registration required. Fee: None. 480-350-5500

No Code	3-5 yrs	Th	1/7-2/25	10-10:30 a.m.	LSTR
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Saturday Storytime

Parents and children will delight in the joys of songs, rhymes, movement activities and finger plays that encourage early learning. No registration required. Fee: None. 480-350-5500

No Code	All Ages	Sa	12/26, 1/30, 2/27	10:30-11 a.m.	LSTR
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Toddler Storytime

Toddlers and their favorite grown-ups are invited to join us for 30 minutes of stories, songs, finger plays and fun. Program is designed to promote and support the ABC's of parenting: attention, bonding and communication. We save the last 10 minutes for play & social interaction. No registration required. Fee: None. 480-350-5500

No Code	2-3 yrs	T	1/5-2/23	11-11:30 a.m.	LSTR
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Make a Difference - Volunteer!

www.tempe.gov/volunteer

Activities for Tots (0-5 Years)

Whole Food Kid's Club

Join us at Tempe's local Whole Foods Market for Kid's Club. Parents and children will listen to fun stories, sing songs, and create an all-natural and extra special craft. Fee: None. To register email sp.tem.marketing@wholefoods.com.
No Code All Ages Sa 12/19, 1/16, 2/20 10-10:30 a.m. WFST

Dance, Music & Theater

- **Tights/leotards and/or loose shorts/t-shirts recommended for dance/movement classes.**
- **Secure hair away from face for dance/movement classes.**

Ballet/Tap Combo

Please see page 14 for complete description and class times.

Beginning Dance; Parent/Child

Your little one will start-off on the right foot in this class programmed for the beginning dancer. Students will learn basic dance steps and terminology to fun, up-beat music. Class encourages flexibility and free-style dance.

No class 1/18, 2/15. Fee: \$20. 480-350-5287

47466	2-5 yrs	M	1/4-2/22	10-10:50 a.m.	VIHEL
47724	2-5 yrs	M	2/29-4/4	10-10:50 a.m.	VIHEL

Classical Dance

Please see page 14 for complete description and class times.

Dance Around the World; Parent/Child

Get out your map and globe to see where you will travel each week, perhaps another state or country, or even a time gone by. Explore music and instruments, movement and costumes from parts unknown; each week a new adventure awaits you. One adult may register with up to two children. Fee: \$20. No fee for adult. 480-350-5287

47485	2-5 yrs	T	1/12-2/16	10-10:50 a.m.	VIHEL
47725	2-5 yrs	T	2/23-3/29	10-10:50 a.m.	VIHEL

Dance Sampler

Here's your chance to shine while showing off your best moves. Learn the basic steps and techniques for a variety of dance styles such as Ballet, Jazz, and Modern just to name a few. You will also "talk the talk" as you become familiar with the terminology of each dance style. Fee: \$20. 480-350-5287

47488	3 1/2-5 yrs	T	1/12-3/1	11-11:50 a.m.	VIHEL
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Enchanted Dancers

Step into an enchanted land and express yourself through dance. Explore elementary dance steps and basic rhythms of various styles while developing strength and flexibility through choreographed dances. Freestyle dance is encouraged as dancers move creatively while using costumes and props. Feel free to wear your own mystical costume. No Class 1/18, 2/15. Fee: \$20. 480-350-5287

47491	3 1/2-5 yrs	M	1/4-3/7	11-11:50 a.m.	VIHEL
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Footloose and Fun

Get started on the right foot as you take your first steps into the world of dance. Move to fun, up-beat music while learning basic technique from a variety of dance styles. Strengthen your body and self-confidence through freestyle dance, as well as choreographed routines. Fee: \$20. 480-350-5287

47493	3 1/2-5 yrs	F	1/15-3/4	1:30-2:20 p.m.	VIHEL
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Musikgarten©;

Early Childhood Music and Movement

Musikgarten's© programs awaken and develop inborn joy and talent for music-making. Beginning with Family Music for Toddlers and continuing through All Together Now, your child will build the foundation for a bridge that connects general music learning to instrumental skill. Musikgarten© classes are taught by Lyn Codier of Lyn's Musikgarten©, certified Musikgarten© instructor. Parents are encouraged to purchase the class curriculum material to support each class for at-home practice; however, purchase is not necessary. For additional information, visit www.lynsmusikgarten.com, and www.musikgarten.org. 480-350-5287

Family Music for Toddlers

Explore and learn with your toddler. Sing, chant, dance, listen, and play simple instruments. Lessons feature movement activities for coordination, body-awareness and control, exploration of space, and instruments such as rhythm sticks, jingles, rattles, drums and resonator bars. Fee: \$25.

47521	8 mos-3 yrs	W	1/13-2/3	9:45-10:15 a.m.	VIHEL
47522	8 mos-3 yrs	W	2/10-3/2	9:45-10:15 a.m.	VIHEL

Cycle of Seasons for Preschoolers

Developed to strengthen attention and build self-expression, activities include singing, chanting, focused learning, musical games, instrument exploration, creative movement and storytelling. Class nurtures your child's ability to use language and participate in dramatic play within a musical context. Parents are required to attend each class. Fee: \$25.

47519	3-5 yrs	W	1/13-2/3	10:30-11 a.m.	VIHEL
47520	3-5 yrs	W	2/10-3/2	10:30-11 a.m.	VIHEL

All Together Now; Mixed-Age Classes

This class teaches wisdom of the ages, as well as what current research tell us that children need: communication, movement, interaction, repetition and cultural customs – experienced in a playful way. Sing, chant, move, dance, listen and play an assortment of musical instruments. Strengthen language, concentration, social, motor and listening skills. Fee: \$39.

47726	0-4 yrs	F	1/15-2/5	3:30-4:15 p.m.	VIHEL
47727	0-4 yrs	F	2/12-3/4	3:30-4:15 p.m.	VIHEL

Health & Fitness

Gymnastics; Introduction to Gymnastics

Learn the fundamentals of gymnastics at Gold Medal Gym. Students will be introduced to basic gymnastics skills using four Olympic events: bars, beam, floor and vault. Basic skills will be demonstrated using a Tumble Track trampoline. Classes are taught by USA-certified gymnastics staff members.

Fee: \$49. 480-350-5200

46900	3-4 yrs	M	1/4-1/25	10-10:45 a.m.	GMG
46901	3-4 yrs	M	2/1-2/22	10-10:45 a.m.	GMG
46902	3-4 yrs	M	2/29-3/21	10-10:45 a.m.	GMG
46894	3-4 yrs	T	1/5-1/26	5:45-6:30 p.m.	GMG
46895	3-4 yrs	T	2/2-2/23	5:45-6:30 p.m.	GMG
46896	3-4 yrs	T	3/1-3/22	5:45-6:30 p.m.	GMG
46897	3-4 yrs	Sa	1/9-1/30	10-10:45 a.m.	GMG
46898	3-4 yrs	Sa	2/6-2/27	10-10:45 a.m.	GMG
46899	3-4 yrs	Sa	3/5-3/26	10-10:45 a.m.	GMG

Activities for Tots (0-5 Years)

Gymnastics; Parent/Tot

Work one-on-one with your child to improve coordination, balance and heighten concentration while learning basic tumbling moves. Classes are taught by USA-certified gymnastics staff members. Prerequisite: Children must be able to walk. Parent participation is required. Fee: \$42. 480-350-5200

46891	1-3 yrs	M	1/4-1/25	9-9:45 a.m.	GMG
46892	1-3 yrs	M	2/1-2/22	9-9:45 a.m.	GMG
46893	1-3 yrs	M	2/29-3/21	9-9:45 a.m.	GMG
46888	1-3 yrs	F	1/8-1/29	10-10:45 a.m.	GMG
46889	1-3 yrs	F	2/5-2/26	10-10:45 a.m.	GMG
46890	1-3 yrs	F	3/4-3/25	10-10:45 a.m.	GMG

Holistic Health and Wellness Workshops for Families

Please see page 37 for complete descriptions and workshop times.

Let's Get Up and Move®;

Building Healthy, Active Families with Fitness

United in their belief that all children can be active, the coaches from Let's Get Up and Move® follow the National Teaching Standards in Physical Education to give families the tools necessary to succeed in living healthy, active lifestyles. Each class is designed to keep children and families engaged in active play in non-competitive, dynamic environments. www.LetsGetUp.co. 480-350-5200

Chant N' Cheer

Please see page 15 for complete descriptions and class times.

Family Pajama Stretch

Stretch and play in your favorite PJs. Class is perfect for families; join Let's Get Up and Move® for an evening of free play, parachutes, gentle stretching with Yoga, and circle time. Teddy Bears are welcome to attend. Parent participation is required. Fee for one child is \$28; each additional child is \$15.

47056	1 mo+	M	3/7-3/28	7-7:45 p.m.	VIHEL
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Fun N' Fit Kids

Please see page 13 for complete descriptions and class times.

Jump N' Shout; Parent/Child

Jump, shout and shake it all about in this high-energy class. This fun introduction to fitness meets the national standards of teaching. Learn movement through songs, dance and exercise with a variety of props and games. Each class ends with parachute play. Parents: Dress comfortably in workout gear; our goal is to have you sweaty and smiling. Fee: \$39.

47044	18 mos-5 yrs	M	2/1-2/29	6:30-7:15 p.m.	VIHEL
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Sports Mania

Not only are sports fun; they build character and improve motor skills! Sports Mania follows the national standards of teaching in a non-competitive sports environment. Work on hand-eye coordination, balance, flexibility, teamwork and social development. Five different sports are introduced: Baseball, Hockey, Basketball, Soccer and Kickball. Fee: \$39.

47025	30 mos-5 yrs	Th	2/4-2/25	5:30-6:15 p.m.	WCC
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Sports Mania; Daddy & Me

Bond with your child through active play. Sports Mania follows the national standards of teaching in a non-competitive sports environment. Work on hand-eye coordination, balance, flexibility, teamwork and social development. Five different sports are introduced: Baseball, Hockey, Basketball, Soccer and Kickball. Fee: \$39.

47022	18 mos-3 yrs	Sa	2/6-2/27	9-9:45 a.m.	CSC
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Stretch N' Play Cruisers; Parent/Child

Experience the world around you through play! This program is designed for newly-mobile children. Program focus targets the development of gross motor skills, fosters social interaction and strengthens parent/child bond through structured free play. Participate in circle time; explore Yoga concepts, props, music, parachute play, bubbles and more. Fee: \$39.

47047	1-18 mos	Th	2/4-2/25	9-9:45 a.m.	VIHEL
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Stretch N' Play Runners; Parent/Child

Program expertly designed for kids on the move! Explore age-appropriate exercise concepts, Yoga stretches, parachute play, obstacle courses, props and songs. Interact with your peers as your child learns how to follow directions in structured free play and circle time activities. Children must be able to walk without support and run at-will. Fee: \$39.

47050	18 mos-3 yrs	Th	2/4-2/25	10-10:45 a.m.	VIHEL
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Stretch N' Play Gymsters

Build upon fundamental development skills with age-appropriate exercise concepts, Yoga stretches, parachute play, obstacle courses, songs and more! This class fosters peer interaction through structured free play, as well as circle time with listening games. Children must be able to participate independently without assistance from their parent. Fee: \$39.

47053	3-5 yrs	Th	2/4-2/25	11-11:45 a.m.	VIHEL
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Let's Get Up and Move®; Birthday Parties

Are you looking to host your child's next birthday party at a City of Tempe facility? Let's Get Up and Move® offers themed birthday party packages for toddlers and youth; your child will improve their gross motor skills as they interact with their peers through creative play, circle time, songs and games. For more information, visit www.LetsGetUp.co, or call 480-350-5200.



Martial Arts; Little Tykes LIM Karate

Your Little Tyke will learn the basics of karate while developing their motor and social skills in a nurturing environment. Emphasis is on building character, practicing good manners and exploring body awareness. Little Tykes will learn hands-on how to actively listen and follow directions. *No Class 3/15, 3/17. **No Class 3/16, 3/18. Fee: \$40. 480-350-5200

46945	3-5 yrs	T/Th	1/5-1/28	4:30-5 p.m.	KRC
46946	3-5 yrs	T/Th	2/2-2/25	4:30-5 p.m.	KRC
46947	3-5 yrs	T/Th	3/1-3/31*	4:30-5 p.m.	KRC
46950	3-5 yrs	W/F	1/6-1/29	5-5:30 p.m.	CRC
46951	3-5 yrs	W/F	2/3-2/26	5-5:30 p.m.	CRC
46952	3-5 yrs	W/F	3/2-3/30**	5-5:30 p.m.	CRC

Toddler Tumbler Bugs

Does your child love jumping, bouncing, and tumbling at home? With their parent's help, toddlers will roll, balance, bounce, hop, jump and enjoy other safe motor development activities such as animal walks and obstacle courses. Parent involvement is required. Fee: \$8. 480-350-5800

47304	18 mos-2 yrs	F	1/15-2/5	9:15-10 a.m.	ESCA
47305	3-4 yrs	F	1/15-2/5	10:15-11 a.m.	ESCA
47307	18 mos-2 yrs	F	2/12-3/4	9:15-10 a.m.	ESCA
47308	3-4 yrs	F	2/12-3/4	10:15-11 a.m.	ESCA

Toddler Twinkle Toes

Toddler and parent will move and groove in this instructor-led class. Children will have fun while expressing themselves and developing gross motor skills. Parent involvement is required. Fee: \$8. 480-350-5800

47331	18 mos-2 yrs	Th	1/14-2/4	9:15-10 a.m.	ESCA
47332	3-4 yrs	Th	1/14-2/4	10:15-11 a.m.	ESCA
47333	18 mos-2 yrs	Th	2/11-3/3	9:15-10 a.m.	ESCA
47334	3-4 yrs	Th	2/11-3/3	10:15-11 a.m.	ESCA

Activities for Tots (0-5 Years)

New! Yoga; Parent & Toddler

Leap like a frog, roar like a lion, growl like a bear & have an adventure with your little one. Basic yoga poses come to life through fun & imaginative animal play. Together you will explore body awareness & breathing techniques using props in this well-rounded class. Burn off excess energy while strengthening growing bodies. Parental involvement required. Fee: \$32. 480-350-5200

47110 18 mos-3 yrs F 1/29-3/4 9-9:45 a.m. Carol Ann KRC

New! Yoga; Parent & Preschooler

Introduce your child to the art of yoga through fun and imaginative animal play poses using toys and props. Class involves high-energy moments of play while kids build confidence working on balance, flexibility and strength in this engaging format. This interactive class ends with relaxation and meditation. Great workout for parents, too. Fee: \$32. 480-350-5200

47111 3-5 yrs F 1/29-3/4 10-10:45 a.m. Carol Ann KRC

Special Interest

New! 1, 2, 3, 4 Parents

Tempe Public Library and New Directions Institute for Infant Brain Development have partnered to bring this evidence-based parenting education series. This program will provide parents with four things every parent needs: Information, Skills, Support, Time-out from parenting and time for fun. Free childcare is provided. The program at Westside is in Spanish. Fee: None. 480-350-5500.

47320 0-5 yrs M 1/25-2/8 9:30-11 a.m. LSTR

47321 0-5 yrs F 2/5-2/19 9:30-11 a.m. WCC/Español

New! Common Sense Parenting

Tempe Public Library and New Directions Institute for Infant Brain Development have partnered to provide this evidence-based parenting program for parents of toddlers and preschoolers. Topics will include effective praise, time out, teaching self-control and more. Each session will include parent-child interactive activities. Fee: None. 480-350-5500.

47419 0-5 yrs W 1/13-2/17 9-11 a.m. ESCA

New! Daddy Boot Camp

Dads, expectant dads, grandfathers, step-dads, uncles and other father figures can enjoy spending time with the kids in this interactive, social and educational program. Dads need opportunities to bond with their children, develop new skills and build their confidence in nurturing their children too. Fee: None. 480-350-5500

47299 1 mo-2 yrs T 1/26 5:30-6:30 p.m. LSTR

47300 1 mo-2 yrs T 2/2 5:30-6:30 p.m. LSTR

47301 1 mo-2 yrs T 2/9 5:30-6:30 p.m. LSTR



By Tempe Community Council

Brought to you by:  East Maricopa Regional Partnership Council

www.ThriveToFive.org

Thrive to Five wants to ensure all children are ready to succeed in school.

Free classes and support services are available for parents and caregivers of children ages birth to five including Kinder Prep, Ready to Read, Positive Discipline and more.

Programs are offered in English and Spanish.

Visit www.ThriveToFive.org for class information and to register.

480.858.2306

Early Childhood Education Program

The program offers educational activities for children, ages 3-5. It emphasizes developing social, motor and cognitive skills in a fun, safe and educational setting. We offer both a morning and afternoon session as well as a readiness program to prepare children for kindergarten. The 15-week session starts January 19 and ends May 5. Fee: \$80. Contact Dolores Johnson 480-350-5814

Nov. 9: Preschool packets available, Escalante Community Ctr., 2150 E. Orange

Dec. 8: Tempe resident registration begins at 9 a.m. A limited number of slots are available. Registration is on a first-come, first-served basis and must take place in person.

Dec. 15: Non-Tempe resident registration begins at 9 a.m.

Kids Night Out

Please see page 15 for a complete description.

Nurturing Parenting

Tempe Public Library and New Directions Institute for Infant Brain Development have partnered to bring this evidence-based parenting program taught by NDI experienced parent educators. The program focuses on practices that build respectful communication, self-worth, empathy, discipline, and empowerment. Free childcare is provided. Fee: None. 480-350-5500.

47319 3-4 yrs Th 1/7-3/10 9:30-11:30 a.m. NCC

Pee Wee Science; Parent/Child

Explore the sensational science of winter weather, transform liquids into solids, learn about static and electricity, and so much more! Don't dress to impress; class activity will be messy as we mix, measure, pour and analyze different experiments. A \$5 Supply Fee is due to the instructor on the first day of class. www.LetsGetUp.co. Fee: \$39. 480-350-5200

47037 30 mos-5 yrs M 2/1-2/29 5:30-6:15 p.m. VIHEL

Play-Well TEKologies®; LEGO®

Engineering Mini-Camps

Please see page 16 for complete descriptions and class times.

Preschool Prep

Preschool skills are repeated and reinforced for maximum retention. Parents can work with their child or drop them off for this 45-minute class on all things preschool. Highlights include activities, worksheets, classroom time and socialization. One parent may register with each child. Fee: \$8. 480-350-5800

47689 2-5 yrs F 1/15-2/5 9:15-10 a.m. ESCA

47690 2-5 yrs F 1/15-2/5 10:15-11 a.m. ESCA

47691 2-5 yrs F 2/12-3/4 9:15-10 a.m. ESCA

47692 2-5 yrs F 2/12-3/4 10:15-11 a.m. ESCA

Go Outside and Play!
www.tempe.gov/parks

Activities for Tots (0-5 Years)

Spanish; Parent/Child

Learn the basics of Spanish with your child in a positive and interactive setting. Classes will focus on the alphabet, greetings, numbers and shapes. Participants will learn common phrases, commands and etiquette. Bring a messy art shirt/apron for creating projects, and a book bag to take projects home. Classes instructed by a native speaker. Fee: \$39. 480-350-5200

46776 2-5 yrs W 2/3-3/9 3-3:45 p.m. VIHEL

Spanish; Preschool Spanish


Introduce your child to a new language through arts and crafts, finger play, games, songs, stories and a variety of movement-based activities that create a safe and natural environment to learn Spanish. Bring a messy art shirt/apron for creating projects, and a book bag to bring projects home. Classes instructed by a native speaker. Fee: \$39. 480-350-5200

46777 3½-6 yrs W 2/3-3/9 4-4:45 p.m. VIHEL




Thinking Toddler

Expose your child to new and fun experiences by building and creating projects using different skills and textures. Developmental appropriate activities will be introduced that promote healthy and positive brain development. Dress appropriately we get messy. Fee: None. *To register for the 2/10-3/2 class call Vicki Dunlap, 480-838-0711 ext.7540


47418 3-4 yrs T 1/5-1/26 9-9:45 a.m. LSTR
No Code 3-4 W 2/10-3/2 10-11 a.m. WOOD



Kid Zone Preschool Program

- Conveniently located at Getz School
- Quality care at affordable prices
- Instructional programs at no additional fee
- Full-time and part-time schedules available
- Low staff to child ratios
- Follows AZ Dept. of Education Learning Standards
- DHS Licensed and NAC accredited



480-897-7906 x5710
www.Tempe.gov/Kidzone

Sports



Sportball classes foster a learning environment for children where they can learn new skills and explore their environment. We respectfully request parents drop off their children for our drop off classes. We find that children gain more confidence through independent success and maintain focus better when parents are not in the room. If a child is anxious, a parent may stay during the class and Sportball coaches will work with parent and child to reach a level of comfort. 480-350-5201.

Sportball; Multi-Sport

Certified Sportball coaches use developmentally appropriate methods to introduce, practice and refine the skills and concepts involved in hockey, soccer, baseball, basketball, volleyball, football and more. The Sportball methodology builds confidence and reinforces the benefits of teamwork in a uniquely fun and creative way. Fee: \$73

47071	3-6 yrs	Sa	1/9-2/6	10:45-11:45 a.m.	KRC
47072	3-6 yrs	Sa	2/13-3/12	10:45-11:45 a.m.	KRC

Sportball; Parent/Child - Multi-Sport

Parents help develop their child's important introductory physical skills and confidence. The programs also help parents understand proven teaching techniques that can be applied outside of Sportball classes. Classes focus on refining, rehearsing and repeating skills and playing games in a fun, creative, non-competitive environment. Fee: \$73.

47079	16 mos-2 yrs	Sa	1/9-2/6	9-9:45 a.m.	KRC
47080	16 mos-2 yrs	Sa	2/13-3/12	9-9:45 a.m.	KRC

Sportball; Parent/Child - Soccer

Parents help develop their child's important introductory physical skills and confidence. The programs also help parents understand proven teaching techniques that can be applied outside of Sportball classes. Classes focus on refining, rehearsing and repeating skills and playing games in a fun, creative, non-competitive environment. Fee: \$73.

47081	2-4 yrs	Sa	1/9-2/6	10-10:45 a.m.	KRC
47082	2-4 yrs	Su	1/10-2/7	9:30-10:15 a.m.	KRC
47295	2-4 yrs	Sa	2/13-3/12	10-10:45 a.m.	KRC
47296	2-4 yrs	Su	2/14-3/13	9:30-10:15 a.m.	KRC

Sportball; Soccer

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in Soccer. These include throw-ins, dribbling, trapping, passing, goalie skills and more. Coaches are trained athletes who have a passion for sharing their love of Soccer. Sportball provides all equipment. *No class 1/18 or 2/15. Fee: \$73.

47092	3-6 yrs	M	1/11-2/29*	5:15-6:15 p.m.	KRC
47093	3-6 yrs	Sa	1/9-2/6	11:45 a.m.-12:45 p.m.	KRC
47094	3-6 yrs	Su	1/10-2/7	10:45 a.m.-11:45 a.m.	KRC
47095	3-6 yrs	Sa	2/13-3/12	11:45 a.m.-12:45 p.m.	KRC
47096	3-6 yrs	Su	2/14-3/13	10:45 a.m.-11:45 a.m.	KRC

Sportball; T-Ball

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in T-ball. Skills include throwing, catching, correct batting form, running bases, fielding and positional play. Coaches are trained athletes who have a passion for sharing their love of baseball. Please bring a baseball glove. Fee: \$73.

47083	3-6 yrs	F	1/8-2/5	5:30-6:30 p.m.	KRC
47084	3-6 yrs	Sa	1/9-2/6	12:45-1:45 p.m.	KRC
47085	3-6 yrs	Su	1/10-2/7	1:30-2:30 p.m.	KRC
47086	3-6 yrs	F	2/12-3/11	5:30 - 6:30 p.m.	KRC
47293	3-6 yrs	Sa	2/13-3/12	12:45-1:45 p.m.	KRC
47294	3-6 yrs	Su	2/14-3/13	1:30-2:30 p.m.	KRC

Activities for Youth (5-12 Years)

Registration begins December 7; classes begin January 4 unless noted otherwise within class descriptions.

No classes January 18 or February 15. To view a list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for youth. Additional offerings for youth may be viewed in the Activities for Tots (0-5 Years) and Activities for Teens (12-18 Years) sections.

YOUTH CLASS GUIDELINES

- For your child's safety, children 5-years-old and under must be accompanied to-and-from the classroom.
- Children 5-years-old and under who are enrolled in back-to-back classes must be released to a parent between classes. Teachers and staff will not be responsible for making sure your child gets to his/her next class.
- Classes are designed for the ages listed. Children must meet the age requirement as of the first class.
- Children must be able to participate independently except in specified parent/child activities.
- Children must be toilet-trained for all classes without parents.
- Observers and non-registered individuals including siblings are not permitted in classes.
- In order to share your child's progress and accomplishments, your child's instructor will designate a time for class observation and sharing.
- Closed-toe shoes are required for all classes. Dance shoes or securely fastened shoes for dance/movement classes.
- Tights/leotards and/or loose shorts/t-shirts recommended for dance/movement classes.

Arts & Crafts



DIRT ALERT! Art is a messy business; please send children in old clothing. Although aprons are available, they may not protect all clothing. Non-toxic products are used, but may bond with some fabrics.

All Ceramics students must bring their own Cone 10 clay and required small tools to their first class. To view the required list of materials and a listing of local ceramic supply retailers, visit www.tempe.gov/classmaterials or stop by the Edna Vihel Activities Center Front Office, 3340 S. Rural Road.

Ceramics; Beginning Throwing

This studio class teaches students hand-building techniques such as coiling, pinch pots and slabs. Students will have an opportunity to express their creativity while making fun and unique projects each session. Class can be taken multiple times to help build confidence in the studio. *No Class 1/18, 2/15. Fee: \$50. 480-350-5287

47473	6-8 yrs	M	1/4-3/7*	4:30-6 p.m.	VIHEL
47474	6-8 yrs	Sa	1/16-3/5	9-11 a.m.	VIHEL

Ceramics; Hands in Clay - Parent/Child

Each registered child will work together with a parent to learn the basics of working with clay. Class will teach hand-building techniques used to create a variety of projects from fun to functional. New projects each session. Please Note: Non-registered individuals including siblings are not permitted in class. Fee: \$40. 480-350-5287

47472	5-7 yrs	W	1/13-3/2	4:30-6 p.m.	VIHEL
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Ceramics; Youth

Express yourself through clay as you start your journey creating beautiful and functional pieces of pottery. Become introduced to hand-building and use of the potter's wheel through a series of skill-focused activities. Learn to finish your pieces as you explore glazing techniques. Fee: \$50. 480-350-5287

47470	8-13 yrs	Th	1/14-3/3	4-6 p.m.	VIHEL
47469	8-13 yrs	Sa	1/16-3/5	11:15 a.m.-1:15 p.m.	VIHEL

Class Sampler - Open House

This is your opportunity to see what our classes are all about and have your child sample materials, supplies and projects that will be offered in our upcoming winter session of classes. A great way to help you decide which is the best class for them. This is a free drop in program. Registration is not required.. 480-350-5287

No code	All Ages	M	12/14	10 a.m.-noon	VIHEL
No code	All Ages	M	12/14	3 p.m.-5 p.m.	VIHEL

Drawing and Painting

Students will draw favorite animals, characters, still lifes and more in this engaging class while learning fundamental art elements including line, shape, texture, color, value and space. Projects geared towards developing drawing and painting skills within each theme. Class will encourage creativity and the joy of creating art. Fee: \$35. 480-350-5287

47490	7-9 yrs	M	1/4-3/7	4:30-6 p.m.	VIHEL
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Elements of Art

Develop fundamental art concepts and hone your ability to make artistic decisions. Media exploration is encouraged using markers, pastels, watercolor and acrylic paint, as well as colored pencils. Learn sophisticated art concepts such as form, pattern, texture and contrast through the introduction of the "elements and principals of art." Fee: \$20. 480-350-5287

47461	5-10 yrs	Th	1/14-3/3	11-11:50 a.m.	VIHEL
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Folklore, Legends and Fairy Tales

Become one of the characters with this storytelling experience. Play active roles in age-old tales, or help create new ones of mythical proportions. Go beyond Little Red Riding Hood and hear the story from the wolf's point of view. Experience folklore from other lands and become inspired to further explore through art projects, music and movement. Fee: \$20. 480-350-5287

47492	4-7 yrs	Th	1/14-3/3	10-10:50 a.m.	VIHEL
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Free Art Friday

Please see page 28 for complete description.

Holiday Happenings

Learn about the holiday, make fun crafts, and enjoy a tasty treat. Fee: None.
480-350-5800

47693	6-12 yrs	M	2/9	Valentine's Day	4-5 p.m.	ESCA
47694	6-12 yrs	M	3/22	Hip Hop Time	4-5 p.m.	ESCA

Homeschool Hours

Calling all homeschooled children. During the school year we offer special daytime classes just for you.

Art Classes

Our art classes build a foundation of skills by teaching art elements and principles including line, color, shape, form, texture, pattern, balance and emphasis, as well as art history, media exploration, creative self-expression, cultural appreciation, right-brain drawing techniques, artist appreciation and much more.

Fitness and Dance

Studies show that physical fitness is a great means to get the brain energized for learning. Our classes teach strong foundations of game play and fitness in an energetic, supportive and noncompetitive environment. The goal for these classes is to give children a positive introduction to fitness. Explore the world of dance while learning a variety of dance styles.

Fun N' Fit Kids

Learn to move your body. Class includes stretching, creative and athletic movement, tumbling, yoga concepts and more. Warm-up, play games, complete obstacle courses, work in teams and improve gross motor movement. Exercise your mind and body with this fun, playful new way to be fit. www.letsgetup.co. Fee: \$39.

47779	5-12 yrs	T	1/19-2/9	2-3 p.m.	VIHEL
47780	5-12 yrs	T	2/23-3/15	2-3 p.m.	VIHEL

Imagination Station

This is your time to explore a variety of art materials, styles and projects. Staff will start you on the right track with ideas and suggestions then allow you the time to add your own creativity and imagination to everything you create. Draw, paint, build, glue and glitter to your hearts content. Everything you need is here for you to use, and leave the mess for us. Fee: \$5. 480-350-5287

47769	5-12 yrs	M	1/25	1-2:30 pm	VIHEL
47770	5-12 yrs	M	2/22	1-2:30 pm	VIHEL

Masters of Art

Learn about and be inspired by a different artist each week. This energized art class focuses on art principles and introduces students to many different types of art materials and styles of art. Our goal is to inspire and educate your child in an environment where giggles and grins are encouraged. Fee: \$20. 480-350-5287

47761	5-10 yrs	T	1/12-3/1	1-1:50 p.m.	VIHEL
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Messy Art

There's no need to throw a fit about this art class; just throw some paint instead. You can get your hands dirty, create art and leave the clean-up to us. Squish clay between your toes or see what happens when a paint balloon explodes on your paper. Supplies and techniques used will be fun, funky and above all, messy. Fee: \$20. 480-350-5287

47512	4-6 yrs	T	1/12-3/1	11-11:50 a.m.	VIHEL
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Play With Clay

Enjoy the feel of wet clay between your fingers as you squish, shape and play. The benefits of art for a child include improved concentration and fine motor skills. Stimulate your imagination as you discover the differences and similarities between purchased and handmade clays, while creating amazing pieces of art. No Class 1/18, 2/15. Fee: \$20. 480-350-5287

47539	5-8 yrs	M	1/4-3/7	11-11:50 a.m.	VIHEL
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Private Workshops or Weekly Classes for Your Co-op Group

If you have a group of five or more children, we can plan a private workshop or weekly class just for your group. We have a large selection of classes to choose from. This is a flexible program to work with your group's needs. Give us a call and let's figure out what works for you! Contact Lona at 480-350-5287.

Science Art Lab

Gain an understanding of concepts that will take you beyond the normal art class. As you paint, learn how we perceive colors the way we do and the chemistry behind paint-mixing. Why does clay harden? Discover the answer while making a pinch pot. Explore evaporation, magnetism and how these and other scientific methods can be applied to many areas of art. Fee: \$20. 480-350-5287

47542	6-9 yrs	T	1/12-3/1	5:30-6:20 p.m.	VIHEL
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Theater Dance

Become a 'triple threat'; learn to be a great singer, dancer and actor. Explore a variety of dance styles, and how to move on stage. Project and gain confidence in front of an audience as you learn monologues and scenes from plays. Hone your singing skills and get comfortable behind a microphone. Previous experience not required. No Class 1/18, 2/15. Fee: \$30. 480-350-5287

47543	7-13 yrs	M	1/4-3/7	1-2:50 pm	VIHEL
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Young Artist Exploration

Explore the usual as well as the unexpected materials as you create one-of-a-kind art. Images of artworks from well-known artists will be used to inspire your paintings, collages and sculptures. This mixed-media class is all about discovery, developing an art vocabulary and stimulating creativity; we're excited to see what unique pieces you'll create. Fee: \$20. 480-350-5287

47546	5-10 yrs	F	1/15-3/4	12:30-1:20 p.m.	VIHEL
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Boating

Glow Paddle

Please see page 24 for complete description and paddle time.

Books & Reading

Exploring History

Would you like to experience a taste of what life was like in days long ago? Join us at the library as we explore history. Each program will have a variety of games, activities and crafts that will bring different historical periods to life. Snacks will be served. Fee: None. 480-350-5500

The Middle Ages

47287	8-12 yrs	Th	1/14	4-5 p.m.	LSTR
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The Oregon Trail

47288	8-12 yrs	Th	2/11	4-5 p.m.	LSTR
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Activities for Youth (5-12 Years)

Page Turners

Join us for a comprehensive reading-skills program, hosted by ASU honors students. Program provides one-on-one instruction for 1st, 2nd, 3rd & 4th grade students in reading skill development techniques. Please provide email address at registration. *No class 3/8. Fee: None. 480-350-5500

47713	Gr. 1-4	T	1/26-2/16	5:30-6:30 p.m.	LMRA
47714	Gr. 1-4	T	2/23-3/22*	5:30-6:30 p.m.	LMRA

Dance, Music & Theater

- **Tights/leotards and/or loose shorts/t-shirts are recommended for dance/movement classes.**
- **Secure hair away from face for dance and movement classes.**
- **Dance shoes or securely fastened shoes for dance/movement**



Ballet; Beginning

Learn the basic steps and graceful movements of Ballet. The class focuses on coordination and rhythm; students learn class etiquette and Ballet terminology such as pli   and relev  . In-class stretching will develop flexibility while freestyle dance encourages students to respond individually to various types of music. No Class 1/18, 2/15. Fee: \$20. 480-350-5287

47464	6-8 yrs	M	1/4-3/7	3:30-4:20 p.m.	VIHEL
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Ballet; The Next Step

For the continuing dancer to progress in the discipline of Ballet. Students will continue to learn and perfect the graceful movements and increase their knowledge of techniques and terminology. Class emphasizes body discipline, control and coordination and helps increase confidence in performance skills. No Class 1/18, 2/15. Fee: \$20. 480-350-5287

47463	6-8 yrs	M	1/4-3/7	4:30-5:20 p.m.	VIHEL
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Ballet/Tap Combo

Explore the basic steps of both Ballet and Tap as you learn dance routines that incorporate those basics. Become familiar with Tap terminology such as ball-change, flap, and shuffle. Speak in Ballet terms as you pli  , chasse, or relev  . Class emphasizes body discipline, coordination, and helps build confidence in young dancers. Fee: \$20. 480-350-5287

47462	4-6 yrs	Th	1/14-3/3	3-3:50 p.m.	VIHEL
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Classical Dance

Take the first steps to building a solid Classical Dance foundation. Class will cover the basics of Ballet, Tap and Jazz; participants will also learn how to incorporate basic steps into a dance routine. Class emphasizes body discipline and coordination. Dancing builds strength by forcing the muscles to resist against a dancer's own body weight. Fee: \$20. 480-350-5287

47483	4-8 yrs	F	1/15-3/4	12:30-1:20 p.m.	VIHEL
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Dance Mix

Shake-off the school day blues and come dance. This energetic combination class will cover a little of everything: Hip-Hop, Pop, Modern and Jazz. Get fired-up to your favorite age-friendly TV and radio tunes; come dressed comfortably and ready-to-move. Fee: \$20. 480-350-5287

47486	6-8 yrs	W	1/13-3/2	3:30-4:20 p.m.	VIHEL
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Hip-Hop

Can you pop, lock and drop? In this high-energy, age-appropriate class, kids will learn fun movements, techniques, and combinations danced to their favorite music. The resulting outcome is an energetic class that not only teaches you Hip-Hop, but also instills rhythm and precision in your muscle memory. After a short warm-up, you will hit the floor dancing. Fee: \$20. 480-350-5287

47494	6-8 yrs	W	1/13-3/2	4:30-5:20 p.m.	VIHEL
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Latin/Hip-Hop

This fast-paced, high-energy movement class incorporates both styles of dance performed in routines to a great music beat. Steps will be learned through the movement of the dance and absorbed through repetition. Class helps to develop coordination and rhythm. Fee: \$20. 480-350-5287

47511	6-8 yrs	Th	1/14-3/3	4-4:50 p.m.	VIHEL
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Musikgarten  ; Cycle of Seasons for Preschoolers

Please see page 8 for complete description and class times.

Theater; Creative Drama

You'll be center stage in this introductory theater class for those bitten by the acting bug. Develop performance skills that include role-playing, storytelling, improvisation, and character development. Working as part of an ensemble and participating in theater games helps build communication, social skills and risk-taking. Fee: \$25. 480-350-5287

47544	4-6 yrs	Sa	1/16-3/5	1:30-2:20 p.m.	VIHEL
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47545	7-10 yrs	Sa	1/16-3/5	2:30-3:45 p.m.	VIHEL
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Theater; Reader's Theater

No sets, no costumes and limited props. The actor sets the scene and creates the character by using their voice. Students become excited and enthusiastic about reading when they are presented with the opportunity to participate in Readers Theatre. Readings are done individually and in groups allowing students to develop fluency and enhance comprehension. Fee: \$25. 480-350-5287

47766	8-12 yrs	Sa	1/16-3/5	noon-1 p.m.	VIHEL
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Theater; School Kids in Drama

SKID is an exciting new program that is jam-packed full of everything a budding actor needs. Go through the audition and rehearsal process, work on character development and collaborative work. Perform a series of short plays and monologues. You will become comfortable on the stage with the skills you learn here. Fee: \$25. 480-350-5287

47767	8-12 yrs	W	1/13-3/2	4:30-5:20 p.m.	VIHEL
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Health & Fitness

Gymnastics; Level 1

Learn the fundamentals of gymnastics at Gold Medal Gym. Students will be introduced to basic gymnastic skills using four Olympic events: bars, beam, floor and vault. Basic skills will be demonstrated using a Tumble Track trampoline. Classes are taught by a USA-certified gymnastics staff member. Fee: \$49.

480-350-5200

46906	5-12 yrs	M	1/4-1/25	5:45-6:45 p.m.	GMG
46907	5-12 yrs	M	2/1-2/22	5:45-6:45 p.m.	GMG
46908	5-12 yrs	M	2/29-3/21	5:45-6:45 p.m.	GMG
46909	5-12 yrs	W	1/6-1/27	5-6 p.m.	GMG
46910	5-12 yrs	W	2/3-2/24	5-6 p.m.	GMG
46911	5-12 yrs	W	3/2-3/23	5-6 p.m.	GMG
46903	5-12 yrs	Sa	1/9-1/30	noon-1 p.m.	GMG
46904	5-12 yrs	Sa	2/6-2/27	noon-1 p.m.	GMG
46905	5-12 yrs	Sa	3/5-3/26	noon-1 p.m.	GMG

Holistic Health and Wellness Workshops for Families

Please see page 37 for complete descriptions and workshop times.

Let's Get Up and Move®;

Building Healthy, Active Families with Fitness

United in their belief that all children can be active, the coaches from Let's Get Up and Move® follow the National Teaching Standards in Physical Education to give families the tools necessary to succeed in living healthy, active lifestyles. Each class is designed to keep children and families engaged in active play in non-competitive, dynamic environments. www.LetsGetUp.co. 480-350-5200

Chant N' Cheer

Bring your energy and enthusiasm to this class. Learn the basics of cheer in a fun, non-competitive environment. Develop balance and flexibility; work as a team to learn basic cheer technique and jumps. Parents: There will be a demonstration of chants and a cheer routine on the last day of class. Fee: \$39.

480-350-5200

47031	5-8 yrs	Sa	2/6-2/27	10-10:45 a.m.	CSC
47033	9-12 yrs	Sa	2/6-2/27	11-11:45 a.m.	CSC

Family Pajama Stretch

Please see page 9 for a complete description and class times.

Fun N' Fit Kids

Please see page 13 for a complete description and class times.

Jump N' Shout; Parent/Child

Please see page 9 for a complete description and class times.

Sports Mania

Not only are sports fun; they build character and improve motor skills! Sports Mania follows the national standards of teaching in a non-competitive sports environment. Work on hand-eye coordination, balance, flexibility, teamwork and social development. Five different sports are introduced: Baseball, Hockey, Basketball, Soccer and Kickball. Fee: \$39. 480-350-5200

47027	6-12 yrs	Th	2/4-2/25	6:30-7:15 p.m.	WCC
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Stretch N' Play Gymsters

Please see page 9 for a complete description and class times.

Martial Arts; Aikido

Aikido is a defensive martial art based on blending-in with energy and moving from your center. Aikido helps develop discipline and self-control, while teaching valuable self-defense skills. In addition, learn the basics of tumbling, escapes and various techniques with a focus on awareness and self-defense.

Fee: Youth/\$29; Adult/\$39. 480-350-5200

46792	7 yrs+	Sa	1/9-1/30	9-11 a.m.	VIHEL
46793	7 yrs+	Sa	2/6-2/20	9-11 a.m.	VIHEL
46794	7 yrs+	Sa	3/5-3/19	9-11 a.m.	VIHEL

Martial Arts; Karate Lim Kenpo

Strengthen the importance of family values in this results-oriented Karate class. Students will learn self-defense, respect and manners; increased self-confidence and focus. Ongoing, monthly program. Uniform Fee: \$55 (includes Lim's 3 patches). For more info, contact Patrice Lim at 602-525-8472, or at www.limkenpo.net. *No Class 3/15, 3/17. **No Class 3/16, 3/18. Fee: \$50.

480-350-5200

46594	6-12 yrs	T/Th	1/5-1/28	5-6 p.m.	KRC
46595	6-12 yrs	T/Th	2/2-2/25	5-6 p.m.	KRC
46596	6-12 yrs	T/Th	3/1-3/31*	5-6 p.m.	KRC
46597	6-12 yrs	W/F	1/6-1/29	5:30-6:30 p.m.	CRC
46598	6-12 yrs	W/F	2/3-2/26	5:30-6:30 p.m.	CRC
46599	6-12 yrs	W/F	3/2-3/30**	5:30-6:30 p.m.	CRC

Self Defense; Stranger Danger and Bully Prevention

A martial arts class that focuses on teaching kids basic self-defense techniques that can be used in de-escalating a violent or bullying situation. Children will learn to how to repel wrist and arm grabs, abduction attempts, school fights, and how to attract help when needed. Emphasis will be on accessing surroundings and staying safe in any environment. Fee: \$18. 480-350-5200

46799	7-12 yrs	Sa	2/6 & 2/13	11:15 a.m.-12:30 p.m.	VIHEL
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Special Interest

Camping 101

Please see page 40 for a complete description and class times.

Intro to Hiking

Please see page 41 for a complete description and class times.

Kids Night Out

Drop your child off for a Friday night of fun and excitement while you escape to enjoy a date night. Evening features engaging hands-on activities such as sports, games, dance, arts & crafts, karaoke and more. Program features a different theme each month. Light snacks and drinks included. Space is limited, so register early. Fee: \$20 per child, per event. 480-350-5200

46997	4-8 yrs	F	3/18	Hawaiian Luau	6-8:30 p.m.	VIHEL
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Junior Science

Explore science; use your hands and brain to try fun experiments. Come and find-out how the world works. Class will be messy; wear appropriate clothing. For additional information, visit www.letsgetup.co. Materials Fee: \$5; due to instructor on the first day of class. Fee: \$39. 480-350-5200

47040	6-12 yrs	M	3/7-3/28	5:30-6:15 p.m.	VIHEL
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Pee Wee Science; Parent/Child

Please see page 10 for complete description and class times.

Activities for Youth (5-12 Years)

North Tempe Winter Break Day Camp

The camp is offered by The Boys and Girls Clubs of the East Valley and is open to boys and girls ages 5-14 who are currently enrolled in kindergarten. Camp includes field trips, for an optional low-cost fee, and five areas of fun. Lunch is not provided. Please pack a sack lunch for your child each day.

Dates: 12/21-12/31

Days: M-F

Times: 7:30 a.m.-6 p.m.

Cost: \$70 per week or \$15 per day, per child (financial assistance/sibling discounts are available)

Call 480-858-6502 for registration details or email at northtempe@clubzona.org
Visit us on the web: www.clubzona.org or www.tempe.gov/northtempe

Play-Well TEKnologies®; LEGO® Engineering Mini-Camps

Take a crash course in Demolition Derby, design a Mighty Metropolis, challenge the Battle Track, build and race a locomotive faster than a speeding Worm Drive. Explore concepts in physics, mechanical engineering, structural engineering and architecture while playing with your favorite LEGO® creations. These hands-on, minds-on, one-day workshops are suitable for LEGO® novices and LEGO® maniacs. No materials needed; for additional information, visit www.play-well.org. 480-350-5200

LEGO® Pre-Engineering

Become a Play-Well Engineer. Build cities, bridges, motorized cars and planes. With access to over 100,000 LEGO® pieces, and the support of an experienced Play-Well Engineering instructor, design and construct your dream machine. Fee: \$31.

46983 5-8 yrs Sa 1/23 1-4 p.m. WCC

LEGO® Engineering Fundamentals

From LEGO® Gear Cars to Battletracks, explore concepts in physics, architecture, and mechanical and structural engineering. Play-Well's engineer-designed curriculum challenges new and returning students to reach higher levels of engineering comprehension. Let's start building. Fee: \$31.

46984 7-13 yrs Sa 2/20 1-4 p.m. WCC

LEGO® Jedi Engineering

Defeat the Empire by designing and refining X-Wings, R2-Units and Settlements on far-flung edges of the galaxy. Imagination and engineering combine to create motorized and architectural projects such as energy catapults, shield generators and defense turrets. Fee: \$31.

46986 5-8 yrs Sa 3/12 1-4 p.m. WCC

A Sewing machine is required for all of the Sewing classes listed below. All students must bring the appropriate materials to the first class. To view a complete list of class materials, as well as a list of supply vendors, visit www.tempe.gov/classmaterials.

Sewing: Mommy and Me

Experience the joy of sewing together. Use basic hand-sewing stitches and machine techniques to create one-of-a-kind projects. Learn new skills that may be passed-on from generation-to-generation. Bring basic sewing supplies and sewing machine to class. Instructor: Kathleen. For a complete list of class materials, visit www.tempe.gov/classmaterials. Fee: \$39. 480-350-5200

47584 8 yrs+ Th 1/28-2/25 5:30-7:30 p.m. PAC

Sewing: Youth

Learn how to sew with help from a professional fashion designer! Discover the basics of sewing; learn how to use your sewing machine and explore fabrics, fabric layout, pinning and cutting. Design your own pillow; incorporate elastics, zippers and buttons! Instructor: Kathleen. For a complete list of class materials, visit www.tempe.gov/classmaterials. Fee: \$45. 480-350-5200

47585 8-14 yrs Sa 1/30-2/27 1-3 p.m. PAC

Spanish Language Classes

Please see page 11 for complete descriptions and class times.

Winter Extraordinaire

Please see page 29 for a complete description.

Winter Spelling Bee

Sign up to compete with other spellers your age. This competition will be challenging and fun at the same time. Prizes will be awarded. Fee: \$1.

480-350-5800

47409 6-14 yrs Th 2/25 4-5 p.m. ESCA

Sports

City of Tempe
SPORTS



Archery; Archery 101

Hone skills and improve your aim, focus, and concentration. Develop confidence on the range and create a foundation for strength and accuracy. Perfect for families. A \$90 Range and Equipment Fee is due to the instructor on the first day of class; fee is not eligible for scholarship program.

www.archeryacademy.com. Registration Fee: \$25. 480-350-5200

46787 8 yrs+ Su 2/7-3/13 1:30-2:30 p.m. ARCH

**Check out
upcoming events!**
www.tempe.gov/familyfun

Activities for Youth (5-12 Years)

Basketball; Small Ball Hoops, Grades K-3

Small Ball Hoops is designed to give your athlete a fundamental love for the game of basketball. Coach's fun energy makes learning the basics of ball handling, shooting, passing and defense a blast. Small Ball Camp during the first two weeks; remaining weeks include practices followed by four 6-minute-quarter games. Fee \$89. 480-350-5222

47675	Boys & Girls	Gr. K-1	Sa	1/16-2/27	9-10:15 a.m.	KRC
47676	Boys	Gr. 2-3	Sa	1/16-2/27	10:30 a.m.-11:45 a.m.	KRC
47677	Girls	Gr. 2-3	Sa	1/16-2/27	12-1:15 p.m.	KRC
47678	Boys & Girls	Gr. 2-3	Sa	1/16-2/27	9-10:15 a.m.	ESCA
47679	Boys & Girls	Gr. K-1	Sa	1/16-2/27	10:30 a.m.-11:45 a.m.	ESCA

Saturday Morning Yoga at Kiwanis Recreation Ctr.

Drop your child at Basketball Small Ball Hoops and drop-in or sign up for 1-hour relaxing Yoga session while you wait. See page xx for complete details.

Basketball; Rec. Hoops; Grades 4-5

First Day/Skills Assessment/Team Placement

Grades 4-5 Boys & Girls	Sa	1/9	9-11 a.m.	KRC
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Last Day/Program Celebration

Grades 4-5	Boys & Girls	Sa	2/27	1-6 p.m.
Peter Piper-1805 E Baseline Rd.				

Team Formation Guidelines: Grades 4-5

1. Players are tentatively placed on teams by City of Tempe staff members prior to participating in a skills assessment on the first day of camp.
2. All participants must go through a camp skills assessment prior to being placed on a team. Participants who miss the first day of the program must arrive 30 minutes early to the next scheduled program date.
3. Limited friend/coach requests will be allowed per team.

Basketball; Rec. Hoops, Grades 4-5

Athletes are placed on a team at first day assessment. Saturday games only. (1-2) team practices are held during weekday evenings. Athletes keep reversible jersey and receive trophy at season-ending banquet. All teams compete in playoffs leading to championship game. Fee: \$89. 480-350-5222

47680	Boys/Girls	Gr. 4-5	Sa	1/9-2/27	11 a.m., noon, 1, 2 p.m.	WCC
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Parents/adults are invited to serve as volunteer coaches. Contact Coach Key for details at 480-350-5222.



Get Moving. Make Friends. Improve Skills.

Catch a Pass in Tempe

The City of Tempe offers quality Youth Sports programming year round to keep your student athletes having fun and learning teamwork, while enhancing their individual skills. Affordable leagues are held at convenient times and locations throughout Tempe.



www.tempe.gov/youthsports



Have your next party with us!

Check out

Kiwanis Recreation Center

[www. Tempe.gov/Kiwanis](http://www.Tempe.gov/Kiwanis) 480-350-5201

or

Edna Vihel Activities Center

www. Tempe.gov/Vihel 480-350-5287

Activities for Youth (5-12 Years)

Junior Golf

Each class is open to ages 6-17 of all skill levels. Instruction includes: putting, chipping, full swing, rules, etiquette. Some sessions may include on-course practice. We have junior clubs if you don't have your own clubs. Low student/instructor ratio. Some sessions may require instructor approval. Private instruction is available. *No class 3/6, 3/8, 3/10, 3/12, 3/29, 4/23, 5/8. Contact: Mike Bochenek 480-350-5248 mike_bochenek@tempe.gov

47601	T	1/5-1/26	3:45-5:15 p.m.	\$60	KMGC
47602	Th	1/7-1/28	3:45-4:30 p.m.	\$35	KMGC
47603	Th	1/7-1/28	4:45-5:30 p.m.	\$35	KMGC
47604	Sa	1/9-1/30	9:45 a.m.	\$35	KMGC
47605	Sa	1/9-1/30	3:30-4:15 p.m.	\$35	KMGC
47606	Sa	1/9-1/30	4:30-5:15 p.m.	\$35	KMGC
47607	Su	1/10-1/31	2:30-3:15 p.m.	\$35	KMGC
47608	Su	1/10-1/31	3:30-4:15 p.m.	\$35	KMGC
47609	Su	1/10-1/31	4:30-6 p.m.	\$60	KMGC
47610	T	2/2-2/23	4:15-5:45 p.m.	\$60	KMGC
47611	Th	2/4-2/25	4-4:45 p.m.	\$35	KMGC
47612	Th	2/4-2/25	5-5:45 p.m.	\$35	KMGC
47613	Sa	2/6-2/27	9-9:45 a.m.	\$35	KMGC
47614	Sa	2/6-2/27	4-4:45 p.m.	\$35	KMGC
47615	Sa	2/6-2/27	4:45-5:45 p.m.	\$35	KMGC
47616	Su	2/14-3/13	2-2:45 p.m.	\$35	KMGC
47617	Su	2/14-3/13	3-3:45 p.m.	\$35	KMGC
47618	Su	2/14-3/13	4-4:45 p.m.	\$35	KMGC
47619	Su	2/14-3/13	5-6:30 p.m.	\$60	KMGC
47620	T	3/1-3/29	4:45-6:15 p.m.	\$60	KMGC
47621	Th	3/3-3/31	4:30-5:15 p.m.	\$35	KMGC
47622	Th	3/3-4/2	5:30-6:15 p.m.	\$35	KMGC
47623	Sa	3/5-4/2	9-9:45 a.m.	\$35	KMGC
47624	Sa	3/5-4/2	4:30-5:15 p.m.	\$35	KMGC
47625	Sa	3/5-4/2	5:30-6:15 p.m.	\$35	KMGC
47626	Su	3/20-4/17	2:30-3:15 p.m.	\$35	KMGC
47627	Su	3/20-4/17	3:30-4:15 p.m.	\$35	KMGC
47628	Su	3/20-4/17	4:30-5:15 p.m.	\$35	KMGC
47629	Su	3/20-4/17	5:30-7 p.m.	\$60	KMGC
47630	T	4/5-4/26	5:15-6:45 p.m.	\$60	KMGC
47631	Th	4/7-4/28	5-5:45 p.m.	\$35	KMGC
47632	Th	4/7-4/28	6-6:45 p.m.	\$35	KMGC
47633	Sa	4/9-5/7	9-9:45 a.m.	\$35	KMGC
47634	Sa	4/9-5/7	5-5:45 p.m.	\$35	KMGC
47635	Sa	4/9-5/7	6-6:45 p.m.	\$35	KMGC
47636	Su	4/24-5/22	2:45-3:30 p.m.	\$35	KMGC
47637	Su	4/24-5/22	3:45-4:30 p.m.	\$35	KMGC
47638	Su	4/24-5/22	4:45-5:30 p.m.	\$35	KMGC
47639	Su	4/24-5/22	5:45-7:15 p.m.	\$60	KMGC

A junior golf skills competition for ages 6-17 will be held Saturday, April 25. For information regarding the skills competition, call Mike Bochenek, 480-350-5248.

Rock Climbing; Climbers Only for Teens

Please see page 22 for a complete description and class times.

Soccer Indoor Youth Soccer Academy

Introduce your child to the joys of the world's most popular sport. Participants will work collaboratively through developmental play. *No Class on 2/15 or 3/7 at NCC. Fee: \$10. For more information contact Jennifer Gall 480-350-5805.

47327	3-6 yrs	Th	1/14-3/3	5:30-6:15 p.m.	ESCA
47328	7-10 yrs	Th	1/14-3/3	6:30-7:15 p.m.	ESCA
47329	3-6yrs	M	1/25-3/21*	6:30-7:15 p.m.	NCC
47330	7-10yrs	M	1/25-3/21*	7:30-8:15 p.m.	NCC



AAA Softball; LadyHawks Youth Softball

The LadyHawks Youth Softball program has a spot for every skill and experience level and offers fun competitive and instructional age groups for participants grades K - 8. Parent volunteers are needed (see softball coaches training and orientation information below). Call or email Bobbi Jones at 480-350-5267 or bobbijones@tempe.gov.

Softball; Volunteer Coaches Needed

City of Tempe requires all coaches to complete the AIA Academy's Coaches Training and background check every two years. Coaches are needed at all levels; and the training, background checks, and reference materials are provided free. League Organizational Meeting 2/10, 6-8:30 p.m.

AAA Softball; Coaches' Training and Orientation

Saturday, 2/6, 8:45 a.m.-noon.

Call Bobbi Jones at 480-350-5267 to RSVP.

AAA-1 Softball; LadyHawks Fastpitch Leagues

Age is calculated based on the participant's age as of April 30, 2016.

Aimed at developing the young athletic interested in playing softball in competitive middle school, club or high school softball, or learning a lifetime sport activity. Games will start at 6 p.m. or 7:30 p.m. All efforts will be made to be finished by 9 p.m.

Registration deadline: 2/24 at 5 p.m. Fee: \$86. 480-350-5267

Players may be placed on teams in the following ways:

1. Players are assigned by Recreation staff based on school or neighborhood.
2. Players may request to play with friends.
3. A head coach may recruit and enter a team of up to 12 players.
4. Players may request placement on a team with approval from coach.

Web Site: www.tempe.gov/youthsports

Contact Bobbi Jones at 480-350-5267 or Bobbi_Jones@tempe.gov.

**Sign Up for the
Connecting Tempe
Newsletter!**
www.tempe.gov/enotify

AZTEC/LadyHawks Spring Training Softball Camp & Special Skills Clinic

Join Coach Jeep Ray, Corona del Sol High School's Head Varsity Softball Coach for the coolest softball camp around. First pitcher/catcher's clinic from 8:30-9:30 a.m., then general session from 9:45 a.m.-noon. Fee: Clinic - \$25, general session-\$50, both clinic and general session - \$65. Each pre-registered participant will receive a camp t-shirt.

47793	Pitch/Catch Clinic	Gr. 4-8	Sa	1/23	8:30-9:30 a.m.	CDS
47792	General Session	Gr. K-8	Sa	1/23	9:45 a.m.-noon	CDS
47794	General & Clinic	Gr. 4-8	Sa	1/23	8:30 a.m.-noon	CDS

A-1 Baseball/Softball "JetHawks" T-Ball

Geared for both boys and girls, children will be taught the basics of throwing, hitting, fielding and base running. The first day, Wednesday, 3/16, participants should meet at field to get team assignment, meet the coach and have their first practice. Fee: \$65. 480-350-5267

47751	Gr. PreK-1	W/Sa	3/16-5/7	6-7:30 p.m./8-9:30 a.m.	DAL/PAL
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A-2 Softball; Coach Pitch

For girls only. All participants should meet at the field on Wednesday, March 12. The format will consist of station drills and move to game situations. Teams will meet twice weekly with no additional practices held. Fee \$60. 480-350-5267

47750	Gr. PreK-1	W/Sa	3/16-5/7	6-7:30 p.m./8-9:30 a.m.	DAL/PAL
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A-3 Softball; Minors ("10U"- Gr. 3, 4, and some 5)

Teams will be formed and practices held beginning 3/1. The Minors division emphasizes skill development, especially pitching and catching. The format will consist of coached scheduled practices and 12 scheduled games played on T/W/Th and/or Sa. Fee \$86. Team jerseys are provided. Call/ email Bobbi Jones at 480-350-5267 bobbi_jones@tempe.gov

47754	Use this code if you need to be assigned to a team.				
47749	Use this code if you have confirmed with your coach				
10U	T/Th/Sa	3/11-5/14	6 p.m. or Saturday morning	DAL/KTWB	

A-4 Softball; Girls 12U Community & Club Fast Pitch Division

Come as a team or be assigned to a team. Participants should be 10, 11 or 12 and enrolled in grades 5 or 6. Season includes 12 scheduled games and a post-season tournament. Team jerseys are provided. Long pants with slider shorts/shin guard protectors are required and are the responsibility of player. Games will be held on Mondays /Wednesdays and Saturdays. Fee: \$86. 480-350-5267

47747	Use this code if you need to be assigned to a team.				
47752	Use this code if you have confirmed with your coach				
12U	M/W/Sa	3/16-5/14	6 or 7:30 p.m.	DAL/KTWB	



Sportball

Sportball classes foster a learning environment for children where they may learn new skills and explore their environment. We respectfully request parents drop off their children for our drop off classes. We find that children gain more confidence through independent success and that they maintain focus better when parents are not in the room. If a child is anxious, a parent may stay during the class and Sportball coaches will work with parent and child to reach a level of comfort. Classes are available to children ages 6-10 year olds; refer to the alternate age group for activity codes. 480-350-5201.

Sportball; Soccer

Please see complete description on page 11.

47087	6-10 yrs	Su	1/10-2/7	11:45 a.m.-12:45 p.m.	\$73	KRC
47088	6-10 yrs	Su	2/14-3/13	11:45 a.m.-12:45 p.m.	\$73	KRC

Sportball; Volleyball

Certified Sportball coaches develop competence and confidence in teaching the fundamental skills necessary to excel in Volleyball. Skills include: serve, bump, set, spike, volley, and positional play. Coaches are trained athletes who have a passion for sharing their love of Volleyball. Sportball provides all equipment.

47098	6-8 yrs	F	1/8-2/5	5:30-6:30 p.m.	\$73	KRC
47097	8-12 yrs	F	1/8-2/5	6:30-7:30 p.m.	\$73	KRC
47297	6-8 yrs	F	2/12-3/11	5:30-6:30 p.m.	\$73	KRC
47298	8-12 yrs	F	2/12-3/11	6:30-7:30 p.m.	\$73	KRC



Swing by for a good time!

6005 S. All-America Way
Tempe, AZ 85283 • 480-350-5727

- Tokens \$1.25 each = 1 game / 14 pitches
- 10 baseball machines with speeds from 30-75 mph
- 6 slow-pitch softball machines
- 1 fast-pitch softball machine, 40 mph
- **New!** 3 cages with "Select-a-Pitch" baseball machines
- **New!** 1 cage with "Select-a-Pitch" fast-pitch softball machine
- T-ball area for the "little slugger"
- Walk in pro-shop offering batting gloves and accessories
- General concessions
- Group and Team Cage Rentals

Facility Hours:	Monday-Friday	4-7:30 p.m.
	Saturday & Sunday	Noon-5 p.m.

Holiday Hours:	December 21-23 & 26-30	Noon-5 p.m.
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Christmas Eve, Dec 24	Closed
Christmas Day, Dec 25	Closed
New Year's Eve, Dec 31	Closed
New Year's Day, Jan 1	Closed
MLK Day, Jan 18	Closed
Presidents Day, Feb 15	Closed

Beginning February 8, 2016:

Monday-Friday	5-9 p.m.
Saturday	Noon-6 p.m.
Sunday	4-9 p.m.

Cage Reservations Did you know that your team could exclusively reserve a batting cage? Here's how. Call the Batting Range at 480-350-5727 at least 3 days prior to the day you wish to visit. Reservation fees are \$35 for one hour of exclusive use of a standard cage, or \$45 for exclusive use of one of our NEW Select-a-Pitch cages. A minimum of 8 players is required to make a reservation. We hope to see your team soon!

Activities for Teens (12-18 Years)

Registration begins December 7; classes begin January 4 unless noted otherwise within class descriptions.

No classes January 18 or February 15. To view a list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for teens. Additional offerings for teens may be viewed within the Adults (18+ Years) section.

Arts & Crafts

To view class materials lists, visit www.tempe.gov/classmaterials or visit the Edna Vihel Activities Center Front Office, 3340 S. Rural Road, Tempe. Students must bring all materials to the first class unless otherwise noted within class description.

All Ceramics students must bring their own Cone 10 clay and required small tools to their first class. To view the required list of materials and a listing of local ceramic supply retailers, visit www.tempe.gov/classmaterials or stop by the Edna Vihel Center

Ceramics; Beginning Throwing – Teen

This studio class utilizes skills learned in Youth Ceramics while focusing on wheel-throwing and glazing techniques. Students will create both functional and decorative works of art through a series of hands-on activities. Class is designed for students with previous ceramics experience. Fee: \$55. 480-350-5287

47475 11-16 yrs F 1/15-3/4 3-5 p.m. VIHIL

Cover Contest

Please see page 31 for a complete description.

Craft of Costume Design

Please see page 32 for a complete description and class times.

Create It - Sewing

Please see page 32 for a complete description and class times.

Studio Art Exploration

You asked for it. We listened. Geared for students with basic drawing and art skills who want studio space to expand and explore. You will be introduced to a variety of media including: graphite, conte crayon, charcoal, colored pencils, pastels and paints. Potential project themes are: perspective, portraiture, nature studies, still lifes and master artists. Fee: \$25. 480-350-5287

47764 11-16 yrs T 1/12-3/1 6:30-7:20 p.m. VIHIL

Boating

Float Test - Rowing Classes Only (NOT Kayak or SUP)

All Rowing participants must complete a 10-minute float test and watch a U.S. Rowing Safety Video. If you have Rowing experience but are new to the City of Tempe Rowing Program, you must fulfill this requirement. For additional information, please contact the Boating Office at 480-350-8069.

Glow Kayak

Please see page 24 for a complete description and times.

Junior Learn to Row

This session will give athletes a chance to find out if rowing is for them and learn some of the basics of rowing before they join the team. Float test will be held at Kiwanis Recreation Center. Class fee is applied to Junior Rowing Team if participant registers for the Winter/Spring session. For more information contact the boating office. Fee: \$75. 480-350-8069.

47438 13 yrs+ M/T/W/Th/F 1/11-1/15 4-6 p.m. TTLM

Junior Rowing

Our Junior Rowing program (ages 13 through 18) has a Varsity & Novice component. We are competitive, training five days per week (3 days in Summer) in preparation for races locally and around the country. Come to the lake and join one of the fastest-growing sports in the country. For more information contact the boating office. Fee: \$550. 480-350-8069

47439 13 yrs+ M/T/W/Th/F 1/4-5/10 4-6 p.m. TTLM

Tempe Town Lake BOATING

**Youth Boating • Adult Boating
Team Building • Special Events**



480-350-8069
www.tempe.gov/boating



Like Us on Facebook!

www.facebook.com/tempefun

Books & Reading

Tempe Community Writing Contest

Please see page 34 for a complete description.

Health & Fitness

Exercise Classes

Please see page 36 for complete descriptions and class times.

Holistic Health and Wellness Workshops

Please see page 37 for complete descriptions and workshop times.

Martial Arts

Please see pages 37-38 for complete descriptions and class times.

Pilates

Please see page 38 for complete descriptions and class times.

Yoga

Please see page 39-40 for complete descriptions and class times.

Drop-In Fitness Classes

Please see page 40 for complete descriptions and class times.

Special Interest



Babysitting Class plus CPR/AED/FA

This one day class provides students with the knowledge and skills to confidently care for young children. Participants learn how to respond to emergencies and illness with first aid, CPR and other appropriate care along with the babysitting basics. Participants receive a babysitter's and CPR certification card. Bring a non-perishable sack lunch. Supply fee: \$32; fee: \$58. 480-350-5201

46973	11-16 yrs	Sa	1/16	9 a.m.-3 p.m.	KRC
46974	11-16 yrs	Sa	2/27	9 a.m.-3 p.m.	KRC
46975	11-16 yrs	Sa	3/12	9 a.m.-3 p.m.	KRC
46976	11-16 yrs	Sa	4/2	9 a.m.-3 p.m.	KRC

Basic Beading

Please see page 40 for a complete description and class times.

Camping 101

Please see page 40 for a complete description.

Game On! @ Tempe Public Library

Relax with your fellow teens for two hours of after school gaming fun. Teens meet at the library every Wednesday afternoon to play video games and socialize. No registration required. Fee: None. 480-350-5500

No Code 12-18 yrs W 1/6-2/24 3-5 p.m. LSTR

Gardening Classes

Please see page 41 for complete descriptions and class times.

Intro to Hiking

Please see page 41 for a complete description.

Library Comicon

Please see page 41 for a complete description.

Pets; Dog Obedience Classes

Please see page 41 for a complete description and class times.

Pets; Save-A-Pet

Please see page 41 for a complete description and class times.

Photography; DSLR Basics

Please see page 41 for a complete description and class times.

Sewing Classes

Please see page 41 for complete descriptions and class times.

Spanish Classes

Please see page 42 for complete descriptions and class times.

Sports



Archery; Archery 101

Please see page 16 for complete description and class times.

Activities for Teens (12-18 Years)

Basketball; Rec. Hoops; Grades 6-8

First Day/Skills Assessment

Grades 6-8 Girls	Sa	1/9	noon-2 p.m.	KRC
Grades 6-8 Boys	Sa	1/9	2:30-4:30 p.m.	KRC

Last Day/Program Celebration

Grades 6-8 Boys & Girls	Sa	2/27	1-6 p.m.	
Peter Piper-1805 E Baseline Rd.				

Team Formation Guidelines: Grades 6-8

1. Players are tentatively placed on teams by City of Tempe staff members prior to participating in a skills assessment on the first day of camp.
2. Players in attendance will participate in camp assessment prior to team placement. Participants that miss first day will still be placed on a team.
3. Limited friend/coach requests will be allowed per team.

Basketball; Rec. Hoops, Grades 6-8

Athletes are placed on a team at first day assessment. Saturday games only. (1-2) team practices are held during weekday evenings. Athletes keep reversible jersey and receive trophy at season-ending banquet. All teams compete in playoffs leading to championship game. Fee: \$89. 480-350-5222

47681	Boys	Gr. 6-8	Sa	1/9-2/27	1, 2, 3, 4 p.m.	ESCA
47682	Girls	Gr. 6-8	Sa	1/9-2/27	2, 3, 4 p.m.	WCC

Parents/adults are invited to serve as volunteer coaches. Contact Coach Key for details at 480-350-5222.



**Pick up the Spring Brochure
February 11!**

Golf; Junior Golf

Please see page 18 for a complete description and class times.

Advanced classes may be scheduled if there are enough interested participants.

For more information call Mike Bochenek, 480-350-5248.



Rock-Climbing; Climbers Only for Teens

Build self-confidence while enjoying the excitement and challenge of rock-climbing in an indoor, safety-oriented environment. Class includes climbing, bouldering, rappelling, belaying and safety-awareness. Participants need to arrive 15 minutes prior to the class start time to be fitted for shoes and to complete a waiver form. Fee: \$33. 480-350-5200

46784	11-15 yrs	Th	2/25-3/10	6:30-8:30 p.m.	ROC
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Rock-Climbing; Rock-Climbing and Rappelling

Please see page 43 for a complete description and class times.

Softball; AZTEC/LadHawks Spring Training Camp & Special Skills Clinic

Join Coach Jeep Ray, Corona del Sol High School's Head Varsity Softball Coach for the coolest softball camp around. First pitcher/catcher's clinic from 8:30-9:30 a.m., then general session from 9:45 a.m.-noon. Fee: Clinic - \$25, general session-\$50, both clinic and general session - \$65. Each pre-registered participant will receive a camp t-shirt.

47793	Pitch/Catch Clinic	Gr. 4-8	Sa	1/23	8:30-9:30 a.m.	CDS
47792	General Session	Gr. K-8	Sa	1/23	9:45 a.m.-noon	CDS
47794	General & Clinic	Gr. 4-8	Sa	1/23	8:30 a.m.-noon	CDS

Softball; Girls 14U Fast Pitch League, Gr. 7-8

Come as a team or be assigned to a team. Participants should be 12, 13 or 14 and enrolled in grades 7 or 8. Season includes 12 scheduled games and a post-season tournament. Team jerseys are provided. Long pants with slider shorts/shin guard protectors are required and are the responsibility of player. Games will be held M-Th and Sa. Fee: \$86. 480-350-5267

47748	Use this code if you need to be assigned to a team.				
47753	Use this code if you already have a coach				
14U	M/T/W/Th/Sa	3/17-5/14	6 or 7:30 p.m.	DAL/KTWB	

Volleyball; Open Gym, 480-350-800

Please see page 43 for days and times.



New Year, New You!

Here are 10 easy, convenient
and economical resolutions
and solutions to help make
2016 the best year yet!



1. Lose weight and get fit

Year-round, Tempe offers hundreds of reasonably-priced and convenient health and fitness classes designed to help your family and you get fit. Check out *Group Personal Fitness Training*,

Pickleball at Escalante Multi-Generational Center and *Zumba Gold®* to get you moving.

2. Have fun without breaking the bank

Tempe offers hundreds of budget-friendly events and activities throughout the year. Be sure to join us at the Movies in the Park free family movie series in May and October, Free Art Fridays, Family Storytimes, Walk-In Wednesdays, Family Bingo Nights, PlayDay and the Annual Family Halloween Carnival. Details for all of these events can be found at www.Tempe.gov/FamilyFun.



3. Spend more time with loved ones

Plan to devote more time to having fun and making memories with your family in 2015. Experience Tempe's parent/child programs by visiting a *Drop-In Storytime* with your little bookworm, trying a *Musikgarten©* class with

your young mover and shaker, or attending an *Archery* class with your teen. Take a *Moonlight Kayak* ride for a relaxing evening with that special someone, or visit one of Tempe's Multi-Generational Centers to learn about exciting opportunities available for adults 50+. Tempe has such a large variety of activities, you're sure to find a class or program that fits your family's interests!

4. Get organized

Declutter your working and living spaces to help you be more productive and happy. After doing so, visit www.Tempe.gov/SlashTheTrash to learn about the City's Solid Waste and Recycling opportunities including Tempe's Zero Waste Challenge scheduled for April 2016.



5. Enjoy life more

Pack a picnic lunch or reserve a ramada for a family or corporate gathering at a Tempe park! Tempe's 48 parks are strategically located so that there is one park within approximately one mile

of every resident. Take advantage of all the natural surroundings and authentically-local environments that Tempe has to offer!

6. Give up a bad habit

They say it takes 21 repetitions to turn an action into a habit, but we all know it takes a lot longer to kick it! Make a commitment, track your progress, enlist the support of a friend or family member and find alternatives to replace the bad habit (see resolution #7). Giving up a habit isn't always easy, so be patient and reward yourself when you make progress.

7. Learn something new

With programs for toddlers, youth, teens, adults, adults 50+ and a variety of adapted recreation leagues and programs, look no further than this issue of Tempe Opportunities to learn a new hobby, sport or skill. Some of new or returning programs include the *Raising a Reader* classes for Tots, *Junior Golf* for Youth, *Cosplay* for Teens, *Kickboxing Fitness* for Adults, *Intro to Hiking or Camping 101* for Families, and *Healthy Cooking* for Adults 50+. You can learn multiple things in the New Year, so why choose just one?



8. Help others

Gather your friends and neighbors and Adopt-a-Park, Path, Street or Alley. Connect with a special-needs athlete by becoming a bowling buddy through Tempe's Adapted Recreation Buddy Bowling League. Whatever you choose to devote your time to, there's no better feeling than helping others and giving back to your community.



9. Be more eco-friendly

Participate in the 7th Annual Arbor Day 5K on Friday, April 29, 2016. All of the proceeds go to the Trees for Tempe program. Find out more at www.ArborDay5K.com.

10. Reduce stress

Do you have some extra stress now that the holidays are over? Whether you'd like to attend an event, fitness class, or even a counseling session, Tempe has something for everyone interested in winding down after the holiday season. Our new *Holistic Health and Wellness* workshops provide a comprehensive approach to nutrition and health, whether you're looking for ultimate relaxation or an overall healthier you.

www.Tempe.gov/Brochure

480-350-5200

Activities For Families



Get Your Glow On!


Join us for the wildest and brightest paddles on Tempe Town Lake. Glow Paddles are open to ages 10+ (youth ages 17 and under must be accompanied by an adult). All kayaking equipment provided, as well as glow-in-the-dark accessories. Space is limited. Register early.

Friday, March 11 7 - 9 p.m.
 \$20 for 10-17 yrs. and \$35 for 18 yrs.+


www.Tempe.gov/Boating
480-350-8069

Tempe galleries

Connections Café



youth library



Connections Café at Tempe Public Library

Views from Outside the Box
 Aug. 7-Dec. 2
 William Lesch and Matt Sterbenz

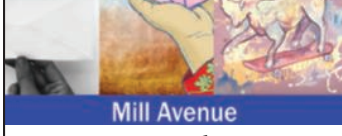
Youth Library at Tempe Public Library

Relative Dimensions
 Sept. 18-Jan. 6
 Angela Cazel-Jahn and Annie Lopez

US Post Office



Mill Avenue



Tempe Post Office

Paw Prints
 Aug. 14-Dec. 9
 Bianka Alban, Lauren Strohacker, Dawn Sokol and Childsplay

Gallery at Tempe Center for the Arts

Green and Gray
 Oct. 2-Jan. 2

www.tempe.gov/TempeGalleries
480-350-2867

ART after work

Tempe Center for the Arts
sponsored by Northern Trust



Gather friends and co-workers and unwind from the workday

Jingle All the Way | Friday, Dec. 11 | 6 pm


Cherry Blossom Kimono | Wednesday, Jan. 20 | 6 pm

Foxy Valentine | Wednesday, Feb. 10 | 6 pm


\$35 includes a canvas, art supplies, instruction and a beverage voucher.

TCA GALLERY tempe.gov/ArtAfterWork online registration only


Pitching in for Tempe




Adopt-A-STREET



Adopt-A-PARK




Adopt-A-PATH



Adopt-A-ALLEY

To adopt a street, path, park or alley call 480-350-4311 or visit www.tempe.gov/adopt.

Applications are accepted year-round.





Come Out & Play!

Saturday, Feb. 27

10 a.m. - 2 p.m. at Kiwanis Park

Free Family Fun - Kid Zone Experience - Diablo Dash



www.Tempe.gov/FamilyFun



City of Tempe
KID ZONE
480-350-5405

Before & After School Enrichment Program

- Aligned with School District's Curriculum -
- S.T.E.M. (Science, Technology, Engineering & Math) Activities -
- Daily Homework Club -
- Sports, Cooking, Fine Arts & more included -
- DHS Licensed & DES Certified -

Preschool Program at Getz School

- Quality Care at Affordable Prices and Flexible Schedules -
- Low Staff to Child Ratios -
- Follow AZ Dept. of Education Learning Standards -
- Specialty Classes Included -
- DHS Licensed & NAC Accredited -



www.Tempe.gov/KidZone

25th Annual Anglers United *Just for Kids*

Fishing Festival at PlayDay

Sat., Feb. 27

8 a.m. - 2 p.m.

Kiwanis Park Lake



www.Tempe.gov/FamilyFun



Activities For Families

**Dive
into a
rewarding
job...**

**Be a
Lifeguard!**

**Make money.
Have fun.
Help others.**

For more information call
480-350-5201
or visit
www.Tempe.gov/jobs or
www.Tempe.gov/Lifeguard



**When it comes to sports,
we've got you covered!**

Tempe offers quality sports programs for
Elementary and Middle School age youth.

Programs are offered year-round at
convenient times and locations.



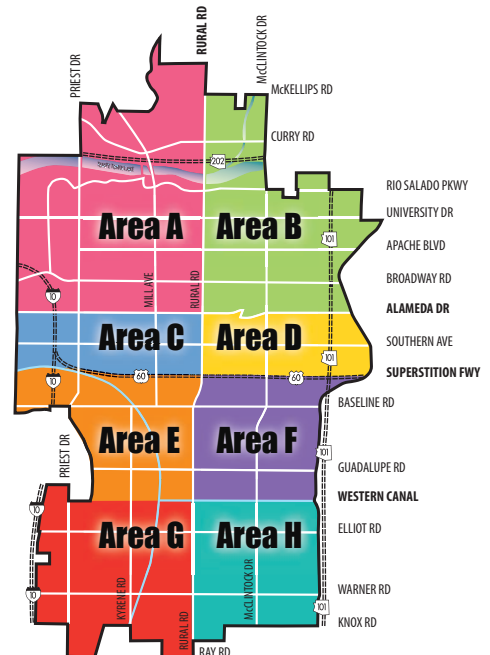
www.tempe.gov/brochure **480.350.5200**

	Collection Week	Collection Type		Collection Week	Collection Type
Area A	FEB 1-5	BULK	Area E	JAN 4-8	BULK
	APR 4-8	BULK GREEN		MAR 7-11	BULK GREEN
	JUN 6-10	BULK		MAY 2-6	BULK
	AUG 1-5	BULK GREEN		JUL 4-8	BULK GREEN
	OCT 3-7	BULK GREEN		SEP 5-9	BULK GREEN
	DEC 5-9	BULK		NOV 7-11	BULK
Area B	FEB 8-12	BULK	Area F	JAN 11-15	BULK
	APR 11-15	BULK GREEN		MAR 14-18	BULK GREEN
	JUN 13-17	BULK		MAY 9-13	BULK
	AUG 8-12	BULK GREEN		JUL 11-15	BULK GREEN
	OCT 10-14	BULK GREEN		SEP 12-16	BULK GREEN
	DEC 12-16	BULK		NOV 14-18	BULK
Area C	FEB 15-19	BULK	Area G	JAN 18-22	BULK
	APR 18-22	BULK GREEN		MAR 21-25	BULK GREEN
	JUN 20-24	BULK		MAY 16-20	BULK
	AUG 15-19	BULK GREEN		JUL 18-22	BULK GREEN
	OCT 17-21	BULK GREEN		SEP 19-23	BULK GREEN
	DEC 19-23	BULK		NOV 21-25	BULK
Area D	FEB 22-26	BULK	Area H	JAN 25-29	BULK
	APR 25-29	BULK GREEN		MAR 28-APR 1	BULK GREEN
	JUN 27-JUL 1	BULK		MAY 23-27	BULK
	AUG 22-26	BULK GREEN		JUL 25-29	BULK GREEN
	OCT 24-28	BULK GREEN		SEP 26-30	BULK GREEN
	DEC 26-30	BULK		NOV 28-DEC 2	BULK

For more information, visit www.tempe.gov/slashthetrash

Items may be placed for collection no earlier than 10 days prior to Monday of your collection week and no later than 6 a.m. on Monday of your collection week.

2016 Mixed Bulk & Green Organics Collection Schedule



PUBLIC WORKS DEPARTMENT

Activities For Families



FRIDAY
APRIL 29 | **2016**

at
Kiwanis Park

5K RUN/WALK
1-Mile KIDS' RUN
Starts at 6 pm

Race proceeds benefit the Trees for Tempe program. By participating in the 5K you can help reconstruct Tempe's urban forest.

MORE: ARBORDAY5K.COM



CAFE (Central Arizona Flute Ensemble)

Jan. 29 at 7 p.m.

CAFE is a seven-member flute choir that plays instruments that range from the traditional piccolo to the distinctive 10-foot long contrabass flute. CAFE musicians produce a spectrum of styles and textures that surprise and enthrall audiences. Free, fun and family friendly.

 **Tempe.**

Tempe History Museum
480-350-5100 809 E. Southern Ave.
tempe.gov/museum
facebook.com/tempehistorymuseum



Free college prep workshops designed for high school students and their families. Learn about college and career choices, how to apply to and pay for college and more!

Saturday, Jan. 30 & Feb. 27
10 a.m. – noon
Tempe Public Library

For more information and to reserve your seat visit
www.CollegeConnectTempe.org



Danish Christmas at the Petersen House Museum

December Weekends

Sat. Dec. 5, 12 and 19 from 10 a.m. – 3 p.m.

Sun. Dec. 6, 13 and 20 from 1 - 4 p.m.

Experience a Tempe Christmas tradition by visiting the Petersen House Museum. The house will be festively decorated to celebrate turn-of-the-century style with a Danish flair in honor of Niels Petersen.



Free Admission
Donations Accepted

TEMPE
HISTORY
MUSEUM

480-350-5100
1414 W. Southern Ave.
tempe.gov/museum

Activities For Families



Free Art Friday

This family-friendly event gives you the opportunity to create art, learn about music and movement and have a great time! Program features different art projects each month that explore various themes. It is not necessary to register for these free, leisurely mornings of activities; light refreshments included. Each event takes place at the

Edna Vihel Activities Center
3340 S. Rural Road 480-350-5287

March 20	Meet the Masters	9:30-11:30 a.m.
April 17	Dinosaurs	9:30-11:30 a.m.
May 15	Out of this World	9:30-11:30 a.m.

For more information, contact the
Edna Vihel Center front office at 480-350-5287, or visit
www.Tempe.gov/FamilyActivities for upcoming Tempe events!

hello FRIDAY



Fridays | 6-8 pm

Enjoy specialty drinks, chef-inspired
affordable bites, live music,
vintage games overlooking
Tempe Town Lake

Tempe Center for the Arts



Escalante's Annual Sweethearts Dance

Friday, Feb. 12 * 6 - 8 p.m.
Escalante Community Center



Bring your entire family, friends, and/or
significant other to this entertaining
night of music, dance, food, games, and
raffle prizes. Admission wristbands may
be purchased on the night of the event,
or can be *pre-purchased starting
Monday, Feb. 8th at the Escalante
Community Center.

*Pre-purchase offer is non-refundable and ends on 2/12 by Noon

Walk-in Wednesdays
Open Mic Night

Food & Beverage Specials
Music & Spoken Word

With Host Walt Richardson



January - May
Wednesdays 6-10 p.m.
Youth 5-6 p.m.

Tempe Center for the Arts



www.Tempe.gov/TCAOpenMic

Activities For Families

Songwriters' Showcase

Dec. 4 | 7:30 pm

Tickets on sale now!
tca.ticketforce.com



Tempe Center for the Arts

Featuring: Brian Chartrand
& The Voce Project



Winter Extraordinaire

Saturday, Dec. 20
10 am - 12 pm
Youth Library



Come celebrate the winter season at the Library!

Join us at this FREE fun-filled family event for seasonal crafts, holiday music, and stories for all ages.

www.tempe.gov/library

The flights are booked.
Swimsuits are packed.



Swimming with Santa

Saturday, Dec. 26 from 1 - 5 p.m.

1 - 3 p.m. visit with Santa and Mrs. Claus,
3 - 5 p.m. waves continue
at the Kiwanis Recreation Center



Winter Waves
Dec. 27 - 30 1-5 p.m.

www.tempe.gov/sws
480.350.5201



Family Bingo Nights

Prizes and snack concession stand will be available. Admission is free!
Phone registration required for each family.

6 - 7:30 p.m.

Friday, December 18

Friday, February 26



NORTH
TEMPE
MULTI-
GENERATIONAL
CENTER

480-858-6500

1555 N. Bridalwreath St. Tempe, AZ 85281



Tempe
Comedy
Concert Series

Fridays @ 7:30 pm

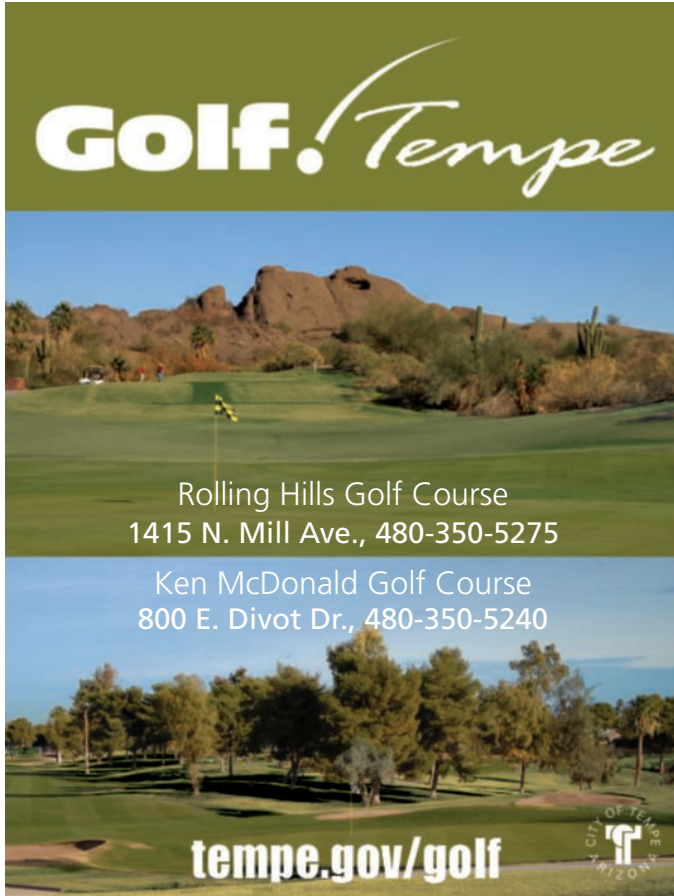
Tickets start at \$10 Promo Code TONY = \$2 off

www.tempe.gov/TCAComedy

Tempe Center for the Arts



Activities For Families



Golf! Tempe

Rolling Hills Golf Course
1415 N. Mill Ave., 480-350-5275

Ken McDonald Golf Course
800 E. Divot Dr., 480-350-5240

tempe.gov/golf



Moonlight Kayak for Valentines Day!

Come down to Tempe Town Lake to celebrate Valentine's Day. All will enjoy an evening on the water under the stars and the lights of the Mill Ave. bridges. No experience is necessary. Registration is required.

Saturday, Feb. 13 6:30 - 8:30 p.m.

\$35 per person. Ages 18 yrs+
SRP Town Lake Marina
Class registration 47441

www.Tempe.gov/FamilyFun • 480-350-8064



Tempe **Symphony** Orchestra

December 28
7:30 p.m.
Free



Tempe Public Library

Food for Fines

During November & December

Have Late Fees?
Every can of food you bring to the Library is worth \$1 off your balance.

Bring in 30 cans and we'll clear your entire account!
* Fees charged by Collection Agency cannot be waived

www.Tempe.gov/FoodForFines



Remembering Tempe's Very Own Amusement Park

LEGEND CITY

Tempe

A CHANGING EXHIBIT that features photos, memorabilia, staff costumes and concert tickets. Scramble into a recreation of the Dutchman's Shack or stare into the eyes of Kurley Q, the ventriloquist dummy used by Legend City performer and Miss America 1965, Vonda Kay Van Dyke.

City of Tempe
Tempe Historical Society

TEMPE HISTORY MUSEUM

Big Surp. X Waterpark
HUMANITIES

809 E. SOUTHERN AVE. • 480-350-5100 • TEMPE.GOV/MUSEUM

Registration begins December 7; classes begin January 4 unless noted otherwise within class descriptions.

No classes January 18 or February 15. To view a list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for Adults (18+ Years). Additional offerings for adults may be viewed in the Adult (50+ Years) section.

Classes - Participants & Observation:

- Childcare is not offered.
- Observers and non-registered individuals, including children, are not permitted in classes or workshops.
- Closed-toe shoes are required for ceramics, pottery and jewelry classes.

Arts & Crafts

To view class materials lists, visit www.tempe.gov/classmaterials or visit the Edna Vihel Activities Center Front Office, 3340 S. Rural Road, Tempe. Students must bring all materials to the first class unless otherwise noted within class description.



Ceramics 2

Have you completed Ceramics Survey and want to advance your skills? Try your hand in throwing and hand-building as you explore surface decoration and slip techniques. Instructor will guide you through your selected projects. Fee: \$100. 480-350-5287

47471 18 yrs+ Th 1/14-3/3 6:30-9:30 p.m. VIHEL

Ceramics; Open Studio

Open Studio time is available free of charge to all students currently enrolled in and regularly-attending any adult ceramics class. Open Studio times and dates are Wednesdays, 12:15-3:15 p.m. 1/20-3/2, and Saturdays, 1:30-4:30 p.m. 1/23-3/5. 480-350-5287

Ceramics; Pottery Club

Do you want time to experiment and hone your skills? This leisurely morning of working in the studio offers students that opportunity. Potters of all skill levels can work freely on the wheel or hand-build; the choice is yours. Guidance and advice will be provided by instructor. Fee: \$100. 480-350-5287

47476 18 yrs+ W 1/13-3/2 9 a.m.-noon VIHEL

Ceramics; Studio Open House

Interested in taking a ceramics class, but not sure what it is all about? This is your opportunity to learn. Stop by for one of these free open studio times; tour the studio, hear about the program and even get your hands a little dirty! Staff will be on hand to answer your questions at this free event. No registration is necessary.

No code all ages W 12/9 6:30-8 p.m. VIHEL

No code all ages W 12/16 6:30-8 p.m. VIHEL

Ceramics; Survey

See what keeps the local community of potters coming back every session as you learn age-old techniques of creating beautiful and functional pieces of art. Build a strong ceramics foundation with an introduction to hand-building, throwing, surface design and glazing. This is your first step into a journey that may bring you a lifetime of joy. Fee: \$100. 480-350-5287

47477 18 yrs+ T 1/12-3/1 6:30-9:30 p.m. VIHEL

Ceramics; Throwing Beginning/Intermediate

For students who have completed the Ceramics Survey class. Become one with the potter's wheel through a series of drills and projects. Learn glazing techniques to bring your pieces to life and make them uniquely yours.

No Class 1/18, 2/15. Fee: \$100. 480-350-5287

47478 18 yrs+ M 1/4-3/7 6:30-9:30 p.m. VIHEL

Ceramics; Throwing Intermediate/Advanced

For students who have completed the Ceramics; Throwing Beginning/Intermediate class. Advance your skills on the wheel while exploring the endless styles and shapes of sculptures that may be created using clay. Experiment with techniques like scraffito and impression work. Practice glazing and finishing methods to complete the process on your unique pieces. Fee: \$100. 480-350-5287

47479 18 yrs+ W 1/13-3/2 6:30-9:30 p.m. VIHEL

Collage and Mixed Media

Connect with your creative spirit while exploring art in its basic form. Using traditional and non-traditional materials, create wonderful mixed media works that are as unique as you. Learn a variety and techniques as you paint, distress, glue and embellish. Explore how to add your own special treasures to materials provided in the classroom. Fee: \$50. 480-350-5287

47484 18 yrs+ W 1/13-3/2 6:30-9 p.m. VIHEL

Cover Contest - Tempe Writers Forum V. 2, 2016

We invite online submissions, 1/11-2/15, for an original cover design for the Tempe Writers Forum V. 2 book. It will include winning works of fiction, nonfiction and poetry. The contest is open to Tempe residents, Tempe Library Cardholders, high school and ASU students. One entry per person. Winners announced April 2016. www.tempe.gov/library/writingcontest for complete rules. 480-350-5500

**Pick up the Spring Brochure
February 11!**

Activities for Adults (18+ Years)

Craft of Costume Design

Do you want to make a costume but don't know where to begin? Cosplay, Renaissance and anyone interested in making costumes will want to attend these presentations. Each session a costuming expert will focus on a different aspect of costume design. Once your costume is finished be part of our Library Comicon on 1/23. Fee: None. 480-350-5500.

Who Do You Want to Be?

Students will participate in discussions on design, costume vs. clothing, fabrics, patterns, construction methods, products, tools, and safety. A costuming check list will be provided.

47744 14 yrs+ Sa 12/5 11 a.m.-12:30 p.m. LMRA

Silhouettes of History

A look at how clothing throughout history has helped to shape Pop Culture.

47745 14 yrs+ Sa 1/16 11 a.m.-12:30 p.m. LMRA

Create It - Sewing

Drop into the library with your sewing project and use our sewing machines. First and third Wednesdays of each month, unless otherwise noted. Visit the library website at www.tempe.gov/library for more information.

No Code 14 yrs+ W 12/2-2/27 5-7:30 p.m. LLL

Jewelry Basics

Learn the basics of jewelry-making; what tools to use, the right materials for each project and the best places to get everything you need. We provide the tools and equipment for you to learn all the basic techniques to work in metals and plenty of time to practice and perfect your technique. Learn how to create chains, findings and more. No Class 1/18, 2/15. Fee: \$80. 480-350-5287

47765 18 yrs+ M 1/4-3/7 6-8:30 p.m. PAC

Jewelry; Open Studio

For safety, only experienced jewelry students are eligible. Looking for a space to work on your own jewelry creations? Utilize the time in Open Studio to take your jewelry project from start-to-finish, or complete a project that's already in-progress. Instructor will provide guidance as needed, as well as demonstrate various jewelry techniques. Fee: \$80. 480-350-5287

47509 18 yrs+ Th 1/14-3/3 6-8:30 p.m. PAC

Jewelry; Earring Extravaganza

Twist, turn and manipulate a variety of wires into dangle earrings. Using recycled aluminum, copper, sterling, beads and more you will make four pair of earrings that are uniquely yours. Put a modern twist on an age-old art form as you learn the basic techniques and explore the tools used in wire wrapping. View materials list at www.tempe.gov/classmaterials. Fee: \$40. 480-350-5287

47768 18 yrs+ T 1/12-2/2 6-8:30 p.m. PAC

Mosaics and More

Fascinated by mosaic tile floors or ancient mosaic artworks? Let us show you how to work with ceramic tile, glass beads and recycled materials to enhance projects like flower pots, tabletops and more. Learn the fundamentals of tile placement and grouting. Instructor will cover required and optional supplies on first night of class. Fee: \$50. 480-350-5287

47514 18 yrs+ Th 1/14-3/3 6:30-9:30 p.m. VIHEL

Painting; Beginning

Your first brush stroke will immerse you into a world of art, created by you. This introductory class will teach you the basic techniques for painting in a variety of mediums including Oil, Acrylic and Watercolor. Students will learn how to make brush strokes, mix colors and paint from photographs and still lifes.

No Class 1/18, 2/15. Fee: \$50. 480-350-5287

47527 18 yrs+ M 1/4-3/7 6:30-9:30 p.m. VIHEL

Painting; Portraits

What could be more fascinating than the human face? Learn the skills to paint portraits full of expression and life. Class will cover paint application, mixing flesh tones, light and shade, as well as achieving a likeness. Feel the thrill of watching your painting come to life as you explore the many techniques used to create compelling portraits. Fee: \$50. 480-350-5287

47526 18 yrs+ Sa 1/16-3/5 9:30-11:30 a.m. VIHEL

Boating

Float Test - Rowing Classes Only (NOT Kayak or SUP)

All Rowing participants must complete a 10-minute float test and watch a U.S. Rowing Safety Video. If you have Rowing experience but are new to the City of Tempe Rowing Program, you must fulfill this requirement. For additional information, please contact the Boating Office at 480-350-8069.

Rowers 18 years and older are eligible to participate in the following skill levels:

Beginner

Learn to Row is the starting point for new rowers. Rowers will be in bigger boats and learn at a steady pace throughout the class.

Advanced

Open Rowing and Sculling focuses on rowing for fitness and technical growth with an option of racing at local and regional regattas.

Adult Learn to Row

Designed for first-time rowers, this course will introduce the basics of rowing, safety and boat-handling. Proper rowing technique and fitness development are stressed. Participants must pass a 10-minute float test and have a basic level of fitness. The first class will include a float test/safety video. First three classes are mandatory. *No Class 3/5. 480-350-8069

47420	18 yrs+	Sa/Su	1/9-2/7	7-9 a.m.	\$120	TTL
47421	18 yrs+	Sa/Su	2/13-3/13*	7-9 a.m.	\$108	TTL

Adult Open Rowing and Sculling

This session brings experienced rowers together and is designed with athletes in mind. Sweep-rowers and scullers may try either discipline; class utilizes cross-training, video analysis and flexibility and focuses on a high-level of rowing. Prerequisite: Learn to Row or commensurate experience. *No Class 3/5. 480-350-8069

47444	18 yrs+	Sa	1/9-3/12*	7-9 a.m.	\$81	TTL
47445	18 yrs+	Su	1/10-3/13	7-9 a.m.	\$90	TTL
47442	18 yrs+	T	1/5-3/15:45-7:45 p.m.		\$99	TTL
47443	18 yrs+	Th	1/7-3/17:45-7:45 p.m.		\$99	TTL

Erg Fitness

Come try one of the best workouts around. Join this class with an experienced instructor who will work with you on your technique and push you to reach new heights on your fitness progression. The workouts will be tailored to the individual. No experience necessary. Drop-ins welcome; \$10 cash or check, payable to the City of Tempe. Fee: \$72. 480-350-8069

47561 18 yrs+ W 1/6-3/16 6-7 p.m. TTL

Tempe Town Lake Club Rowing

This program is designed for advanced rowers able to row (singles and doubles, only) on Tempe Town Lake. Rowers will check-out equipment during Club Rowing times and train on their own. Prerequisites: Coordinator permission and a successful re-entry test on file. Club Fee: \$60/year (year-round program); Rowing Fee: \$20/month. Contact the Boating Office at 480-350-8034 to register.

No Code 8 yrs+ T/W/Th/F 1/5 5:30-7 a.m. TTL

Activities for Adults (18+ Years)



Adult Paddling Classes

Essentials of Kayak Touring

Taught by ACA-certified kayak instructors, this class will refine your kayak touring skills and is perfect for all levels of experience. Instructors focus on basic, intermediate and advanced strokes and maneuvers as well as fitness, boat-handling and rescues in "sit-in" touring kayaks. All equipment provided. No experience necessary. Register early. Fee \$80. 480-350-8069

47422	18 yrs+	Sa	1/9-1/30	7:30-9:30 a.m.	TTLM
47423	18 yrs+	Sa	2/6-2/27	7:30-9:30 a.m.	TTLM

Glow Kayak

The wildest and brightest Glow Paddle on Tempe Town Lake. Join us for a night under the stars while we glow and glide across the water. In addition to all necessary kayaking equipment, participants will receive glow in the dark accessories. Feel free to wear glow in the dark clothing items that you don't mind getting wet. Register early. Adult Fee: \$35; Youth Fee: \$20. 480-350-8069

47425	10 yrs+	F	3/11	7-9 p.m.	TTLM
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Kayak Fitness

Taught by ACA-certified kayak instructors; this is a perfect class for all levels of paddling experience. This class will focus on basic strokes and maneuvers as well as fitness, boat-handling and rescues in "sit-on-top" kayaks. All necessary equipment will be provided. No experience necessary. Fee: \$70. 480-350-8069

47440	18 yrs+	Sa	1/30-2/20	8-10 a.m.	TTLM
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Valentine's Day Kayak

Come down to Tempe Town Lake to celebrate Valentine's. All will enjoy an evening on the water under the stars and the lights of the Mill Ave bridges. Fee: \$35 per person. 480-350-8069

47441	18 yrs+	Sa	2/13	6:30-8:30 p.m.	TTLM
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Introduction to Stand-up Paddleboarding

Join the fastest-growing watersport in the country on Tempe Town Lake. No experience is necessary; this class will teach you the basics of stand-up paddleboarding. All equipment is provided. Fee: \$30. 480-350-8069

47426	18 yrs+	Sa	1/9	9-10:30 a.m.	TTLM
47427	18 yrs+	Sa	1/23	9-10:30 a.m.	TTLM
47428	18 yrs+	Sa	2/6	9-10:30 a.m.	TTLM
47429	18 yrs+	Sa	2/13	9-10:30 a.m.	TTLM
47430	18 yrs+	Sa	2/20	9-10:30 a.m.	TTLM
47434	18 yrs+	Sa	3/12	9-10:30 a.m.	TTLM

Stand-Up Paddleboarding Fitness

Advance beyond the Intro class with coaching focused on developing your paddle stroke, steering and turning techniques; learn to paddle distances efficiently at an athletic pace. Use your core for paddling power and unlock the training benefits that make SUP the fastest-growing water sport. Bring your own board or use one from our fleet. Prerequisite: Intro to SUP. Fee: \$40.

480-350-8069

47454	18 yrs+	Sa	1/30-2/20	7-8:30 a.m.	TTLM
42604	18 yrs+	T	3/17	5:30-7 p.m.	TTLM
42617	18 yrs+	Sa	3/21	9:30-11 a.m.	TTLM
42617	18 yrs+	T	3/24	5:30-7 p.m.	TTLM

Stand-Up Paddling; Yoga

Students will enjoy paddling on the lake, then anchoring boards and setting yoga breathing to begin. SUP Yoga features seated and standing yoga postures including sun salutations, lunges and downward-facing dog. We will take a few quiet meditation moments before paddling back. Prerequisite: Intro SUP or commensurate experience. Fee: \$35. 480-350-8069

47446	18 yrs+	Sa	1/9	10:30 a.m.-noon	TTLM
47447	18 yrs+	Sa	1/23	10:30 a.m.-noon	TTLM
47448	18 yrs+	Sa	2/6	10:30 a.m.-noon	TTLM
47449	18 yrs+	Sa	2/13	10:30 a.m.-noon	TTLM
47450	18 yrs+	Sa	2/20	10:30 a.m.-noon	TTLM
47451	18 yrs+	Sa	2/27	10:30 a.m.-noon	TTLM
47452	18 yrs+	Sa	3/12	10:30 a.m.-noon	TTLM

Tempe Town Lake BOATING

Youth Boating • Adult Boating Team Building • Special Events



480-350-8069
www.tempe.gov/boating



Activities for Adults (18+ Years)

Books & Reading

Author Visits

Mystery and Suspense Authors Donis Casey and Anne A. Wilson

Mystery author Donis Casey will be here with her new book, "All Men Fear Me," the newest Alafair Tucker mystery. Suspense author Anne A. Wilson brings her new novel, "Hover" about U.S. Navy pilot Sara Denning. Books will be available for purchase and signing. 480-350-5500

46763	18 yrs+	Sa	12/12	2-3:30 p.m.	LMRA
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Coffee, Tea and Books

Come and discuss recent novels or the occasional nonfiction title. Participants provide their own copy of the book. Responsibility for leading the discussion rotates among group members. Third Monday of the month from 6:30-8 p.m. in the Connections Café. No registration required. Fee: None. 480-350-5500

1/25	<i>Dakota</i>	Kathleen Norris
2/22	<i>The Invention of Wings</i>	Sue Monk Kidd

Family History Series

Learn how to trace your roots and record your family history with Duane Roen, Dean of University College and College of Letters and Sciences at ASU. Duane has been tracing his roots since his teenage years, building a database with more than 32,000 ancestors. He and his wife have been recording their family history since 1978 by writing daily journal entries. Fee: None. 480-350-5500

Making Your Own Family History: Keeping a Journal

46757	18 yrs+	Sa	12/5	10:30 a.m.-noon	LMRB
46758	18 yrs+	W	12/9	6:30-8 p.m.	LMRB

Weaving Cultural History into Our Family History Writing

46759	18 yrs+	Sa	1/9	10:30 a.m.-noon	LMRB
46760	18 yrs+	W	1/20	6:30-8 p.m.	LMRB

Organizing Your Family History Writing

46761	18 yrs+	Sa	2/13	10:30 a.m.-noon	LMRB
46762	18 yrs+	W	2/24	6:30-8 p.m.	LMRB

Great Books Discussion Group

The Great Books Foundation promotes reading, thinking and sharing of ideas. Kathy and Don Dietz will lead discussions on the 2nd and 4th Wednesdays from 6-8 p.m. in the Connections Café. Participants provide books. They can be found in Introduction to Great Books First Series.Vol. I. and ordered at 800-227-5870 or www.greatbooks.org. No registration required. Fee: None. 480-350-5500

12/9	<i>Othello</i>	William Shakespeare
1/13	<i>A Month in the Country</i>	J.L. Carr
1/27	<i>Politics</i>	Aristotle
	<i>Of Commonwealth</i>	Thomas Hobbs
2/10	<i>Barn Burning</i>	William Faulkner
2/24	<i>Of Civil Government</i>	John Locke
	<i>Declaration of Independence</i>	

Mystery Club

Are you an avid mystery reader? If so, you are invited to meet with other fans to discuss favorite mystery books or authors. Participants must provide their own copies of the books to be discussed. Responsibility for leading the discussion rotates around the group. First Saturday of each month from 10 a.m.-noon in the Connections Café. No registration required. Fee: None. 480-350-5500

12/5	Various Mysteries	Kathy Reichs
1/2	<i>Sprinkle with Murder</i>	Jenn McKinlay
2/7	<i>The Magician's Lie</i>	Greer Macallister

Tempe Community Writing Contest -2nd Annual

We invite online submissions, 1/11-2/15, of: Poetry, Fiction, and Nonfiction from HS/College students and adults to the 2nd Annual Tempe Community Writing Contest. Contest open to Tempe residents, Tempe Library Cardholders and ASU students. One entry per person with winners announced April 2016.

Visit www.tempe.gov/library for complete rules. Fee: None. 480-350-5500

Tempe Public Library Outreach Resources Center

Take advantage of the many free enriching library programs and services offered at the Outreach Resource Centers located at Escalante and North Tempe Community Centers. Use the computers for free. All you need is a Tempe Public Library card. If you don't have one you can get one at these centers. All you need is a photo ID and current piece of mail. Visit www.tempe.gov/libraryoutreach.

Escalante Hours:

M-F, 11 a.m.-8 p.m.; Sa, 10 a.m.-5 p.m.; Su, 1-6 p.m.

North Tempe Hours:

M-Th, 11a.m.-9 p.m.; F, 11a.m.-8 p.m.; Sa, 10 a.m.-5p.m.

Times are subject to change.

Writers Connection

This informal writers group is free and open to anyone interested in the writing process. The goal of the group is to share ideas and resources. All writers and aspiring writers are welcome. No registration required. Fee: None.

480-350-5500

No Code	18 yrs+	F	12/11	2-4 p.m.	LMRB
No Code	18 yrs+	F	1/15	2-4 p.m.	LMRB
No Code	18 yrs+	F	1/29	2-4 p.m.	LMRB
No Code	18 yrs+	F	2/12	2-4 p.m.	LMRB
No Code	18 yrs+	F	2/26	2-4 p.m.	LMRB

Business, Computers & Finance

To view computer class offerings for Adults 50+ Years, see page 46.

*A working knowledge of computers, the keyboard and the mouse are required for following programs.

Basic Internet Using Microsoft Office 2010

Learn basic details about the Internet including: how to use search engines to find specific information, how to retrieve photos from the web, how to view maps and get driving directions, as well as find websites that interest you.

Fee: None. 480-350-5814

47695	18 yrs+	T	1/5-1/26	10-11 a.m.	ESCA
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Basic Word Using Microsoft Office 2010

Learn how to create a letter, edit a document and create lists, tables, labels and more using Microsoft Word. Fee: None. 480-350-5814

47696	18 yrs+	W	1/6-1/27	10-11 a.m.	ESCA
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Basic Excel using Microsoft Office 2010

Learn how to create worksheets, edit and sort information in Microsoft Excel. You will also learn how to define and use mathematical formulas within your worksheet. Fee: None. 480-350-5814

47697	18 yrs+	Th	1/7-1/28	10-11 a.m.	ESCA
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Business and Financial Planning

Business and financial planning workshops are led by Jason Freiwald, Certified Financial Planner (CFP), Chartered Financial Consultant (ChFC) and Chartered Mutual Fund Counselor (CMFC). Workshops share fundamentals for savings and investing; hand-outs are included as part of the workshop fee. 480-350-5200

Business and Finance; Comprehensive Financial Planning

Your financial future is at stake. Be prepared; review the basics of financial planning including budgeting, emergency reserves and education savings. Explore investment strategies such as mutual funds, 529 plans and annuities; discuss asset allocation while working with a financial advisor. Revisit retirement plans including 401(k)s, IRAs and Roth IRAs. Fee: \$10.

47580	18 yrs+	Th	1/21	6:30-8:30 p.m.	PAC
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DISC Drop-In Computer Classes

In collaboration with ASU's Department of Information Systems Club (DISC). These classes offer an introductory look at each topic. No registration required. Fee: None. 480-350-5500

Computer Skills

No Code	18 yrs+	W	1/20	6:30-7:30 p.m.	LCL
No Code	18 yrs+	W	2/24	6:30-7:30 p.m.	LCL

Internet / Social Media

No Code	18 yrs+	W	2/17	6:30-7:30 p.m.	LCL
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iPads

No Code	18 yrs+	W	2/10	6:30-7:30 p.m.	LCL
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Microsoft Excel

No Code	18 yrs+	W	1/27	6:30-7:30 p.m.	LCL
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Microsoft Word

No Code	18 yrs+	W	2/3	6:30-7:30 p.m.	LCL
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eBooks and OverDrive

Borrow eBooks or listen to audiobooks from the Tempe OverDrive digital collection. All you need is a Tempe Public Library card and a WiFi connection. Fee: None. 480-350-5500.

47311	18 yrs+	T	1/19	4:30-6 p.m.	CSC
47312	18 yrs+	T	2/16	5-6:30 p.m.	LMRB



iPads for Newbies

Learn the basics of using an iPad including how to turn it on and off, basic functions, loading apps, search engines and using the camera. Bring your own or borrow the Center's iPad during class time. Fee: None. 480-350-5800

47698	18 yrs+	T/Th	2/16-2/18	10-11 a.m.	ESCA
47699	18 yrs+	T/Th	3/1-3/3	10-11 a.m.	ESCA

Zinio

Borrow digital magazines from the Tempe Public Library using your library and a WiFi connection anywhere, anytime. Check out as many issues as you want and keep them in your account as long as you wish. Fee: None. 480-350-5500.

47302	18 yrs+	T	1/5	5-6:30 p.m.	LMRB
47306	18 yrs+	Th	1/7	3:30-5 p.m.	NCC
47303	18 yrs+	T	1/12	4:30-6 p.m.	CSC
47717	18 yrs+	W	1/27	2-3:30 p.m.	PAC
47309	18 yrs+	W	3/2	2:30-4 p.m.	ESCA

Dance, Music & Theater

"A wall of sound made from 6,000,000 voices..."

Electro-acoustic music that was written in response to the Holocaust, by American, German, and Israeli composers. All of the pieces on the program were created by electronic means and are meant to be played through speakers. Each piece will be discussed, explaining the artistic devices used by the composers of these works, and the aesthetic conceptions that guided them.

47755	18 yrs+	T	12/1	6-7:30 p.m.	LMRA
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Belly Dance

Learn basic movements as you develop slow and fast routines including floor and veil work, as well as playing finger cymbals. Immerse yourself in enchanting, exotic music as you explore this art form that not only makes you feel good but also look good. It's an excellent aerobic and anaerobic workout that will help you tone your body and build strength. Fee: \$35. 480-350-5287

47467	18 yrs+	W	1/13-3/2	5:30-6:30 p.m.	VIHEL
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Dancing Like the Stars

This isn't your grandma's ballroom dance class. Learn three ballroom styles: Social, Latin and Ballroom - Waltz, Cha Cha, and Salsa. All styles taught in a fun, relaxed setting to upbeat, current music. TJ's easy-to-learn method will have you dancing in no time. Think you have two left feet? Think again; TJ will prove that anyone can dance. Fee: \$35. 480-350-5287

47489	18 yrs+	Th	1/14-3/3	6:30-7:30 p.m.	VIHEL
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Nuline Dance; Advanced

Familiar with Nuline Dance and know your way around the dance floor? This challenging class will help you show-off and develop your own flair. Competition-level instruction will be offered in this fast-paced, high-intensity class. Dazzle everyone with the latest and greatest routines. Fee: \$35.

480-350-5287					
47523	18 yrs+	T	1/12-3/1	8:30-9:15 p.m.	VIHEL

Nuline Dance; Beginning/Intermediate

Studies show that dancing helps increase memory and balance, as well as improve your cardiovascular endurance. This class starts you out on the right foot as you learn choreographed routines to a wide-variety of music genres; Latin to Pop, Celtic to Country and much more. A great way to learn dance that is suitable for everyone regardless of experience. Fee: \$35. 480-350-5287

47524	18 yrs+	T	1/12-3/1	6:30-7:30 p.m.	VIHEL
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Activities for Adults (18+ Years)

Nuline Dance; Intermediate/Advanced

Take the next step in this class and continue your journey on the dance floor as you join other dancers and learn more patterns and advanced dance steps. The music just gets better and the fun increases. Fee: \$35. 480-350-5287

47525 18 yrs+ T 1/12-3/1 7:30-8:30 p.m. VIHEL

Salsa; Beginning/Intermediate

This class is custom-tailored for your dance abilities. You will have the opportunity to work one-on-one with our instructors as they take you through the beginning steps to the finishing ones. If you already have the basics down, learn the subtle nuances of this beautiful and sassy dance style. Fee: \$35.

480-350-5287

47541 18 yrs+ W 1/13-3/2 7-8 p.m. VIHEL

Health & Fitness

Exercise; 20/20/20 Fitness Express – burn 400 kcal!

Complete an overall body “Core” training workout which targets the three major components of fitness: 20 minutes of cardio, 20 minutes of strength training followed by 20 minutes of flexibility/stretching. Class taught by a certified fitness trainer. All fitness levels welcome. No Class 3/15. Instructor: Donna. Fee: 61.

480-350-5200

46836 16 yrs+ T 1/5-3/29 6-7 p.m. PAC

Exercise; Barre Fit

Barre-Fit is one of the most effective ways to change the shape of your body for a total body workout. This sculpting class blends ballet, strength training, yoga and Pilates to create long & lean muscles to reshape your body. Light weights, small ball and small towel (bring own) will be used as props. No experience necessary. No Class 3/16. Instructor: Donna. Fee: \$61. 480-350-5200

46839 16 yrs+ W 1/6-3/30 6-7 p.m. PAC

Exercise; Booty Barre – burn 300 kcal!

An energetic workout that fuses fitness techniques from Pilates, dance, calisthenics and Yoga that will tone, define and chisel the whole body without adding bulk. Class promises to lift a sagging butt, eliminate cellulite and flatten your belly. The result is a body that looks and moves 10 years younger. Suitable for all fitness levels. Instructor: Sharla. Fee: 45. 480-350-5200

46992 16 yrs+ M 1/25-2/29 5:30-6:30 p.m. PSF

Exercise; Booty Barre Flex and Flow – burn 300 kcal!

The hottest new Barre class founded by celebrity trainer Tracy Mallet. It fuses Ballet, Pilates and Yoga for deep muscle toning and strength exercises using a 9-foot-long elastic band. Firm, sculpt and tone your entire body without adding bulk. Create balance, flexibility and endurance. Suitable for all fitness levels.

Instructor: Sharla. \$45. 480-350-5200

46994 16 yrs+ Th 1/28-3/3 4:30-5:30 p.m. PSF

Exercise; Interval Blast

Get stronger, fitter and healthier with this overall body workout. Interval Blast is a power workout that combines short, high-intensity bursts of cardio with periods of lower intensity core and strength-training intervals. Great way to ramp-up your typical cardio workout and burn more calories in a short amount of time.

All levels welcome. No Class 1/18, 2/15. Instructor: Joan; Fee: \$55. 480-350-5200

46832 16 yrs+ M 1/11-3/28 7-7:50 p.m. PAC

Exercise; Preserve the Curve

Core and strength exercises focus on “preserving the curve” in your spine through strength, endurance and flexibility routines. Great for anyone who has tightness in the hips, shoulders, lower back and legs. Stretches will help increase circulation and flexibility. Foam rollers and light weights are used. Instructor:

Carol Ann. Fee: \$59. 480-350-5200

46814 16 yrs+ Th 1/7-3/24 5:15-6:15 p.m. PAC

Exercise; Stroller Fit

Stroller Fit is a stroller-based fitness program designed for moms with little ones. Each 60-minute, total body workout incorporates power walking, stretching and body toning while enjoying the outdoors. Walk to fitness, weight loss and a healthy lifestyle. Class taught by certified personal trainer. Instructor: Joan:

Fee: \$39. 480-350-5200

46875 16 yrs+ Th 1/4-3/3 9-10 a.m. KRC

Exercise; Walk in the Park – burn 200 kcal!

Let's get walking. Join us for one hour of walking, stretching, strengthening and body toning using only the park, our own bodies and gravity. All levels welcome; modify to meet your level of ability. Walk to fitness, weight loss and a healthy lifestyle. Class taught by a certified personal fitness trainer.

Instructor: Joan. Fee: \$39. 480-350-5200

46843 16 yrs+ T 1/12-3/1 9-10 a.m. KRC Entrance

Health; Pfilates – Pelvic Floor Pilates

Learn the 10 simple movements developed by Dr. Bruce Crawford to strengthen all of the muscles of the pelvic floor in order to eliminate urinary incontinence and pelvic organ prolapse. Put an end to embarrassing and difficult situations.

Instructor certified; confidential environment. Instructor: Sharla. Fee: \$35.

480-350-5200

46995 16 yrs+ T 2/2-3/8 6:30-7 p.m. PSF

Functional Fitness Bootcamp

This class will incorporate conditioning, endurance, strength, coordination, balance, agility and flexibility. Results will be earned, not guaranteed. Fee: \$8.

480-350-5800

47406 18 yrs+ T/Th 1/5-1/28 6:30-7:30 p.m. ESCA

47407 18 yrs+ T/Th 2/9-3/3 6:30-7:30 p.m. ESCA

Register for Classes Online

www.tempe.gov/brochure

Holistic Health and Wellness Workshops

Holistic wellness is a comprehensive approach to nutrition & health that considers all aspects of a person's life. These workshops address a wide-array of subjects from ultimate relaxation to a healthier you. Join Holistic Health & Wellness certified coaches Parul Agrawal, Marci Cagen and Veronica Clark as they lead you on your journey towards holistic health & wellness. 480-350-5200

Aromatherapy for Yogis

Calling all yogis. Enhance your practice with essential oils; create yoga mat sprays, muscle balms and more. Dress comfortably and bring a yoga mat; a \$10 supply fee is due to the instructor. www.MarciCagen.com. Fee: \$15.

47548 18 yrs+ W 2/10 6-8 p.m. PAC

Green Cleaning with Essential Oils

Spring into some new ways to clean your home and office without using harsh chemicals. Gather several great recipes and create a multi-purpose cleanser to take-home. Supply Fee: \$5; due to instructor. www.MarciCagen.com. Fee: \$15.

47549 18 yrs+ W 3/16 6-8 p.m. PAC

Heal Yourself with Green Juices & Smoothies

Discover the power of green juices & smoothies to improve health, energy and mood. Unravel the mysteries of super drinks, a treat for your taste buds and nutritional gift to your body. Learn how to fit super drinks into your lifestyle. Includes take-home notes, recipes and juice samples. Materials Fee: \$3; due to instructor. www.prenatalnourish.com. Fee: \$15.

47009 All Ages Th 1/14 6:30-8:30 p.m. PAC

Holistic Detoxification

Achieve vibrant health through a systematic, holistic approach to total body detoxification. Learn the secrets to cleanse your body daily through Holistic Detoxification. Discover the best foods & products to perform a complete, healthy detox. Workshop includes take-home notes, recipes & a healing detox dish. Materials Fee: \$3; due to instructor. www.prenatalnourish.com. Fee: \$15.

47013 18 yrs+ Th 3/3 6:30-8:30 p.m. PAC

Love Yourself, Love Your Life

This interactive class is all about change. Learn how to directly-apply techniques of self-love and positive thinking to a wide-range of topics that affect us all on a daily basis. Workshop addresses health, fear, self-esteem, money and prosperity, relationships and career success. Bring a pen and notebook to workshop. www.MarciCagen.com. Fee: \$15.

46937 18 yrs+ M 2/8 6-8 p.m. PAC

Make Peace with Food through Intuitive Eating

Reject the diet mentality; rediscover joy and satisfaction in eating, and feed your feelings through the principles of Intuitive Eating. Learn how to nurture your body and reconnect with its innate signals of hunger, fullness and food preferences. Achieve your desired weight; don't fall prey to dieting. Materials Fee: \$3; due to instructor. www.prenatalnourish.com. Fee: \$15.

47597 18 yrs+ Sa 3/26 11 a.m.-1 p.m. PAC

Managing Stress Through Mindfulness and Meditation

Manage daily life stressors, pain and mild depression with meditation and mantras. Combat the negative effects that stress has on you physically, emotionally, mentally and spiritually by applying fun and insightful mindful activities. Offer stress-saving techniques to family and friends! Dress comfortably and bring a yoga mat or blanket. www.healthynutaz.com. Fee: \$32.

47599 18 yrs+ W 2/10-3/2 6-8 p.m. PAC

Relax & Renew; Meditation with Aromatherapy

Release stress, nurture the spirit and renew your understanding of self-care. Enjoy aromatherapy blends; calm the body and mind while allowing the nervous system to balance, refresh and revive. Receive a guided meditation to lift worry and fear. Dress comfortably and bring a blanket or yoga mat; \$5 supply fee due to instructor. www.MarciCagen.com. Fee: \$15.

46938 18 yrs+ M 3/14 6-8 p.m. PAC

Vegetarian/Vegan 101

Explore plant-based nutritional lifestyles and the benefits of whole foods. Be healthy with seasonal organic ingredients, whole grains, beans, vegetables, fruits, sea vegetables, tofu & tempeh. Create a process-free pasta in class & taste the delicious results. Includes take-home notes and recipes. Materials Fee: \$3; due to instructor. www.prenatalnourish.com. Fee: \$15.

47011 All Ages Th 2/11 6:30-8:30 p.m. PAC

Vision Boards; Follow Your Dreams in 2016

What do you want to create in 2016? Join Marci Cagen for a fun-filled and inspiring workshop designed to transform your dreams and visions into reality. www.MarciCagen.com. Fee: \$15.

46936 18 yrs+ M 1/11 6-8 p.m. PAC

Introduction to Personal Fitness

Create a personalized fitness plan at the Kiwanis Fitness Center. Enjoy 6 sessions with a certified fitness professional in a small group setting. Receive hands on instruction to help you properly utilize each piece of equipment for maximum mileage toward your goals. Fee: \$34. 480-350-5201

47290 16 yrs+ T/Th 1/12-1/28 9-10 a.m. KRC

47291 16 yrs+ T/Th 2/9-2/25 9-10 a.m. KRC

Martial Arts; Aikido

Please see page 15 for a complete description and class times.

*Class is offered for adults during the same time-frames as youth; participants are placed in age-appropriate groups.

Martial Arts; Goju Shorei Self Defense with Cane

Learn how to use a wooden cane as a legal and practical self-defense weapon. Students will learn basic strikes, blocks and footwork. Prior martial arts experience is recommended but not mandatory. Students may either purchase a cane (\$35) or borrow for use during class. Instructor: Aseem. Fee: \$58.

480-350-5200

46628 16 yrs+ Sa 1/9-3/26 9:20-10:20 a.m. CRC

Keep a Good Class Going! Register Early!

Activities for Adults (18+ Years)



Krav Maga

Derrek is a Level 6 certified Krav Maga Alliance Instructor and self-defense expert, holding the rank of 1st Degree Black Belt bringing over a decade of teaching experience to his classes. Krav Maga is an Israeli martial art that includes self-defense and dynamic fitness techniques. Derrek has travelled the world to teach Krav Maga and is now bringing it to Tempe.

www.eastvalleykravmaga.com

New! Krav Maga - Free Introduction Workshop

Not sure what Krav Maga is all about? Join Derrek for an entertaining and engaging free 1 hour presentation as he explains what one can expect if they sign up for one of his classes. Come check out live demo's put on by instructors. Casual environment and questions encouraged. Registration is not required.

Fee: None. 480-350-5200

No Code	18 yrs+	Sa	1/2	9:30-10:30 a.m.	KRC
No Code	18 yrs+	Sa	2/6	9:30-10:30 a.m.	PAC

New! Krav Maga - Intro Basic Self-Defense

Learn self-defense & get in amazing shape. Krav Maga is an action packed street & combat fighting system that will prevent you from being victimized while at the same time will get you physically fit. Class consists of warm-ups, basic punching & kicking drills with a partner & learning effective disarming techniques. Wear workout attire & athletic shoes. Fee: \$50 480-350-5200

47728	18 yrs+	M/W	1/4-1/27	6:30-7:30 a.m.	EVKM
47737	18 yrs+	M/W	2/1-2/24	6:30-7:30 a.m.	EVKM
47738	18 yrs+	M/W	3/7-3/30	6:30-7:30 a.m.	EVKM

New! Kickboxing Fitness

Kickboxing is a great high-impact total body workout that improves balance, flexibility, coordination and endurance. A warm-up followed by a rigorous kickboxing session that includes jabs, hooks, uppercuts, punches and kicks designed to get you to a leaner body and a healthier state of mind. Boxing gloves required; can purchase from instructor for \$35. Fee: \$50 480-350-5200

47741	18 yrs+	M/W	1/4-1/27	7:30-8 p.m.	EVKM
47742	18 yrs+	M/W	2/1-2/24	7:30-8 p.m.	EVKM
47743	18 yrs+	M/W	3/7-3/30	7:30-8 p.m.	EVKM

Martial Arts; Jujutsu

Learn traditional self-defense techniques such as joint locks, throws, chokes, strikes, blocks, ground fighting, pins and pressure point attacks as practiced by the Doshin (Samurai policeman). Ongoing classes taught by licensed instructors of the Otake Han Doshin Ryu system of Jujutsu. All levels welcome; no prior martial arts training required. Fee: \$50. 480-350-5200

46621	16 yrs+	T/Th	1/5-1/28	7:45-9 p.m.	CRC
46622	16 yrs+	T/Th	2/2-2/25	7:45-9 p.m.	CRC
46623	16 yrs+	T/Th	3/1-3/31	7:45-9 p.m.	CRC

Martial Arts; Karate

Join this Kenpo Karate martial arts class for beginning and intermediate students. Classes begin with a light warm-up and stretch followed by basic kick-punch-block drills. Self-defense techniques are taught, as well as forms (katas) and light sparring (optional). Comfortable clothing is recommended. Instructor: Aseem.

Fee: \$62. 480-350-5200

46631	12 yrs+	Th	1/7-3/24	7-8:25 p.m.	NCC
46630	12 yrs+	Sa	1/9-3/26	10:35 a.m.-noon	CRC

Martial Arts; Karate Lim Kenpo

Strengthen family values in this results-oriented Karate class designed for the whole family. Students will learn self-defense, respect and manners, increased self-confidence and focus. Ongoing, monthly program. Uniform Fee: \$55 (includes Lim's 3 patches). For more info contact Patrice Lim at 602-525-8472, www.limkenpo.net. *No Class 3/15, 3/17. **No Class 3/16, 3/18. Fee: \$50.

480-350-5200

46600	13 yrs+	T/Th	1/5-1/28	6-7:30 p.m.	KRC
46601	13 yrs+	T/Th	2/2-2/25	6-7:30 p.m.	KRC
46602	13 yrs+	T/Th	3/1-3/31*	6-7:30 p.m.	KRC
46603	13 yrs+	W/F	1/6-1/29	6:30-7:30 p.m.	CRC
46604	13 yrs+	W/F	2/3-2/26	6:30-7:30 p.m.	CRC
46605	13 yrs+	W/F	3/2-3/30**	6:30-7:30 p.m.	CRC

New! Martial Arts; Intro to Kung Fu

Unify your mind & body through "I Liq Chuan"-style Chinese Kung Fu, a fluid martial art based on Zen & Tai Chi. Learn how to flow with your opponent & overcome them with positioning rather than with brute strength. Develop communication, awareness & self-defense skills via solo & partner drills. Improve mental focus & balance. www.fallingleaveskungfu.com. Fee: \$50. 480-350-5200

47175	16 yrs+	T/Th	1/5-1/28	6-7 p.m.	CRC
47176	16 yrs+	T/Th	2/2-2/25	6-7 p.m.	CRC
47177	16 yrs+	T/Th	3/1-3/31	6-7 p.m.	CRC

Martial Arts; Tai Chi-Beginning & Level I

Tai Chi has been likened to moving meditation. Experience relaxation and rejuvenation as you exercise in slow, gentle movements. This introductory class in the Guang Ping Yang style of Tai Chi will help you gain balance and flexibility, while improving breathing and posture. Instructor: Peggi. Fee: \$46.

No Class 3/19. 480-350-5200

46626	16 yrs+	Sa	1/16-3/26	8-9 a.m.	CRC
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Martial Arts; Wing Chun Self-Defense

Learn the ancient Chinese martial art of Wing Chun that emphasizes the principals of physics and natural body mechanics to defend against close-range attacks by larger or stronger opponents. Students will learn Chi-Sau to develop power, positioning and hand techniques to defeat attackers using their size and strength. Instructor: Norm. Fee: \$55. 480-350-5200

46634	16 yrs+	Su	1/10-3/20	9-10:30 a.m.	CRC
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Pilates: Intro

Pilates is a system of controlled exercises that engage the mind and condition the total body. Start with the fundamentals of the mat work and learn the basic series of exercises upon which the entire Pilates method is built. Learn proper posture, breathing and technique. No Class 1/18, 2/15, 3/14. Instructor: Pippa. Fee: \$49. 480-350-5200.

46826	16 yrs+	M	1/11-3/28	5:30-6:30 p.m.	KRC
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Pilates & Stretch

Join us for this multi-level class that combines Pilates exercises with effective stretching techniques to increase strength and flexibility for your entire body. Major areas of focus are the core, stability work, coordination, breathing and relaxation. No experience necessary. All levels welcome.

No Class 1/18, 2/15, 3/14. Instructor: Pippa. Fee: \$54. 480-350-5200

46828	16 yrs+	M	1/11-3/28	6:30-7:30 p.m.	KRC
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Weekend Yoga is Here!

Missed your workout for the week? Don't fret; there is still time to fit it in. Treat yourself to a morning or afternoon of rejuvenation and relaxation by attending a Yoga class. Sign-up for the entire 8-12 week class or Pay-As-You-Go for \$7 per class; whatever works for you! If you drop-in, please arrive 10 minutes early to register at the front counter and show your receipt to the instructor to validate payment.

Good Morning Stretch and Relaxation (All Levels)

Ease into your day softly with this gentle-flowing sequence. Stretch all the major muscle groups with sun salutes incorporating lunges, balance poses, squats and a side bend. The emphasis throughout is on breath-led movement. You'll feel energized, have amazing mental clarity and will be ready to flow through your day with ease. Instructor: Carol Ann. Fee: \$49. 480-350-5200
47103 18 yrs+ Sa 1/16-3/19 8-9 a.m. KRC

Yoga; Healthy Backs (All Levels)

Healthy Backs Yoga is a therapeutic class designed for participants with chronic neck and back pain. Focus on balancing strength and flexibility in the upper back, shoulder blades, neck and lower back. Practice is slow, gentle and suited for all skill levels. No experience necessary. Participants must bring yoga mat. Instructor: Kate. Fee: \$55. 480-350-5200
46820 16 yrs+ Sa 1/16-3/19 9:15-10:30 a.m. KRC

Yoga; Yin & Restorative (All Levels)

Practice this gentle, graceful, meditative Yin yoga designed to alleviate stress and tension in the connective tissue of the hips, pelvis and spine. Transition to nurturing, restorative poses that bring balance to the nervous system and allow for deep rest. Experience balance and healing in a setting where you can relax and let go. Bring your own mat. No Class 2/7. Instructor: Laurie. Fee: \$42. 480-350-5200
47099 16 yrs+ Su 1/17-3/13 9:15-10:30 a.m. KRC

Yoga; Introduction

Designed specifically for those who are new to yoga or are interested in learning the fundamentals and philosophy of a yoga practice. Focus will be on integrating the breath with body movement and maintaining proper physical alignment. You will leave class feeling stretched, open and rejuvenated. Participants must bring yoga mat. Instructor: Diane. Fee: \$49. 480-350-5200
46880 16 yrs+ W 1/13-3/16 6-7 p.m. KRC

Yoga; Healthy Backs

Healthy Backs Yoga is a therapeutic class designed for participants with chronic neck and back pain. Focus on balancing strength and flexibility in the upper back, shoulder blades, neck and lower back. Practice is slow, gentle and suited for all skill levels. No experience necessary. Participants must bring yoga mat. Instructor: Tammy. Fee: \$55. 480-350-5200
46821 16 yrs+ W 1/13-3/23 7:10-8:25 p.m. PAC

Yoga; Joy of Stretch

Yoga-based stretch class with guided meditation. An hour of movement that will leave you feeling relaxed and energized. Increase your range of motion, improve posture and ability to perform and enjoy activities of daily living. All levels welcome. www.eighthlimb.com. Instructor: Tammy. Fee: \$59. 480-350-5200
46841 16 yrs+ T 1/12-2/29 7:10-8:25 p.m. PAC

Yoga; Level 1 & 2

Prerequisite: Intro to Yoga recommended, but not required. Elevate your body and mind connection as you refine and build-upon the basic postures from Hatha Yoga. This class will assist you with learning the skills you need to take your yoga practice to a deeper level. Participants must bring yoga mat. Instructor: Caroline. Fee: \$75. 480-350-5200
46867 16 yrs+ T 1/5-3/29 7:30-8:45 p.m. MUS

Yoga; Nightcap Nidra

Yoga Nidra induces complete physical, mental and emotional relaxation. Practice consists of breathing exercises and guided meditation while reclining in a restorative position. Release 3 kinds of tension-muscular, emotional and mental. Experience meditative state said to be 5 times more restorative than sleep & you won't need a nightcap. www.eighthlimb.com Instructor: Tammy. 480-350-5200
47720 16 yrs+ M 1/11-3/28 8:00-8:45 p.m. \$37 PAC
46834 16 yrs+ Th 1/14-3/24 7:45-8:45 p.m. \$55 PAC

Yoga; Parent & Toddler

Please see page 10 for a complete description and class times.

Yoga; Parent & Preschooler

Please see page 10 for a complete description and class times.

Yoga; Restorative with Guided Meditation

Restorative Yoga is a soothing, gentle class where both restorative and yin poses are utilized to remove deep-seated tension. Class culminates in the profound meditative experience of yoga nidra; a method of restful and effortless guided relaxation. Participants will leave class feeling calm and refreshed. Participants must bring Yoga mat. Instructor: Caroline. Fee: \$75. 480-350-5200
46862 16 yrs+ M 1/4-3/28 7:30-8:45 p.m. MUS

Yoga; Slow Flow

This all-levels flow practice mindfully builds strength & flexibility, improves posture and concentration. Breath, mindful movement and posture alignment are integrated. Move in and out of poses in a slow, breath-centric rhythm, using focused transitions. Get a total-body workout at a slow flow pace. Bring your own yoga mat. Instructor: Caroline. Fee: \$75. 480-350-5200
46860 16 yrs+ M 1/4-3/28 6-7:30 p.m. MUS

Yoga; Slow & Gentle Flow

Perfect for beginners and those wanting a slow, meditative and gentle yoga class. Increase flexibility, joint mobility and agility. Incorporate breathing exercises along with visualization techniques for stress reduction. Poses are modified and may be done with props. Participants must bring yoga mat. No Class 2/15. Instructor: Linda. Fee: \$46. 480-350-5200
46824 16 yrs+ M 1/25-3/28 10:30 a.m.-noon KRC

Yoga; Stretch and Relaxation

A total-body, mat-based, stretching class with guided meditation. Stretch your body from head-to-toe using a variety of safe exercises. Increase your range of motion and flexibility, reduce back pain and improve posture. Positively transform the way your body looks, feels and performs. All levels welcome. Instructor: Diane. Fee: \$49. Bring a yoga mat to class. 480-350-5200
46882 16 yrs+ W 1/13-3/16 7:15-8:15 p.m. KRC

Yoga; Therapeutic

Learn to move with grace and ease while using basic breathing exercises and simple yoga poses to help relax your head, neck, shoulders and back. This class will flow at a slower pace and students of all experiences and backgrounds are welcome to attend. Participants must bring own yoga mat. *No Class 1/18, 2/15. Instructor: Kim. 480-350-5200
46803 16 yrs+ M 1/4-3/28* 4:45-5:50 p.m. \$55 PAC
46802 16 yrs+ W 1/6-3/23 6:15-7:15 p.m. \$59 NCC

Activities for Adults (18+ Years)

Yoga; Tone and Core

A perfect way to refine your body from the inside-out. Emphasis will be on strengthening the body from the deep center by using a variety of yoga postures as a guide. Target and challenge the muscles of the back, abdominals, hips and glutes. Participants must bring own yoga mat. Instructor: Caroline. Fee: \$75. 480-350-5200

46864 16 yrs+ T 1/5-3/29 6-7:30 p.m. MUS

New Yoga; Valentine Workshop

Forget flowers & cards; join us for this one-time yoga session & give your partner something they will truly enjoy; your time & attention. Share a playful afternoon learning partner-assisted yoga poses. Strengthen your relationship, body & mind. It's not how perfectly you execute a pose; it's how much you enjoy it. Bring a partner. No experience necessary. Instructor: Carol Ann. Fee: \$22 per couple. 480-350-5200

47104 18 yrs+ Su 2/14 1-3 p.m. KRC

Yoga; Yin and Meditation

Yin Yoga is a soothing and relaxing form of yoga which allows participants to move deeply into various postures and hold the poses for a longer period of time. End with 20 minutes of Nidra meditation. Students will be coached on how to meditate properly and comfortably. Participants must bring yoga mat. www.eighthlimb.com. Instructor: Tammy. \$57. 480-350-5200

46844 16 yrs+ F 1/15-3/25 5:45-7 p.m. KRC

Yoga; Yoga with Weights

The perfect combination of flexibility and strength-training. Class combines yoga moves and strength exercises using 1 to 2-lb handheld and ankle weights to strengthen the core of the body. Good posture and alignment are emphasized; use of weights optional. All levels welcome. Class ends with a brief relaxation. Instructor: Kim. Fee: \$55. 480-350-5200

46818 18 yrs+ T 1/12-3/22 6:15-7:15 p.m. NCC

Yogilates

Yogilates combines Yoga and Pilates practices offering the best of both worlds. Exercises will cultivate proper breath use, strength, stamina, stability and flexibility while also emphasizing the deep muscles of the core. No experience necessary. Class taught by certified Yoga/Pilates instructor. Bring own mat. No Instructor: Diane. Fee: \$49. 480-350-5200

46818 18 yrs+ T 1/12-3/22 6-7 p.m. NCC



Drop-In Fitness Classes

Are you too busy to make a 4 to 12-week fitness commitment? How about fitness when you want it? Introducing a convenient payment method: Pay-As-You-Go classes. Now you have the choice to make a commitment to register for a full session of classes, or commit to participate only when you have the time. If you choose to Pay-As-You-Go, please arrive 10 minutes early to register for your class. You will need to show your receipt to the instructor in order to validate payment of class.

Building Better Bones with Pippa Frame

Stop bone loss and restore bone mass. Pilates-based exercises to strengthen muscles, increase flexibility and improve balance. Focus on reversal of bone loss, injury prevention and functional fitness to help avoid falls, alleviate pain and maintain independence. Pay-As-You-Go for \$7 per class. No Class 1/13, 3/16. Fee: \$59. 480-350-5200

46830 16 yrs+ W 1/6-3/30 9:30-10:30 a.m. KRC

Exercise; Zumba Fitness Express - burn 300 kcal!

Zumba is a high-energy cardio workout that incorporates unique moves with sizzling Latin dance music. Zumba maximizes caloric output with fat-burning movements and easy-to-follow dance steps. All levels welcome.

Pay-As-You-Go for \$4 per class. *No Class 1/18, 2/15. 480-350-5200

46808	16 yrs+	M	1/4-3/28*	6-6:50 p.m.	Denise	\$43	PAC
46809	16 yrs+	Th	1/7-3/24	6:30-7:30 p.m.	Theresa	\$47	PAC
46810	16 yrs+	Sa	1/9-3/26	9:15-10:15 a.m.	Denise	\$46	PAC

Special Interest

Basic Beading

What's the secret to beading? It's easier than you think. Learn the basics of beading; debunk the mysteries of the bead aisles. Learn how to choose beads, tools and proper stringing material for your designs. Explore pattern layout, crimping technique and use of crimp covers. For a list of materials, visit: www.tempe.gov/classmaterials. Instructor: Kathleen. Fee: \$25. 480-350-5200

47588 15 yrs+ Th 3/3-3/10 6-8:30 p.m. PAC



Camping 101

Planning your next 'staycation'? Try outdoor camping. Class is perfect for families and teaches the basics of outdoor camping. Learn how to set-up a functional camp site; determine where to pitch your tent, where to use the restroom, how to store your supplies and how to properly dispose of trash. Bring your tent to class; we'll teach you how to set it up. Fee: \$10. 480-350-5200

47771 All Ages Sa 1/23 1-2:30 p.m. PAC

Chinese Conversation and Culture

This mixed level Chinese conversation group is open to anyone with or without a prior knowledge of Chinese. Each session will focus on a conversational topic and will involve vocabulary, grammar and conversation. You are welcome to bring your questions about Chinese food, Chinese culture, traveling in China or doing business in China. No registration required. Fee: None. 480-350-5500

No Code	13 yrs+	T	12/1	6:30-7:30 p.m.	LMRB
No Code	13 yrs+	T	12/15	6:30-7:30 p.m.	LMRB
No Code	13 yrs+	T	1/12	6:30-7:30 p.m.	LMRA
No Code	13 yrs+	T	1/26	6:30-7:30 p.m.	LMRB
No Code	13 yrs+	T	2/9	6:30-7:30 p.m.	LMRB
No Code	13 yrs+	T	2/23	6:30-7:30 p.m.	LMRB

Activities for Adults (18+ Years)

ESL Table Talk

Do you want to improve your English? We meet once a week to learn and improve common vocabulary, phrasing and discuss American culture. Basic English reading, writing, and speaking skills are required. Fee: None.
480-350-5500

47310 18 yrs+ M 1/25-2/29 2-3 p.m. LMRB



Gardening with Master Gardener Doreen Pollack

Master Gardener Doreen Pollack is a Permaculture Designer who specializes in educating fellow horticulturists on how to reduce the use and dependency of outside resources in landscape. Her low-water and low-human energy use designs are both creative and natural. Whether you are thinking

about starting your first garden, or you've been gardening for years, these classes are for you. Join Doreen for all or part of the interactive workshops below. Fee: \$15 per workshop. 480-350-5200

Composting 101

Composting can be extraordinarily beneficial if you know where to start. Turn your organic waste into gardening gold. Learn simple ways to compost using everyday food scraps. Workshop topics include compost basics such as how to build a bin, compostable material, storage location and how to create rich garden soil. Fee: \$15.

46942 15 yrs+ Sa 3/5 10-11:30 a.m. PAC

Water-Wise Landscapes

Add shade and beauty to your desert property with low-water plants, trees and shrubs. Learn how to select the right plant for the right place, and how to water appropriately for all seasons. Workshop includes take-home material specific to plant selection and watering. Become a water-wise homeowner and save a few bucks along the way! Fee: \$15.

46941 15 yrs+ Sa 2/6 10-11:30 a.m. PAC

Intro to Hiking

Learn the basics of safe hiking. Join the City of Tempe for an instructor-guided hike at South Mountain Park in Phoenix; participants under 17 must be accompanied by an adult. Class is great for all ages and abilities, and addresses proper clothing, footwear, water, day packs, sun protection and more. Gain knowledge and confidence of hiking in Arizona. Fee: \$25. 480-350-5200

47772 All Ages Sa 2/13 1-2:30 p.m. PAC
Su 2/20 7-9 a.m. South Mountain Park

Library ComiCon: 2nd Annual Fandom Gathering

Fans of comics and cosplay are invited to gather at the Tempe Public Library for the 2nd annual Library ComiCon. Come see local graphic artists & authors, and checkout the many different cosplay groups from around the valley. This free family event will feature a costume contest, prizes and giveaways, and activities for children of all ages. Fee: None. 480-350-5500

No Code All Ages Sa 1/23 11 a.m.-3 p.m. Throughout Library

Of Dogma and Desire: Saying What You Believe about the First Amendment

Robert J. McWhirter is an internationally known speaker/author on trial advocacy, immigration law and the bill of rights. He is a Certified Specialist in Criminal Law with the State Bar of Arizona and first chair qualified to defend capital cases by the Arizona Supreme Court. His book "Quills, Bills and Stills." will be available for signing and purchase. Fee: None. 480-350-5500

47791 18 yrs+ W 1/27 6-8 p.m. LMRA

Pets; Basic Dog Obedience (6 mos+)

Teach your dog to sit, stay, lay down, come when called, walk on a leash and more! Socialize, learn pack leadership skills and play structured games with prizes. No dogs week one; first class includes paperwork, vaccination verification and Q and As. Training by Perfect Pooch, www.perfectpooch.com. Instructor Fee: \$80; due at first class. Registration Fee: \$25. 480-350-5200

47562 16 yrs+ T 2/16-3/22 7:30-8:30 p.m. TSC
47563 16 yrs+ F 1/29-3/4 7:30-8:30 p.m. PDP

Pets; Save-A-Pet

Taught by local veterinarians, this class covers areas such as first aid for pet injuries, poisoning and CPR. Pet care tips and health information are also included, as well as hands-on CPR training with the Resuscidog. An informative booklet is included. Fee: \$15. 480-350-5200

46790 15 yrs+ T 2/16 6:30-8:30 p.m. UNIV

Photography; DSLR Basics

Review camera operation and settings, memory cards, care and cleaning. Learn about types of photography, shutter speed, exposure, composition, lighting, focal point and depth of field. Classes will conclude with a student photo-sharing opportunity; bring DSLR camera and manual to class. Taught by David Miller, professional photographer. Fee: \$45. 480-350-5200

46886 15 yrs+ Th 1/7-2/4 6-8 p.m. PAC



A Sewing machine is required for all of the Sewing classes listed below. All students must bring the appropriate materials to the first class. To view a complete list of class materials, as well as a list of supply vendors, visit www.tempe.gov/classmaterials.

Sewing; Sewing 101-Beginner

Learn to hand-sew and use your sewing machine. You will be introduced to three basic hand-sewing stitches and machine techniques while creating custom projects. Bring basic sewing supplies and a sewing machine. Taught by a professional seamstress. Instructor: Kathleen. For a list of class materials, visit www.tempe.gov/classmaterials. No Class 2/15. Fee: \$45. 480-350-5200

47583 15 yrs+ M 1/25-2/29 6-8:30 p.m. PAC

Sewing; Mommy and Me

Please see page 16 for a complete description.

Sewing; Open Studio

A self-paced class for those who are looking to complete an existing project or may need guidance beginning a new project. Studio class is open to all sewing students with a working knowledge of basic skills and techniques. An experienced instructor will be available to help with your projects; bring your patterns and materials to class. Instructor: Kathleen. Fee: \$39. 480-350-5200

47586 15 yrs+ Sa 3/5-3/12 9 a.m.-noon PAC

Activities for Adults (18+ Years)

All Spanish students must bring the appropriate required book to the first class. To view a complete list of class materials, as well as a list of supply vendors, visit www.tempe.gov/classmaterials.

Passport to Spanish

iBienvenido! Join us for a casual, interactive introduction to Spanish. Learn the basics of reading, speaking and writing in Spanish. Prepare for travels as you build your vocabulary through pronunciation, reading and elements of a sentence. Required Book: "Easy Spanish Step-By-Step," by Barbara Bregstein. ISBN-13: 978-0071463386. Fee: \$45. 480-350-5200

46774 15 yrs+ W 1/20-3/9 5:15-6:30 p.m. PAC

Conversational Spanish

Challenge yourself to build-upon the fundamentals learned in Passport to Spanish with in-depth, every day, informal conversation. Move beyond the basics to explore verb conjugation and tenses, vocabulary, and improve your reading and speaking skills. Required Book: "Advanced Spanish Step-By-Step," by Barbara Bregstein. ISBN-13: 978-0071768733. Fee: \$45. 480-350-5200

46775 15 yrs+ W 1/20-3/9 6:45-8 p.m. PAC



809 E. Southern Avenue
480-350-5100

MOVIES at the MUSEUM

Sunday, 12/13; 4 p.m.

Polar Express

A young boy embarks on a magical adventure to the North Pole on the Polar Express. During his adventure he learns about friendship, bravery and the spirit of Christmas. Bring your jammies and we'll provide the hot chocolate. Free, fun and family friendly.

Danish Christmas at the Petersen House

Weekends throughout December

Saturday: 12/5, 12/12 and 12/19; 10 a.m.-3 p.m.

Sunday: 12/6, 12/13 and 12/20; 1-4 p.m.

Experience a Tempe Christmas tradition by visiting the Petersen House Museum this holiday season. Celebrating turn-of-the-century style with a Danish flair in honor of Niels Petersen, the house will be festively decorated and personal tours will be given to visitors. Enjoy refreshments on the porch and create memories with your family during Tempe's Danish Christmas at the Petersen House, 1414 W. Southern Ave.

Tempe Historical Society Lunch Talks

Wednesday, 1/13; 11:30 a.m.

Following in Legendary Footsteps

Dr. Christine Kajikawa Wilkinson

ASU's Christine Kajikawa Wilkinson, one of the nation's first senior vice presidents of a major university, grew up in Tempe. Her talk will be about following in the footsteps of her parents. Bill Kajikawa was a 40-year sports legend as a multi-sports coach at ASU. Marge Kajikawa was an officer of First National Bank. Admission is free, with coffee and light refreshments.

THIRD THURSDAY at the MUSEUM

Thursday, 1/21; 7 p.m.

An Evening with John Bueker and Steve Hoza – Legend City Meets Wallace and Ladmo

This show features a fond look back at the one and only Legend City, the long-lost Arizona theme park. Also relive the days of Wallace and Ladmo stage shows with films, personal reminiscences and chances to win Ladmo Bags and other great prizes. Join us for dessert, coffee and an event that is part artist portrait, part history lesson, part community forum and part creative event. Open to the public; donations welcome.

Special Presentation

Wednesday, 1/27; 7 p.m.

Tempe as cultural crossroads: Indigenous, European and African Civilizations in the American Southwest during the Age of Empire

Dr. Sharonah Fredrick, Assistant Director

Ms. Kendra Bruning, Outreach Coordinator

From the Arizona Center for Medieval and Renaissance Studies at ASU

Tempe's rich and largely unexplored historical past of the 15th-18th centuries comes to life in this presentation, which illustrates the shifting cultures, allegiances, heroism and betrayals of peoples and individuals at the fringes of the Spanish Empire. The area's importance as a site of dynamic Native, European and African contact and conflict is brought to life through stories and visuals. We will examine Renaissance-era Arizona, and the lives of those who were not conquerors and kings. The Southwest comes to life in the context of the Conquest of the New World, resistance, colonialism and the formation of new identities, all of which influence the present.

PERFORMANCES at the MUSEUM

Friday, 1/29; 7 p.m.

CAFE Flutes

CAFE (Central Arizona Flute Ensemble) is a seven-member flute choir that specializes in performances for audiences of all types. They play instruments that range from the traditional piccolo to the distinctive 10-foot long contrabass flute. CAFE musicians produce a spectrum of styles and textures that surprise and enthrall audiences. Their focus is on delivering superb performances, tailoring programs for specific audiences and to engage, educate and entertain their listeners. Admission is free and fun for the whole family!

Tempe Historical Society Lunch Talks

Wednesday, 2/10; 11:30 a.m.

Fired Up About Firefighting

Cliff Jones

After hanging around fire stations with a couple of Tempe Volunteer Firefighters, Cliff Jones was officially hired by the Tempe Fire Department in 1971. In 1988, he became the Fire Chief – a position he held for 22 years. Cliff will speak about his many years as a Tempe firefighter. Admission is free, with coffee and light refreshments.

**Check out
upcoming events!**
www.tempe.gov/familyfun

Is Fido bored? Take him to a Tempe Dog Park.

Papago Park

Curry Rd. & College Ave.

Creamery Park

8th St. & Una Ave.

Jaycee Park

5th St. & Hardy Dr.

Mitchell Park

9th St. & Mitchell Dr.

Tempe Sports Complex

Carver Rd. & Hardy Dr.

To view information about Basic Dog Obedience classes, see the Activities for Adults (18+ Years) Special Interest classes.



Sports

Adult Sports Leagues

Organizational Meetings

Adult Softball	1/5	7 p.m. PAC	Begins February 16
		(New Teams Only)	
Adult Soccer	1/6	7 p.m. PAC	Begins January 25
Adult Flag Football	1/5	7 p.m. PAC	Begins January 26

Registration Dates

Adult Basketball	12/2	8 a.m. LIB	Begins January 4
Adult Softball	1/11	8 a.m. LIB	Begins February 16
Adult Soccer	1/13	8 a.m. LIB	Begins January 25
Adult Flag Football	1/13	8 a.m. LIB	Begins January 26

Archery; Archery 101

Please see page 16 for complete description.

Basketball; Adult Open Gym Basketball

Come play indoors. Court will be available for open play. A registration form is required to be filled out on the first visit. Fee: \$1. 480-350-5800

No Code	18 yrs+	T	Ongoing	6:30-9 p.m.	ESCA
No Code	18 yrs+	Th	Ongoing	7:30-9 p.m.	ESCA
No Code	18 yrs+	Su	Ongoing	3:30-6 p.m.	ESCA

Basketball; Women's League

Registration for the team league starts on 2/8 in person at Escalante Community Center. Registration will continue until the league is full. The league begins the week of 3/21. Team Fee: \$300. For more information contact Alex Jovanovic at 480-350-5800

Organizational Meeting	2/3	7 p.m.	ESCA
Registration Date	2/8	8 a.m.	ESCA

Golf; Golf 101 - Beginner

Have you always wanted to learn how to play golf but have never made the time? Come learn the fundamentals of golf from a PGA professional. Students will learn the rules, proper etiquette of golf, stance, grip and swing technique. Participants are encouraged to bring their own clubs; clubs may also be borrowed from the instructor. Fee: \$50. 480-350-5200

47564	18 yrs+	Su	1/3-1/24	9-10 a.m.	KMGC
47565	18 yrs+	M	2/1-2/22	2-3 p.m.	KMGC
47566	18 yrs+	Th	3/3-3/24	4-5 p.m.	RHGC

Golf; Golf 102 - Intermediate

This class is designed for those who have already taken Golf 101, or need to dust-off their clubs and get back in the game. Class is taught by a PGA professional who will help you gain a better understanding of equipment, how to perfect your golf swing, as well as on-course management. Students are encouraged to bring their own clubs. Fee: \$50. 480-350-5200

47570	18 yrs+	T	1/5-1/26	2-3 p.m.	KMGC
47571	18 yrs+	Th	2/4-2/25	4-5 p.m.	RHGC
47572	18 yrs+	Th	3/3-3/24	2-3 p.m.	RHGC

Rock-Climbing; Rock-Climbing and Rappelling

Basic instruction of the fundamentals and techniques of rock-climbing, as well as knot-tying and methods of belaying. Class participants need to arrive 15 minutes prior to the start of class to be fitted for shoes and to complete a waiver form. Fee: \$48. 480-350-5200

46782	16 yrs+	W	1/20-2/3	6:30-9:30 p.m.	ROC
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Volleyball; Drop-in

The Kiwanis Recreation Center offers coed drop-in volleyball for ages 16 yrs+. Teams are formed on-site; learn rules at sign-up. No drop-in volleyball on 3/27. Fee: \$4. 480-350-5201.

16 yrs+	Su	1/10-3/20	11 a.m.-2:30 p.m.	KRC
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Volleyball; League Information

www.tempe.gov/kiwanis

League Registration Dates

Resident Teams:	12/1-1/4
Non-Residents Teams:	12/4-1/4
League Dates (T/W):	1/12-2/24
Tournament Dates:	3/1-3/9

Women's A: 47281

Co-Rec B: 47279

Cost:

Advance Registration: \$310/team 12/1-12/15

Regular Registration: \$325/team 12/16-1/4

No individual registration will be taken. For more information, Carrie Reither, carrie_reither@tempe.gov

Volleyball; Open Gym

Bring your friends for a fun afternoon of indoor volleyball. All levels of play are usually represented from beginner to advanced. A registration form is required to be filled out on the first visit. Fee: \$1. 480-350-5800

No Code	16 yrs+	T/Th	Ongoing	7:30-9 p.m.	ESCA
No Code	16 yrs+	Su	Ongoing	1-4 p.m.	ESCA

Activities for Adults (50+ Years)

Registration begins December 7; classes begin January 4 unless noted otherwise within class descriptions.

No classes January 18 or February 15. To view a list of class location abbreviations, see page 2.

The activities and classes below are designed specifically for Adults (50+ Years). Additional offerings for adults may be viewed in the Adults (18+ Years) section.

Cahill Senior Center

715 West 5th Street

480-858-2420

www.tempe.gov/cahillseniorcenter

The Dennis J. Cahill Senior Center offers a fully-equipped fitness room, computers with Internet access, luncheons, classes, movies and special events for adults ages 50+.

Facility Hours:

Monday – Friday 8:30 a.m.-2:30 p.m.

Facility Closures: Dec. 25, Jan. 1 & 18, Feb. 15

Weekly Activities

\$1 Appetizers	Monday	noon
BINGO*	Monday	1 p.m.
New Release Movie	Tuesday	11 a.m.
\$3 Lunch before Bingo	Friday	11:30 a.m.
BINGO*	Friday	1 p.m.

*Card sales begin at 12:30 p.m.

No Bingo: Jan. 18, Feb. 15

Please refer to the Roadrunner Chronicle newsletter, or call 480-858-2420 for more information. Join the RTA (Retirees of Tempe Advisory Group) for event discounts.

Escalante Senior Center

2150 East Orange Street

480-350-5870

www.tempe.gov/escalante

The Escalante Senior Center is operated by Tempe Community Action Agency (TCAA) with programming every Tuesday through Friday for adults 60+. The AmeriCorps Health & Wellness program features an exercise class with weights, balls, and bands on Tuesdays. Tai Chi classes are held on Thursdays. Monthly health related programs are presented by certificated health providers. Cooking Demos featuring nutritious, easy to prepare recipes are presented on the 1st and 3rd Wednesdays of each month. Other activities include the daily catered LUNCH PROGRAM, crafts, Readers Theater, Running Club, Garden Club, Field Trips, movies, Tuesday and Thursday BINGO and seasonal celebrations. For more information, stop by the center or call 480-350-5872 or 480-350-5871.

Facility Hours

Tuesday-Friday 8 a.m.-3 p.m.

Facility Closures: Dec. 25, Jan. 1 & 18, Feb. 15, March 27

Weekly Activities:

AmeriCorps Exercise Class	Tuesday/Thursday	10:30 a.m.
Bingo	Tuesday/Thursday	12:45 p.m.
Walking Club	Wednesday	9 a.m.
Cooking Demos	1st & 3rd Wednesday	10:45 a.m.
Garden Club	2nd & 4th Wednesday	10:45 a.m.
Readers Theater	Wednesday	1 p.m.
Yoga	Thursday	10:30 a.m.
Tai Chi	Friday	Call for Time

Special Events for Fall

Second Session of "Super Noggin"	Call for information.
Valentine's Day Party	February 12
St. Patrick's Day Party	March 16

North Tempe Senior Center

1555 North Bridalwreath Street

480-858-6510

www.tempe.gov/northtempe

The North Tempe Senior Center is operated by the Tempe Community Action Agency (TCAA). The Center offers billiards, books, magazines, television, playing cards and a collection of board games. Programming includes luncheons, presentations, classes, special events and Bingo. The North Tempe Multi-Generational Center is home to TCAA's Home Delivered Meal (HDM) program that serves meals to home-bound elderly and disabled individuals in Tempe and South Scottsdale. Participants can be referred to us by the SENIOR HELP LINE@602-264-4357. TCAA also offers a private pay option for home-delivered meals. The meals are delivered Monday-Friday between 9:30 a.m. and 12:30 p.m. If you would like more information for this program please call our front desk at 480-858-6510 or visit TCAA's website: www.tempeaction.org

Facility Hours:

Monday-Friday, 8 a.m.-3 p.m.

Facility Closures: Dec. 25, Jan. 1 & 18, Feb. 15

Weekly Activities

Silver Sneakers	Monday/Wednesday/Friday	9:30 a.m.
TCAA Congregate Lunch	Monday/Wednesday/Friday	11:30 a.m.
Bingo (.50 cents per card)	Monday	12:30 p.m.
AmeriCorps Fitness Classes	Tuesday/Thursday	9:30 a.m.

Pyle Adult Recreation Center

655 East Southern Avenue
(SW Corner of Rural and Southern)
480-350-5211
www.tempe.gov/pyle

The Pyle Adult Recreation Center is a recreation facility for adults, ages 18 yrs+. Classes and programs for adults are offered through the brochure at this facility. The facility has a multipurpose room, dance room, billiards room, fitness room and six meeting rooms.

Facility Hours

Monday-Thursday	8 a.m.-9 p.m.*
Friday	8 a.m.-5 p.m.
Saturday	9 a.m.-4 p.m.
Sunday	Closed

Facility Closures: Dec. 25 & 26, Jan. 1, 2 & 18, Feb. 15

Retirees of Tempe Advisory (RTA)

The Retirees of Tempe Advisory (RTA) is a group sponsored by the City of Tempe Community Services Department and the Pyle Adult Recreation Center. The RTA advises Pyle staff regarding programs and events for those 50 years and older. RTA membership is \$5 per year and provides members with discounts on lunches and other special events and activities. To become a member, you must apply in person at the Pyle Adult Recreation Center's front desk.

Monthly Retiree Activities

Tuesday/Thursday Lunch/Program	11:30 a.m.
Needleworkers Tuesdays/Thursdays	9 a.m.-Noon
Senior Songbirds meet Wednesdays	9:30 a.m.
Looney Tooner Kitchen Band Mondays (Sept. - May)	9:30 a.m.
Tuesday New Release Movies	12:30 p.m.
Bingo Every Wednesday	1 p.m.
Bluegrass Jam Session every Wednesday	noon-2:30 p.m.
Current Events Discussion Group every Thursday	1 p.m.
Bluegrass Jam Session every Friday	9-11:30 a.m.
Various card groups throughout the week	Times Vary
Classic Movie Fridays	12:30 p.m.

Fees for the above programs are minimal and vary by program to cover costs of the program. If you have questions about any of the programs or classes offered for adults 50+ years, call 480-350-5211, or visit the Pyle Adult Recreation Center's website at www.tempe.gov/pyle.

Arts & Crafts

Classes - Participants & Observation:

- Minimum age requirement for the following activities is 50 years.
- Childcare is not offered.
- Observers and non-registered individuals, including children, are not permitted in classes or workshops.

Acrylic and Oil Painting

Instructed by Donna Levine, this course in Acrylic and Oil Painting includes composition, color theory and basic painting techniques. Class requires additional materials; please bring materials to the first class. Refer to class listing below for proper experience level placement (beginning, intermediate, advanced). *No class 1/18, 2/15. 480-350-5211

45446	50 yrs+	Beg.	M	1/4-2/29*	9 a.m.-noon	\$45	PAC
45447	50 yrs+	Int.	W	1/6-3/2	1-4 p.m.	\$58	PAC
45448	50 yrs+	Adv.	Th	1/7-3/3	9 a.m.-noon	\$58	PAC



Crafts and Coffee at Cahill

Join us on the third Wednesday of each month for coffee and crafting. Fee: \$4. 480-858-2420.

47379	50 yrs+	W	1/20	10 a.m.	CSC
47380	50 yrs+	W	2/17	10 a.m.	CSC
47381	50 yrs+	W	3/16	10 a.m.	CSC

Activities for Adults (50+ Years)

Drawing: Color/B&W

In this class instructed by Donna Levine, students can explore both black and white, and color media of their choice. Emphasis will be on technique, composition and learning to "see" color. Cost of materials will vary depending on the media you choose. Please bring one drawing medium and appropriate paper to the first class. No class 1/18, 2/15. 480-350-5211

45452 50 yrs+ M 1/4-2/29 12:30-3:30 p.m. \$45 PAC

Pastel Painting

Instructor Alice Van Overstraeten covers a unique medium in a fun environment where you will produce beautiful art with intense color. Please bring supplies to the first class; for a list of supplies, visit www.tempe.gov/pyle, or the Pyle Center Front Desk. 480-350-5211

45456 50 yrs+ Th 1/7-3/3 1-3:30 p.m. \$57 PAC

Watercolor Painting

Instructed by Donna Levine, the emphasis of this class is on the use of materials as they apply to still life, landscape and portraiture. Class requires additional materials. Approximate cost of materials is \$40-\$45 depending on projects selected. Please bring materials to the first class. 480-350-5211

45467 50 yrs+ T 1/5-3/1 1-4 p.m. \$58 PAC

Boating

Boom Kayak

Are you looking for a fun way to stay active and beat the weekend warriors? Join us during the week and our certified instructors will focus on physical fitness and basic stroke technique in a low-stress/low-impact, fun environment. Fee: \$30. 480-350-8069

47556	50 yrs+	W	1/13	9-11 a.m.	TTLM
47557	50 yrs+	W	1/27	9-11 a.m.	TTLM
47558	50 yrs+	W	2/10	9-11 a.m.	TTLM
47559	50 yrs+	W	2/24	9-11 a.m.	TTLM
47560	50 yrs+	W	3/9	9-11 a.m.	TTLM

Boom SUP (Stand-up Paddling)

If you are looking for an opportunity to stay active, beat the weekend warriors and try something new? This is the class for you. Enjoy the fun and relaxed setting of Tempe Town Lake during the week on a stand-up paddleboard. Our experienced staff will tailor the class to your needs focusing on fitness, balance and basic stroke technique. Fee: \$30. 480-350-8069

47552	50 yrs+	W	1/20	9-10:30 a.m.	TTLM
47553	50 yrs+	W	2/3	9-10:30 a.m.	TTLM
47554	50 yrs+	W	2/17	9-10:30 a.m.	TTLM
47555	50 yrs+	W	3/16	9-10:30 a.m.	TTLM

Books & Reading

New! Good Reads

Think of this website as a large library where you can browse through and see everyone's bookshelves, their reviews, and their ratings. Post your own reviews and catalog what you have read, what you are currently reading, and plan to read. Join a discussion group, start a book club, contact an author or post your own writing. Fee: None. 480-350-5500.

47317	50 yrs+	F	1/22-1/29	10-11:30 a.m.	LCL
47318	50 yrs+	Th	2/18-2/25	9:30-11 a.m.	NCC

Business & Computers

New! iPad Mania!

We will provide an overview of iPad basics and settings. We will also explore the Apple Apps Store to find fun games and practical apps that you may want to download to your iPad. Fee: None. 480-350-5500.

47313	50 yrs+	Th	1/14-1/21	10-11:30 a.m.	NCC
47718	50 yrs+	W	2/3-2/10	2-3:30 p.m.	PAC

New! Library Digital Media

What is Freegal, OneClickDigital and IndieFlix? Join us to learn how you can use these programs to download audiobooks or to download free movies and music using your Tempe Public Library card. Fee: None. 480-350-5500.

47314	50 yrs+	M	1/11	10-11:30 a.m.	LCL
47719	50 yrs+	W	1/20	10-11:30 a.m.	PAC

More Computer Basics

Become comfortable and gain confidence using a computer. Learn how to "cut and paste", use a flash drive, select text or pictures and search websites using key words or images. Basic computer skills are required. Fee: None. 480-350-5500.

47315	50 yrs+	W	1/6-1/13	10-11:30 a.m.	LCL
47316	50 yrs+	Th	2/4-2/11	9:30-11 a.m.	NCC



Dance, Music & Theater

Creative Aging; Readers Theatre Acting Workshop

You will be guided in the reading, casting and rehearsals of an abridged version of *To Kill A Mockingbird*. You will learn fundamentals, including vocal production, emotional expression, creating a character and scene work. You will present the play to an audience. You must be able to attend all eight sessions and the performance. *No class 1/18 or 2/15. Fee: None.

480-350-5500

46764	50 yrs+	M	1/4-3/7*	10 a.m.-noon	LMRA
Performance		W	3/9	6:30-7:30 p.m.	LMRA

Line Dance; Beginning

A perfect class for the beginner who would like to learn the fun and easier dances at a slower pace. Focus is on form, technique and terminology in a fun and friendly environment. No partner necessary. Instructor: Fran Dewar. 480-350-5211

45454	50 yrs+	T	1/5-3/1	1:30-2:30 p.m.	\$36	PAC
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Line Dance; Intermediate

A continuing class for those who feel they have mastered the basics and want more of a challenge. Focus is on rhythms, patterns and styles as you move to the music. Instructor: Fran Dewar. 480-350-5211

45455	50 yrs+	T	1/5-3/1	2:30-3:30 p.m.	\$36	PAC
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Tap Dance; Beginning

This beginning level class will teach you the basic Tap steps as you put them together to create a fun dance routine. Lots of fun, and great exercise. Instructor: Jana Moore. 480-350-5211

45463	50 yrs+	Th	1/7-3/3	11:15 a.m.-12:10 p.m.	\$26	PAC
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Tap Dance; Intermediate

Get fit while having fun. Learn fundamental Tap technique and steps, and then choreograph them for muscle memory. Start tapping your way to fitness. Instructor: Jana Moore. 480-350-5211

45464	50 yrs+	T/Th	1/5-3/3	9:10-10:05 a.m.	\$53	PAC
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Tap Dance; Performance

Take the fundamental Tap dance technique and steps that you've learned, and now focus on formations and polishing-up routines for performances. Must come prepared to have fun. Instructor: Jana Moore. 480-350-5211

45465	50 yrs+	T/Th	1/5-3/3	10:10-11:05 a.m.	\$53	PAC
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Health & Fitness

Adult Fitness

Meet new people and feel great while working out in our fitness center. The class will occur in a small group setting. Participants will receive individual guidance. *No Class 1/18 or 2/15.

Fee: None. 480-350-5800

47410	50 yrs+	M	1/4-1/25*	noon-1 p.m.	ESCA
47411	50 yrs+	T	1/5-1/26	noon-1 p.m.	ESCA
47412	50 yrs+	W	1/6-1/27	noon-1 p.m.	ESCA
47413	50 yrs+	Th	1/7-1/28	noon-1 p.m.	ESCA
47414	50 yrs+	M	2/8-2/29*	noon-1 p.m.	ESCA
47415	50 yrs+	T	2/9-3/1	noon-1 p.m.	ESCA
47416	50 yrs+	W	2/10-3/2	noon-1 p.m.	ESCA
47417	50 yrs+	Th	2/11-3/3	noon-1 p.m.	ESCA

Aerobic Dance Exercise

Get your heart pumping as you move to choreographed routines that encourage flexibility, muscular strength and cardiovascular endurance. Drop-in available: \$5. Instructor: Wendy Larish.

*No class 1/18, 2/15. 480-350-5211

45449	50 yrs+	M/W/F	1/4-3/4*	8:05-9 a.m.	\$67	PAC
45450	50 yrs+	T/Th	1/5-3/3	8:05-9 a.m.	\$48	PAC

Brain G.Y.M.

Banner Alzheimer's Institute and Banner Sun Health Research Institute have designed a program to boost brain health. This free 2.5 hour Brain G.Y.M. Boot Camp reviews lifestyle factors related to brain health and teaches a variety of methods to exercise various cognitive domains of the brain. Limited to 20 people and requires pre-registration by calling 602-230-2273. Fee: None.

No Code	50 yrs+	T	1/26	2-4:30 p.m.	LCC
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Chair Yoga

Unable to get up and down from the floor? You can still do Yoga. Learn to breathe slower and deeper, increase flexibility and strength, improve your memory, sleep better and boost your immune system. Suitable for all physical abilities.

Instructor: Linda Martin. 480-350-5211

45451	50 yrs+	W/F	1/6-3/4	9-10 a.m.	\$54	PAC
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Gentle Cardio

Get Up & Go with this aerobics class that is safe, heart healthy and gentle on the joints. Emphasis is on alignment, posture and having a good time! Easy to follow workout includes: low-impact movement, strength training with light hand held weights and stretching exercises designed to energize your active lifestyle.

Chair used during cool down, no floor work. Instructor: Kim. 480-350-5200

46876	50 yrs+	W	1/6-3/23	11:30-12:30 p.m.	\$43	PAC
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Activities for Adults (50+ Years)

Gentle Yoga

This class will focus on breathing and relaxation techniques that will quiet the mind and relax the body. Students will practice the basic hatha yoga poses, focusing on those that stretch the muscles and improve balance and strength.

Instructor: Kim Killingsworth. 480-350-5211

45453 50 yrs+ T 1/5-3/1 12:15-1:15p.m. \$36 PAC

Healthy Cooking for Seniors

Join us on the 1st and 3rd Tuesdays of each month for a cooking demonstration that will teach you how to incorporate locally grown produce into healthy meals. Samples will be provided.

Fee: None. 480-858-2420

47388	50 yrs+	T	1/5	10 a.m.	CSC
47389	50 yrs+	T	1/19	10 a.m.	CSC
47390	50 yrs+	T	2/2	10 a.m.	CSC
47391	50 yrs+	T	2/16	10 a.m.	CSC
47392	50 yrs+	T	3/1	10 a.m.	CSC
47393	50 yrs+	T	3/15	10 a.m.	CSC

Seated Strength Training

Learn about things you can do with weights and bands while sitting to increase your strength. Instructor: Kim Killingsworth.

45458 50 yrs+ M 1/4-2/29* 9-9:45 a.m. \$20 PAC

45470 50 yrs+ Th 1/7-3/3 10:15-11 a.m. \$25 PAC

Stretch & Tone

Haven't exercised in a while? Get back into the exercise routine with this gentle exercising and stretching program. Exercise at your comfort level either sitting in a chair or standing.

Instructor: Wendy Larish. *No class 1/18, 2/15. 480-350-5211

45459 50 yrs+ M/W 1/4-3/2* 10:30-11:15 a.m. \$37 PAC

45460 50 yrs+ T/Th 1/5-3/3 9:15-10 a.m. \$42 PAC

Tai Chi / Body Balance I

This exercise class uses basic Tai Chi movements and Qigong breathing exercises to gently relax and exercise the body. Major emphasis is on balance and stability, but students will also learn basic stretching exercises to improve flexibility and strength.

A basic Tai Chi Short Form that uses five major movements to exercise the body will be learned. Instructor: Barbara Orr.

No class 1/18, 2/15. 480-350-5211

45461 50 yrs+ M 1/4-2/29 11:15 a.m.-12:15 p.m. \$30 PAC



Tai Chi Level 1/Body Balance II

This is an introductory class in the Guang Ping Yang style of Tai Chi and will concentrate more on learning Tai Chi moves that will help you to gain balance and flexibility, while improving breathing and posture. Preferred prerequisite: Tai Chi/Body Balance I.

Instructor: Barbara Orr. No class 1/18, 2/15. 480-350-5211

45462 50 yrs+ M 1/4-2/29 12:30-1:30 p.m. \$30 PAC

Toners & Shapers

This class is designed to strengthen and tone muscles, and to increase flexibility. Class consists of a warm-up and stretch, strength-training exercise and a cool-down stretch and relaxation. Each participant is encouraged to work at his/her own level.

Participants are asked to provide their own weights upon instructor recommendation. Instructor: Wendy Larish.

No class 1/18, 2/15. 480-350-5211

45466 50 yrs+ M/W/F 1/4-3/4 9:05-10:20 a.m. \$74 PAC

Zumba for 50+

A fun workout that incorporates unique, Latin dance moves with up-beat Latin music. Zumba maximizes caloric output with fat-burning movements and adapts to your ability level with easy-to-follow dance steps so that you can have fun.

Drop-in available: \$5. Instructor: Jana Moore. 480-350-5211

45468 50 yrs+ T 1/5-3/11 10 a.m.-12:05 p.m. \$36 PAC

45469 50 yrs+ F 1/8-3/4 10:35-11:30 a.m. \$36 PAC

Social Activities

For additional information on the following Cahill Senior Center special events and menus, please refer to the monthly Roadrunner Chronicle, or call 480-858-2420.

\$1 Appetizers

Join us for an appetizer before we play bingo at 1pm. Please call for weekly menu. Register by the Thursday before each event.

Fee: \$1. 480-858-2420

37338	50 yrs+	M	1/4	noon	CSC
37339	50 yrs+	M	1/11	noon	CSC
37340	50 yrs+	M	1/25	noon	CSC
37341	50 yrs+	M	2/1	noon	CSC
37342	50 yrs+	M	2/8	noon	CSC
37343	50 yrs+	M	2/22	noon	CSC
37344	50 yrs+	M	2/29	noon	CSC
37345	50 yrs+	M	3/7	noon	CSC
37346	50 yrs+	M	3/14	noon	CSC
37347	50 yrs+	M	3/21	noon	CSC
37348	50 yrs+	M	3/28	noon	CSC

Birthday Bingo

Bring your lunch and join us as we celebrate the month's birthdays. Cake and Ice Cream will be provided. Play Bingo for grocery prizes. Fee: \$1 for RTA members, \$2 for non-members.

480-858-2420

47349	50 yrs+	Th	1/7	11:30 a.m.	CSC
47350	50 yrs+	Th	2/4	11:30 a.m.	CSC
47408	50 yrs+	Th	3/3	11:30 a.m.	CSC

**Pick up the Spring Brochure
February 11!**

Brunch & Bunco

Join us for a delicious brunch and a game of Bunco with prizes. Register by the Monday before each date. Fee: \$4 for RTA members; \$5 for non-members. 480-858-2420

47335	50 yrs+	W	1/13	10 a.m.	CSC
47336	50 yrs+	W	2/10	10 a.m.	CSC
47337	50 yrs+	W	3/9	10 a.m.	CSC

Fabulous Friday's \$3 Homemade Lunch

Join us for fresh and delicious Friday Lunches at the Cahill Senior Center. Please call for weekly menu. Register by the Wednesday before each event. Fee: \$3. 480-858-2420

47355	50 yrs+	F	1/8	11:30 a.m.	CSC
47356	50 yrs+	F	1/15	11:30 a.m.	CSC
47357	50 yrs+	F	1/22	11:30 a.m.	CSC
47358	50 yrs+	F	2/5	11:30 a.m.	CSC
47359	50 yrs+	F	2/12	11:30 a.m.	CSC
47360	50 yrs+	F	2/19	11:30 a.m.	CSC
47361	50 yrs+	F	3/4	11:30 a.m.	CSC
47362	50 yrs+	F	3/11	11:30 a.m.	CSC
47363	50 yrs+	F	3/18	11:30 a.m.	CSC

Pokeno and Bagels

Pokeno is a game that is a combination of poker and keno, though it is pretty much like playing Bingo with standard playing cards. Join us for a morning of fun games and prizes. Fee: \$2.

480-858-2420

47399	50 yrs+	W	1/6	10 a.m.	CSC
47400	50 yrs+	W	2/3	10 a.m.	CSC
47401	50 yrs+	W	3/2	10 a.m.	CSC

Special Event: Year in Review Luncheon

See yourself on the big screen as we look at the past year through photos of the 2015 events at Cahill Senior Center. Fee: \$5 for RTA members; \$6 for non-members. 480-858-2420

47405	50 yrs+	F	1/29	11 a.m.	CSC
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Special Event Luncheons

Join us on the last Friday of every month for a home cooked meal, entertainment and good company. Themes for each month will be announced in the Roadrunner Chronicle Newsletter or visit www.tempe.gov/cahill for more information. Fee: \$5 for RTA members; \$6 for non-members. 480-858-2420

47354	50 yrs+	F	2/26	11 a.m.	CSC
47378	50 yrs+	F	3/25	11 a.m.	CSC

Special Interest

Secrets to Getting the Class You Want

This drop-in class will help you understand how to register online, in person, by mail or by fax. No registration required. Fee: None. 480-350-5500.

No Code	50 yrs+	2/24	2:30-4 p.m.	ESCA
No Code	50 yrs+	3/3	9:30-11 a.m.	NCC



Volunteer Services Office

3500 S. Rural Rd., Suite 203
480-350-5190
www.tempe.gov/volunteer

A New Year—Volunteer!

The mission of the City of Tempe volunteer program is to connect citizens to their city government through opportunities to serve within the organization and the community. Volunteers serve in Tempe government programs and facilities and expand and enhance the services the city is able to provide to the community. The high quality of life that Tempe enjoys is a reflection of the continued commitment from volunteers. Information is available online at www.tempe.gov/volunteer or by calling 480-350-5190.

Examples of Opportunities

Youth/Student

Start the next semester off right—volunteer. Need community service hours, NJHS hours or class credit hours? We probably have the opportunity that is just right for you!

One-Time Activities

Don't have the time to make a regular commitment but still feel the desire to volunteer? There are plenty of one-time activities; all are fun and might be just the right fit for you.

Have Fun and Help Kids!

Coaches are needed for youth basketball-boys and girls in 4th and 5th grades.

Be a Bowling Buddy

Help special-needs athletes enjoy the sport of bowling. You'll serve as team captain, help keep score, and cheer on your special teammates.

Special Olympic Sports

The City of Tempe partners with Special Olympics AZ to present sports opportunities to kids and young adults with special needs. This winter, it's basketball and cheerleading.

Summer Volunteer Program for Students – Yes, Plan Ahead

The City of Tempe offers a variety of volunteer opportunities for students in middle school, high school and college during June and July. Program information is available in early April. Get your name on the mailing list now by calling the Volunteer Office. Why now? Many opportunities are filled before school lets out for summer!

So You Really Want to Volunteer, but Don't Know What You Want to Do?

Give the Volunteer Office a call to get started.

Adapted Recreation

Registration begins December 7; classes begin January 4 unless noted otherwise within class descriptions.
No classes January 18 or February 15. To view a list of class location abbreviations, see page 2.

These programs are designed for children and adults with intellectual disabilities. Individuals may register for programs at the Parks and Recreation Office, 3500 S. Rural Road. If you require special accommodations for these or additional City of Tempe programs, contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469; for TDD, call 480-350-5050.

L.E.A.P. After-School Program

L.E.A.P. is the Life Skills Enrichment After-School Program, an after-school program for middle school and high school students with developmental disabilities in the Tempe Elementary and Union High School Districts. The program follows the school year calendar and takes place Mondays through Fridays until 6 p.m.; transportation is provided to the program site from the student's school. Students will participate in a variety of engaging recreational activities that promote physical exercise, social skills development and other benefits; while supervised in a 1:4 staff-to-student environment.

We are an authorized DDD provider; contact your case manager for authorization. Please contact Josh Bell, Adapted Recreation Coordinator, at 480-858-2469 or Josh_Bell@tempe.gov, for more information regarding the program and how to register.

No Code 11-21 yrs M-F 1/4-5/19 2:30-6 p.m.

Health & Fitness

Zumba

Zumba is a high-energy, cardio workout that incorporates unique moves with upbeat Latin and international music. This class is designed for all experience levels and helps you reach healthy goals by using easy-to-follow dance steps in a fun environment. Individuals must be independently mobile to participate. Those needing extra supervision must provide their own aide. Fee: \$18.

480-858-2469

47839 13 yrs+ T 1/5-3/1 3:45-4:30 p.m. PAC

Friday Night Social Activities

Friday Night Social Activities are for individuals with developmental disabilities ages 13 and older. Friday Night Social Activities are scheduled the first two Fridays of each month unless there is a closure for a holiday or other reason. The activities promote socialization and fun, and are great opportunities to get together with friends as well as meet new people. Any participants requiring direct supervision should come with a responsible adult. Transportation is not provided by the City of Tempe to and from the activity. Please ensure that participants have reliable forms of transportation and are scheduled for pick by the scheduled end time of the activity. Supervising staff/adults do not have to pay admission fees.

Bingo

Bingo prizes include various small items, food/consumable items and grand prizes (typically gift cards or other larger items).

When: February 5

Time: 6:30-8 p.m.

Where: Pyle Adult Center, 655 E. Southern Avenue

Fee: \$3 at the door

Fabulous Friday Social Dances

Come out to our monthly themed dances and boogie-woogie on the dance floor! Dances are held for individuals with disabilities, ages 13 and older. The dance theme can be found on our website.

When: December 11, January 8, February 12, March 11

Time: 6:30-9 p.m.

Where: Edna Vihel Center, 3340 S. Rural Rd.

Fee: \$4; includes admission, drinks, snacks and door-prizes

Karaoke and Game Night

Come and sing your favorite songs at karaoke, play pool in the billiards room, or play ping pong. We have a wide variety of karaoke music to choose from, or you can bring your own music on a CD or mp3 player.

When: April 1

Time: 6:30-9 p.m.

Where: Pyle Adult Center, 655 E. Southern Avenue

Fee: \$3 at the door



Movie Night

Join us as we show a recently released DVD movie. Visit our website at www.tempe.gov/adaptedrecreation to see what movie is scheduled to show. Paid admission includes choice of popcorn/candy and soda/ water.

When: March 4
Time: 6:30-8:30 p.m.
Where: Pyle Adult Center, 655 E. Southern Avenue
Fee: \$2 at the door

Tempe Special Olympics

Team Tempe Special Olympics

Youth (8 yrs+) and adults with intellectual disabilities are invited to join Special Olympics Arizona to learn sportsmanship and teamwork while achieving their personal goals. Athletes of all skill levels are encouraged to participate. For more information and individuals who are completely new to a sport, please contact Josh Bell at 480-858-2469 or josh_bell@tempe.gov.

A Special Olympics Medical Release Form signed by a medical examiner (good for three years) is required for all athletes to participate, as well as a City of Tempe registration form. Visit www.tempe.gov/adaptedrecreation for registration information and to download medical consent forms.

Registering in advance is recommended. Registration on site is also accepted.

- Register online at www.tempe.gov/brochure
Use the registration code for the program.
- Mail registration to: City of Tempe Adapted Recreation,
3500 S. Rural Rd., Tempe, AZ 85282.
Download form from www.tempe.gov/adaptedrecreation.
- Register in person at a City of Tempe recreation facility or office.

Special Olympics Basketball

Athletes who have the fundamental skills and understanding of basketball can sign up to join a team and play in organized basketball games. Traditional team play is when teams are made up entirely of Special Olympics athletes from 8 years old to adult. In addition to Traditional teams, we also offer Unified team play, which is when a team is made up of athletes and Unified Partners playing together.

Skills

Skills is for athletes who are either new to basketball or have not developed the fundamental skills to play organized basketball on a team yet. Skills focuses on basic techniques, such as passing, dribbling and shooting. More advanced skills athletes will focus on incorporating those skills into drills and game-type situations. Fee: \$10. 480-858-2469

Skills

47702	8 yrs+	Sa	12/5-2/27	9-10 a.m.	NCC
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Traditional/Unified

47704	8 yrs+	Sa	12/5-2/27	9 a.m.-noon	NCC
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Special Olympics Cheerleading

Under the guidance of our cheer coaches, athletes both new and experienced at cheer will learn coordination, step-by-step techniques and utilize teamwork to master cheer routines in sync with popular music in preparation for the area and state cheer competitions. Fee: \$10. 480-858-2469

47703	8 yrs+	M	11/23-3/7	5:30-6:45 p.m.	CRC
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Buddy Bowling League

Buddy Bowling Unified Bowling League

Buddy Bowling is a unified bowling program that teams up bowlers with and without disabilities in a fun and friendly league format. Teams will consist of Bowlers (individuals with a disability) and Buddy Bowlers (individuals without a disability) and will bowl two games weekly. Buddy Bowling is divided into two divisions: Bumper Division and Non-Bumper Division.

Due to the league structure of the program, it is highly recommended that interested individuals and teams register in advance in order to arrange preferred team assignments. Day of registration is accepted, but placement with a preferred team at that point is not guaranteed. For more information and to download the registration form please visit www.tempe.gov/adaptedrecreation. 480-858-2469

Location: AMF Tempe Village Lanes, 4407 S. Rural Rd.
Dates: January 9-May 14
Time: 10 a.m.
Ages: 8 yrs+
Fees: \$20 registration fee plus \$6 each week for two games, shoes, and end-of-season league prizes
Code: 47783



Make a Difference - Volunteer!

www.tempe.gov/volunteer

Aquatics

Registration begins December 7; classes begin January 4 unless noted otherwise within class descriptions.

No classes January 18 or February 15. To view a list of class location abbreviations, see page 2.

Kiwanis Park Wave Pool

Kiwanis Recreation Center
6111 S All America Way • 480-350-5201

Come splash and play in our indoor, heated wave pool. Rent a tube and float the waves, then enjoy an icy soda and hot pizza at Kiwani Island Concession Stand. We have a few safety rules for your visit: Children under age 8 must have an adult with them at all times. No water wings or other floatation devices permitted. The minimum height to use the water slide is 48".

Holiday Wave Pool Hours

December 26-30 1-5 p.m.

Wave Pool Fees

General Admission (13 yrs+) \$7

Youth Admission (2-12 yrs) \$5

*Fees may be higher on special event days

Discount Wave Pool Hours

3-5 p.m. (During Wave Days, Only)

General Admission (13 yrs+) \$5

Youth Admission (2-12 yrs) \$4

*No other discounts/coupons will be honored during discount wave hours

Fitness (Lap) Swim Hours*

Effective January 4 - March 5

Monday - Thursday 7-10 a.m.

Friday 7-9 a.m.

Monday - Thursday 11:30 a.m.-1:30 p.m.

Monday - Thursday 4:30-8 p.m.

Saturday 8-11 a.m.

*Except during private rentals

*Morning Lap Swim 7-9 a.m. January 11-15

*No mid-day Lap Swim January 11-15

*Call for December Lap Hours; 480-350-5201

*Lap Swim is for general admission, ages 13 yrs+, unless tested by the Aquatics staff

*Children must demonstrate an ability to swim continuously for 25 yards in order to participate in Lap Swim.

Lap Swim Admission Fees

General (13 yrs+) \$4

Youth (2-12 yrs) \$3

Open Swim Hours

(Wave Pool is available for "Family" and Calm-Water-Swimming)

Monday - Thursday 11:30 a.m.-1:30 p.m.

Monday/Thursday 4:30-8 p.m.

Saturday 8-11 a.m.

*No mid-day Lap Swim January 11-15

Open Admission Fees

General (13 yrs+) \$4

Youth (2-12 yrs) \$3

Private/Semi-Private Lessons

Private and semi-private lessons are available through the Kiwanis Recreation Center. For additional information, call 480-350-5732.

Rates Per Class Meeting	1/2-Hr	3/4-Hr	1-Hr
Private (One Individual)	\$20	\$25	\$30
Semi-Private (Two Individuals)	\$25	\$30	\$35

Special Interest Aquatics Classes



American
Red Cross
Together, we can save a life

American Red Cross Lifeguard Training

This is certification course for individuals who are interested in Lifeguarding. The course will include First Aid, CPR, as well as Lifeguard Training. Must be 15 years of age and be able to perform the swimming

skills necessary to complete the course requirements. Must be able to attend all classes in selected session to complete the course. Fee: \$130. 480-350-5201

Session I: 1/21-2/5

47245	15 yrs+	Th	1/21, 1/28, 2/4	5:30-9:30 p.m.	KRC
	15 yrs+	F	1/22, 1/29, 2/5	5:30-9:30 p.m.	KRC
	15 yrs+	Sa	1/23, 1/30	8 a.m.-5 p.m.	KRC

Session II: 3/7-3/11

47246	15 yrs+	M-F	3/7-3/11	8 a.m.-5 p.m.	KRC
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Session III: 3/16-4/1

47247	15 yrs+	W	3/16, 3/23, 3/30	5:30-9:30 p.m.	KRC
	15 yrs+	F	3/18, 3/25, 4/1	5:30-9:30 p.m.	KRC
	15 yrs+	Sa	3/19, 3/26	8 a.m.-5 p.m.	KRC

Starfish Swim Instructor

Swim instructor candidates will receive the training needed to teach courses in the SAI Starfish Swim Instructor Program. Candidates will learn how to help students develop correct stroke technique; develop an understanding of how to teach students at different levels, and water safety techniques.

Course Prerequisites: Must be 16 years old and have a basic knowledge of the swimming strokes. Fee: \$130. 480-350-5201

Session I: 2/17-3/4

47269	16 yrs+	W	2/17, 2/24, 3/2	5:30-8:30 p.m.	KRC
	16 yrs+	F	2/19, 2/26, 3/4	5:30-10 p.m.	KRC
	16 yrs+	Sa	2/20, 2/27	8 a.m.-5 p.m.	KRC

Register for Classes Online

www.tempe.gov/brochure

Adult Fitness

Registration now available for water exercise classes.
Classes are 60 minutes. Monthly fee varies, \$7 Drop-in per class

Shallow Water Exercise

Walking, running, jumping and a variety of aerobic movements are performed in the shallow end of the pool to increase heart rate and provide a cardiovascular and strength training workout. A variety of water equipment is used for conditioning and total body toning. Includes stretching, warm-up, cardio, toning, and cool-down. *No class 1/18, 2/15, 3/31. Note: Morning classes will meet at 8am week of January 11-15.

47251	15 yrs+	M	1/4-1/25*	8:30-9:30 a.m.	KRC	Fee: \$15
47252	15 yrs+	T	1/5-1/26	8:30-9:30 a.m.	KRC	Fee: \$20
47253	15 yrs+	W	1/6-1/27	8:30-9:30 a.m.	KRC	Fee: \$20
47254	15 yrs+	Th	1/7-1/28	8:30-9:30 a.m.	KRC	Fee: \$20
47255	15 yrs+	M	1/4-1/25*	5:30-6:30 p.m.	KRC	Fee: \$15
47256	15 yrs+	W	1/6-1/27	5:30-6:30 p.m.	KRC	Fee: \$20
47257	15 yrs+	M	2/1-2/29*	8:30-9:30 a.m.	KRC	Fee: \$20
47258	15 yrs+	T	2/2-2/23	8:30-9:30 a.m.	KRC	Fee: \$20
47259	15 yrs+	W	2/3-2/24	8:30-9:30 a.m.	KRC	Fee: \$20
47260	15 yrs+	Th	2/4-2/25	8:30-9:30 a.m.	KRC	Fee: \$20
47261	15 yrs+	M	2/1-2/29*	5:30-6:30 p.m.	KRC	Fee: \$20
47262	15 yrs+	W	2/3-2/24	5:30-6:30 p.m.	KRC	Fee: \$20
47263	15 yrs+	M	3/7-3/28	8:30-9:30 a.m.	KRC	Fee: \$20
47264	15 yrs+	T	3/1-3/29	8:30-9:30 a.m.	KRC	Fee: \$25
47265	15 yrs+	W	3/2-3/30	8:30-9:30 a.m.	KRC	Fee: \$25
47266	15 yrs+	Th	3/3-3/24*	8:30-9:30 a.m.	KRC	Fee: \$20
47267	15 yrs+	M	3/7-3/28	5:30-6:30 p.m.	KRC	Fee: \$20
47268	15 yrs+	W	3/2-3/30	5:30-6:30 p.m.	KRC	Fee: \$25

Transitional Water Exercise

Challenge yourself to the next level of physical fitness. This non-impact class is performed in the deeper water and incorporates muscular strengthening aerobic conditioning and abdominal training exercises. A variety of equipment is used for buoyancy and water resistance. Participants have the option of working in deep or shallow water. Drop-in fee \$7 per class *No Class 3/31.

47270	15 yrs+	T	1/5-1/26	6:40-7:40 p.m.	KRC	Fee: \$20
47271	15 yrs+	Th	1/7-1/28	6:40-7:40 p.m.	KRC	Fee: \$20
47272	15 yrs+	T	2/2-2/23	6:40-7:40 p.m.	KRC	Fee: \$20
47273	15 yrs+	Th	2/4-2/25	6:40-7:40 p.m.	KRC	Fee: \$20
47274	15 yrs+	T	3/1-3/29	6:40-7:40 p.m.	KRC	Fee: \$25
47275	15 yrs+	Th	3/3-3/24*	6:40-7:40 p.m.	KRC	Fee: \$20

Aquatics High Intensity Interval Training (H.I.I.T)

All levels High Intensity Interval Training class providing a high cardiovascular workout with low impact on joints. It's the ideal way to cross-train from your high impact/hard-hitting land workouts and still get a great cardio and strength session. Push through the water and not just float your way through it. So get in try some plyometric squats, round house kicks and speed bag punches. If you can't stay afloat, use a noodle for support behind your back. Monthly Fee varies, \$7 Drop-in

47248	15 yrs+	Sa	1/9-1/30	9-10 a.m.	KRC	Fee: \$20
47249	15 yrs+	Sa	2/6-2/27	9-10 a.m.	KRC	Fee: \$20
47250	15 yrs+	Sa	3/5-3/26	9-10 a.m.	KRC	Fee: \$20

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480-350-5201

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www.Tempe.gov/jobs or

www.Tempe.gov/Lifeguard



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Tennis Activities



Kiwanis Recreation Center

6111 S. All-America Way, Tempe 85283

www.tempe.gov/tennis 480-350-5201

Kiwanis Tennis Center Hours of Operation:

Please check website for seasonal hours of operation.

Monday-Thursday: 7 a.m.-10 p.m.

Friday: 7 a.m.-7 p.m.

Saturday: 8 a.m.-6 p.m.

Sunday: 9 a.m.-4 p.m.

The Kiwanis Tennis Center (KTC) offers 15 lighted tennis courts with cushioned Rebound Ace playing surface. KTC has been recognized by the United States Tennis Association (USTA) as one of the outstanding public tennis facilities in the country for its programs and services. Twice named Outstanding Tennis Facility of the Year by the USTA, KTC is an official USTA Winter National Championship Site. Tempe, AZ, was named a Top Ten Best Tennis Town in 2009 by the USTA.

The Kiwanis Tennis Center offers a full-range of programs and playing opportunities for all ages and ability levels. Additional class times are offered that are not listed in this brochure. For a full listing of all tennis instructional classes, visit www.tempe.gov/tennis, or contact Director of Tennis, Larry Funk, at 480-350-5721.



Learn to Play Tennis!

These beginner-only classes introduce you to the basic elements of tennis with quality instructors to ensure a positive, successful and fun experience. Acquire and develop new playing skills and meet new tennis playing friends. Sharing the experience can make it more enjoyable, so invite a friend to join you on the courts and learn tennis together. Loaner tennis racquets are available at no additional charge.

Juniors (Ages 4-6 yrs)

Classes meet for 45 minutes on our specially-designed junior tennis courts. Smaller equipment is used to develop tennis skills fast. Classes meet once a week for six (6) weeks. *No class 1/18, 2/15.

47114	4-6 yrs	M	1/4-2/8*	5-5:45 p.m.	\$35	KRC
47115	4-6 yrs	Tu	1/5-2/9	5-5:45 p.m.	\$42	KRC
47116	4-6 yrs	W	1/6-2/10	5-5:45 p.m.	\$42	KRC
47117	4-6 yrs	Th	1/7-2/11	5-5:45 p.m.	\$42	KRC
47118	4-6 yrs	Sa	1/9-2/13	9:05-9:50 a.m.	\$42	KRC
47119	4-6 yrs	M	2/22-3/21*	5-5:45 p.m.	\$35	KRC
47120	4-6 yrs	Tu	2/16-3/22	5-5:45 p.m.	\$42	KRC
47121	4-6 yrs	W	2/17-3/23	5-5:45 p.m.	\$42	KRC
47122	4-6 yrs	Th	2/18-3/24	5-5:45 p.m.	\$42	KRC
47123	4-6 yrs	Sa	2/20-3/26	9:05-9:50 a.m.	\$42	KRC

Juniors (Ages 7-15 yrs)

Classes meet twice a week for three (3) weeks. Players will develop a sound tennis foundation as they will be introduced to the basic strokes, terminology, and game-based play of tennis. Age-appropriate equipment is used to develop tennis skills fast. *No class 1/18, 2/15. Fee: \$42.

47124	7-15 yrs	M/W	1/4-1/25*	5-6 p.m.		KRC
47125	7-15 yrs	T/Th	1/5-1/21	5-6 p.m.		KRC
47126	7-15 yrs	Sa/Su	1/9-1/24	9-10 a.m.		KRC
47127	7-15 yrs	M/W	2/1-2/22*	5-6 p.m.		KRC
47128	7-15 yrs	T/Th	2/2-2/18	5-6 p.m.		KRC
47129	7-15 yrs	Sa/Su	2/6-2/21	9-10 a.m.		KRC
47130	7-15 yrs	M/W	3/7-3/23	5-6 p.m.		KRC
47131	7-15 yrs	T/Th	3/8-3/24	5-6 p.m.		KRC
47132	7-15 yrs	Sa/Su	3/5-3/20	9-10 a.m.		KRC

Adults (Ages 16 yrs+)

Classes meet twice a week for three (3) weeks. Experience the fun, fitness and excitement of tennis while meeting new tennis-playing friends. *No class 1/18, 2/15. Fee: \$42.

47133	16 yrs+	M/W	1/4-1/25*	7-8 p.m.		KRC
47136	16 yrs+	T/Th	1/5-1/21	8-9 p.m.		KRC
47141	16 yrs+	Sa/Su	1/9-1/24	10-11 a.m.		KRC
47134	16 yrs+	M/W	2/1-2/22*	7-8 p.m.		KRC
47137	16 yrs+	T/Th	2/2-2/18	8-9 p.m.		KRC
47139	16 yrs+	Sa/Su	2/6-2/21	10-11 a.m.		KRC
47135	16 yrs+	M/W	3/7-3/23	7-8 p.m.		KRC
47138	16 yrs+	T/Th	3/8-3/24	8-9 p.m.		KRC
47140	16 yrs+	Sa/Su	3/5-3/20	10-11 a.m.		KRC

Junior Tennis Academy

The Junior Tennis Academy is for youth and teens, ages 7-15, who have attended a Learn to Play class or similar Beginner Tennis Program. The Academy program occurs Mondays through Thursdays from 5 to 6 p.m. and Saturdays and Sundays from 9-10 a.m. Classes start every month and are ongoing throughout the year. Players will be grouped based on age and playing experience.

The Academy will utilize all of the latest Tennis teaching methods endorsed by the USTA. The emphasis of the program is for juniors to play points and games using modified courts, equipment and scoring. Advanced players will develop quicker in the Academy with a focus on game play and mental toughness.

All junior players are encouraged to supplement the Academy program with private lessons from our certified professional staff to help improve technical skills and to receive individual attention. *No class 1/18, 2/15, 3/27.

Options include Unlimited Monthly, Weekdays or Weekends; 2 or 1 day classes per week:

47142	7-15 yrs	ALL	1/4-1/31*	5-6 p.m.	\$92 for 23 classes	KRC
47143	7-15 yrs	M-Th	1/4-1/28*	5-6 p.m.	\$75 for 15 classes	KRC
47144	7-15 yrs	Sa/Su	1/9-1/31	9-10 a.m.	\$60 for 8 classes	KRC
47145	7-15 yrs	M/W	1/4-1/27*	5-6 p.m.	\$53 for 7 classes	KRC
47146	7-15 yrs	T/Th	1/5-1/28	5-6 p.m.	\$60 for 8 classes	KRC
47147	7-15 yrs	M	1/4-1/25*	5-6 p.m.	\$32 for 3 classes	KRC
47148	7-15 yrs	T	1/5-1/26	5-6 p.m.	\$42 for 4 classes	KRC
47149	7-15 yrs	W	1/6-1/27	5-6 p.m.	\$42 for 4 classes	KRC
47150	7-15 yrs	Th	1/7-1/28	5-6 p.m.	\$42 for 4 classes	KRC
47151	7-15 yrs	Sa	1/9-1/30	9-10 a.m.	\$42 for 4 classes	KRC
47152	7-15 yrs	Su	1/10-1/31	9-10 a.m.	\$42 for 4 classes	KRC
47153	7-15 yrs	ALL	2/1-2/29*	5-6 p.m.	\$96 for 24 classes	KRC
47154	7-15 yrs	M-Th	2/1-2/29*	5-6 p.m.	\$80 for 16 classes	KRC
47155	7-15 yrs	Sa/Su	2/6-2/28*	9-10 a.m.	\$53 for 7 classes	KRC
47156	7-15 yrs	M/W	2/1-2/29*	5-6 p.m.	\$60 for 8 classes	KRC
47173	7-15 yrs	T/Th	2/2-2/25	5-6 p.m.	\$60 for 8 classes	KRC
47157	7-15 yrs	M	2/1-2/29*	5-6 p.m.	\$42 for 4 classes	KRC
47158	7-15 yrs	T	2/2-2/23	5-6 p.m.	\$42 for 4 classes	KRC
47159	7-15 yrs	W	2/3-2/24	5-6 p.m.	\$42 for 4 classes	KRC
47160	7-15 yrs	Th	2/4-2/25	5-6 p.m.	\$42 for 4 classes	KRC
47161	7-15 yrs	Sa	2/6-2/27	9-10 a.m.	\$42 for 4 classes	KRC
47162	7-15 yrs	Su	2/7-2/28*	9-10 a.m.	\$42 for 4 classes	KRC
47163	7-15 yrs	ALL	3/1-3/31*	5-6 p.m.	\$104 for 26 classes	KRC
47164	7-15 yrs	M-Th	3/1-3/31	5-6 p.m.	\$95 for 19 classes	KRC
47172	7-15 yrs	Sa/Su	3/5-3/26*	5-6 p.m.	\$53 for 7 classes	KRC
47165	7-15 yrs	M/W	3/2-3/30	5-6 p.m.	\$68 for 9 classes	KRC
47174	7-15 yrs	T/Th	3/1-3/31	5-6 p.m.	\$75 for 10 classes	KRC
47166	7-15 yrs	M	3/7-3/28	5-6 p.m.	\$42 for 4 classes	KRC
47167	7-15 yrs	T	3/1-3/29	5-6 p.m.	\$53 for 5 classes	KRC
47168	7-15 yrs	W	3/2-3/30	5-6 p.m.	\$53 for 5 classes	KRC
47169	7-15 yrs	Th	3/3-3/31	5-6 p.m.	\$53 for 5 classes	KRC
47170	7-15 yrs	Sa	3/5-3/26	9-10 a.m.	\$42 for 4 classes	KRC
47171	7-15 yrs	Su	3/6-3/20*	9-10 a.m.	\$32 for 3 classes	KRC



Adult Tennis Academy

The Adult Tennis Academy is for ages 16 & older, who have graduated from a Learn to Play class or similar Beginner Tennis Program. Players will be grouped into smaller groups based on skill levels and playing experience. Advanced Beginner players will work on developing consistency in the forehand, backhand, serve and volley; plus a basic understanding of singles and doubles play. Intermediate and Advanced players will focus on developing shot placement, power and spins for all strokes plus acquire a winning strategy for match play.

Improve your skills faster by enrolling in a class that meets twice a week. All classes are held monthly throughout the year. Players are encouraged to supplement the Academy program with private lessons from our certified professional staff to help improve technical skills and to receive more individual attention. *No class 1/18 and 2/15.

Options include 2 or 1 day classes per week:

47181	16 yrs+	M/W	1/4-1/27*	7-8 p.m.	\$60 for 7 classes	KRC
47182	16 yrs+	T/Th	1/5-1/28	8-9 p.m.	\$68 for 8 classes	KRC
47183	16 yrs+	M	1/4-1/25*	7-8 p.m.	\$32 for 3 classes	KRC
47184	16 yrs+	T	1/5-1/26	8-9 p.m.	\$42 for 4 classes	KRC
47185	16 yrs+	W	1/6-1/27	7-8 p.m.	\$42 for 4 classes	KRC
47186	16 yrs+	Th	1/7-1/28	8-9 p.m.	\$42 for 4 classes	KRC
47187	16 yrs+	M/W	2/1-2/29*	7-8 p.m.	\$68 for 8 classes	KRC
47188	16 yrs+	T/Th	2/2-2/25	8-9 p.m.	\$68 for 8 classes	KRC
47189	16 yrs+	M	2/1-2/29*	7-8 p.m.	\$42 for 4 classes	KRC
47190	16 yrs+	T	2/2-2/23	8-9 p.m.	\$42 for 4 classes	KRC
47191	16 yrs+	W	2/3-2/24	7-8 p.m.	\$42 for 4 classes	KRC
47192	16 yrs+	Th	2/4-2/25	8-9 p.m.	\$42 for 4 classes	KRC
47193	16 yrs+	M/W	3/2-3/30	7-8 p.m.	\$77 for 9 classes	KRC
47194	16 yrs+	T/Th	3/1-3/31	8-9 p.m.	\$85 for 10 classes	KRC
47195	16 yrs+	M	3/7-3/28	7-8 p.m.	\$42 for 4 classes	KRC
47196	16 yrs+	T	3/1-3/29	8-9 p.m.	\$52 for 5 classes	KRC
47197	16 yrs+	W	3/2-3/30	7-8 p.m.	\$52 for 5 classes	KRC
47198	16 yrs+	Th	3/3-3/31	8-9 p.m.	\$52 for 5 classes	KRC

Go Outside and Play!
www.tempe.gov/parks

Tennis Activities

Adult Specialty Clinics

Cardio Tennis

This fast-paced tennis aerobics class is full of tennis drills and games set to music. It's a great workout for all ability levels. Class fees are based on the number of classes held during the six-week sessions. *No class 1/18, 2/15.

47199	16 yrs+	M	1/4-2/8*	8-9 p.m.	\$50	KRC
47200	16 yrs+	W	1/6-2/10	8-9 p.m.	\$60	KRC
47201	16 yrs+	Sa	1/9-2/13	10-11 a.m.	\$60	KRC
47202	16 yrs+	M	2/22-3/21*	8-9 p.m.	\$50	KRC
47204	16 yrs+	W	2/17-3/23	8-9 p.m.	\$60	KRC
47203	16 yrs+	Sa	2/20-3/26	10-11 a.m.	\$60	KRC

Ball Machine Drills

Commit your strokes to muscle memory by hitting more balls than you ever imagined in these one-hour drills clinic. Six-week sessions.

47209	16 yrs+	T	1/5-2/9	9-10:30 a.m.	\$78	KRC
47205	16 yrs+	T	1/5-2/9	7-8 p.m.	\$60	KRC
47206	16 yrs+	Th	1/7-2/11	7-8 p.m.	\$60	KRC
47210	16 yrs+	T	2/16-3/22	9-10:30 a.m.	\$78	KRC
47207	16 yrs+	T	2/16-3/22	7-8 p.m.	\$60	KRC
47208	16 yrs+	Th	2/18-3/24	7-8 p.m.	\$60	KRC

Starter League for Adults

This program will assist beginner level players in establishing comfort while playing recreational tennis. Instructor arranges singles and doubles matches, and assists players with positioning, scoring and strategy. Six-week leagues. *No league play 1/18, 2/15.

47211	16 yrs+	M	1/4-2/8*	8-9:30 p.m.	\$65	KRC
47215	16 yrs+	W	1/6-2/10	8-9:30 p.m.	\$78	KRC
47212	16 yrs+	Sa	1/9-2/13	11 a.m.-12:30 p.m.	\$78	KRC
47213	16 yrs+	M	2/22-3/21*	8-9:30 p.m.	\$65	KRC
47216	16 yrs+	W	2/17-3/23	8-9:30 p.m.	\$78	KRC
47214	16 yrs+	Sa	2/20-3/26	11 a.m.-12:30 p.m.	\$78	KRC

Adult Tennis Camp

These one-day, 2½-hour camps develop stroke improvement and strategy for singles and doubles play. Fee: \$30.

47217	16 yrs+	Sa	1/16	3:30-6 p.m.	KRC
47218	16 yrs+	Sa	2/13	3:30-6 p.m.	KRC
47219	16 yrs+	Sa	2/27	3:30-6 p.m.	KRC
47220	16 yrs+	Sa	3/12	3:30-6 p.m.	KRC



Private Tennis Lessons

Kiwanis Recreation Center has USPTA and PTR certified tennis professionals available for both adult and youth private lessons. From the beginner who wants to learn the basics fast or an advanced player who needs work on stroke technique, our instructors can assist players of all ages improve their game.

Private Tennis Lesson Rates:

One Hour Lesson:

Private - \$60.00

Semi-Private - \$35 each with 2 players in a class or
\$25.00 each with 3 in a class.

Half Hour Lessons:

Private \$35.00

Semi-Private \$20 each with 2 players in a class or
\$15 each with 3 in a class.

To arrange a private tennis lesson with any of our staff professionals contact Larry Funk, Director of Tennis at 480-350-5721. Visit the Kiwanis Tennis Center website at www.tempe.gov/tennis for instructor background and professional certifications.

Kiwanis Tennis Professionals

Bill Brown, Seth Haynie, Larry Holmes, Dan Hoyme, Debra Lloyd, Michael McDowell, Suk Ong, Erin Reen, Carol Sandvig and Kwong Young.

Keep a Good Class Going! Register Early!

Organized Playing Opportunities

FLEX Singles Adult Leagues

You set the match date and time! Each week, players receive the opponent's name and phone number and arranges a match at their mutual convenience. Courts may have limited availability for FLEX Leagues from 5 to 8 p.m., Monday through Thursday, and from 8 to 11 a.m. on Saturday. All Flex Leagues meet for 8 weeks in January/February and 9 weeks in March/April.

Women's FLEX Singles Leagues

47228	16 yrs+	1/4-2/28	3.5-4.0	\$60	KRC
47229	16 yrs+	1/4-2/28	3.0-3.5	\$60	KRC
47231	16 yrs+	2/29-5/1	3.5-4.0	\$68	KRC
47232	16 yrs+	2/29-5/1	3.0-3.5	\$68	KRC

Men's FLEX Singles Leagues

47222	16 yrs+	1/4-2/28	4.0-4.5	\$60	KRC
47223	16 yrs+	1/4-2/28	3.5-4.0	\$60	KRC
47225	16 yrs+	2/29-5/1	4.0-4.5	\$68	KRC
47226	16 yrs+	2/29-5/1	3.5-4.0	\$68	KRC

Adult Singles Leagues

Play singles against players of your skill level. Singles Leagues are two-month programs. Leagues may have two start times varying from week-to-week. All players will be scheduled for matches; no refunds for leagues once league play begins. *No play 1/18, 2/15 or 3/27. Registration for January/February league ends 12/28. Registration for March/April league ends 2/25. League schedules will be available for pick-up and may be viewed online at www.tempe.gov/tennis beginning the evenings of 12/31 and 2/28. Have questions? Contact Larry Funk at 480-350-5721.

Men's Singles Leagues

47233	16 yrs+	M	1/4-2/29*	6 & 7:30 p.m.	4.0-4.5	\$53	KRC
47234	16 yrs+	T	1/5-2/23	7 & 8:30 p.m.	4.0-4.5	\$60	KRC
47235	16 yrs+	W	1/6-2/24	7 & 8:30 p.m.	3.0-3.5	\$60	KRC
47237	16 yrs+	Th	1/7-2/25	7 & 8:30 p.m.	3.5-4.0	\$60	KRC
47238	16yrs+	M	3/7-4/25	6 & 7:30 p.m.	4.0-4.5	\$60	KRC
47239	16yrs+	T	3/1-4/26	7 & 8:30 p.m.	4.0-4.5	\$68	KRC
47240	16yrs+	W	3/2-4/27	7 & 8:30 p.m.	3.0-3.5	\$68	KRC
47242	16yrs+	Th	3/3-4/28	7 & 8:30 p.m.	3.5-4.0	\$68	KRC

Drop-In Programs

Adults (Ages 16 Yrs+) Impromptu Programs

Sign-in early to assure your spot; participation is limited to the number of courts available each day and may change based on other court programming needs. Come out and play!

Challenge Court Doubles

Tuesday & Thursday	5:30-8:30 p.m.
Saturday	8-11 a.m.
Sunday	9 a.m.-Noon

Advanced players of 4.0-4.5 ability levels are encouraged to drop into this unsupervised round-robin doubles program anytime during the posted hours. The number of courts reserved for Challenge Court is based on previous participation and courts available. Fee per person: \$3 (daytime) and \$4 (evening).

Drop-in Doubles

Weekdays; Monday through Friday, 9-10:30 a.m. Supervised program featuring doubles match-ups for intermediate ability levels. Players may register from 8:30-8:55 a.m. Limited courts are available and players are accepted on a first-come, first-served basis. Fee: \$3.50 per player.

Mix & Match Doubles

Fridays from 6:30-8:30 p.m.

Supervised program featuring social round-robin doubles play for intermediate ability skill levels.

Fee: \$4 per player. Players must register by 6:25 p.m.

Make Your Own Game

The Kiwanis Tennis Center is open to the public. Tennis court reservations may be made one day in advance by calling 480-350-5203. Court reservations are for guaranteed play, and are for a maximum of 1½ hours. Courts are available during all hours of operation.

Total Fees per Tennis Court for 1½-Hr Reservations*

Non-Prime Time: \$11 (\$2.75 each for Doubles Play)

Prime Time: \$14 (\$3.50 each for Doubles Play)

*Prime Time is from 7 to 11 a.m. and 5 to 10 p.m., Monday through Friday, and from 8 a.m. to noon on Saturday, and 9 a.m. to noon on Sunday. All other operating hours are Non-Prime Time.

Rentals

Are you interested in renting tennis courts for group or team play? For more information, contact Director of Tennis, Larry Funk, at 480-350-5721.

Hitting Wall

A \$4 per one-hour fee is required for hitting wall practice.

Ball Basket or Racquet Rentals

The Kiwanis Tennis Center offers the convenience of ball basket rentals and/or racquet rentals for \$2 each.

About Us

Kiwanis Tennis Center offers a full-range of programs and playing opportunities for all ages and ability levels. Additional class times are offered that are not listed within this brochure. For a full listing of all tennis instructional classes, visit www.tempe.gov/tennis.

Director of Tennis

Larry Funk, 480-350-5721



Actividades y Servicios

Programas para Preescolares (Tots; 0-5 Years)

Estos programas ofrecen oportunidades para el desarrollo de destrezas sociales y en el salón de clases. La Biblioteca Pública de Tempe ofrece programas de cuentos que incluyen artesanías y otras actividades para los niños preescolares y sus padres. El Programa de Bellas Artes para los niños provee el descubrimiento a través de la música, las artes visuales, el teatro y movimiento creativo. Clases adicionales para los preescolares incluyen danza, arte, música, natación y deportes. Los programas de Educación y Recreación Infantil son ofrecidos en el Centro Comunitario Escalante.

Actividades para Niños (Youth; 5-12 Years)

Hay una variedad de actividades para los niños de escuela primaria; danza, música, arte, cerámica y deportes (ligas de baloncesto y béisbol de lanzamiento lento, instrucción de golf, clases de lucha libre, campamentos de fútbol, voleibol, tenis y natación. Se les provee cuidado antes y después del horario regular de la escuela (Zona de Niños).

Actividades para Adolescentes (Teens; 12-18 Years)

Ofrecemos una variedad de programas para los adolescentes; danza, música, arte, cerámica y deportes (vea los deportes mencionados arriba), salud, ejercicio y clases de computación. Además, ofrecemos clases de idiomas extranjeros, recreación al aire libre, eventos especiales en la Zona para Adolescentes y también hay oportunidades disponibles para voluntarios.

La Agencia de Empleo para la Juventud de Tempe es un programa gratis de servicios de referencias que ayuda a los adolescentes a conseguir empleo de medio tiempo o tiempo completo, o trabajos temporeros y ocasionales. Los adolescentes deben tener de 13 a 21 años de edad, vivir en la ciudad de Tempe o asistir una de las escuelas del Distrito Escolar de Tempe para ser elegible para el programa. Para más información, llame al 480-350-5400.

Actividades para Adultos (Adults; 18+ Years)

Se ofrecen una variedad de programas; baile (baile de salón, danza del vientre, danza "country western," danza latina, danza de línea, danza fusión moderna, danza del club nocturno, "swing," "tap" y bailes de espectáculo), música (piano, teclado y guitarra), arte (cerámica, dibujo, acuarela, diseño floral, construcción de joyas, costura de acolchar, álbum de recortes, tallado en madera), deportes (para hombres: béisbol, baloncesto y fútbol americano; para ambos sexos: béisbol de lanzamiento lento y fútbol, instrucción de golf, voleibol, tenis y natación), ejercicios (aeróbicas, esculpido del cuerpo, Chi Gong, Tai Chi, Judo, Karate, Kick Boxing, Defensa Propia y Yoga), clases de salud, negocios y computación. Además, hay grupos de lectura de libros y recreo al aire libre (caminatas, manejo de canoas y kayaks).

Actividades para Adultos Retirados (Adults; 50+ Years)

El Centro del Recreo para Adultos Cahill, Pyle y los Centros Comunitarios del Escalante, North Tempe ofrecen muchas actividades que pueden ser de interés para los adultos mayores. Entre las actividades que se ofrecen están las artes, artesanías, juegos de cartas, ejercicios, clases de danza, instrucción de golf, natación y oportunidades para voluntarios.

Servicios Bibliotecarios

¡Obtenga una tarjeta de la Biblioteca y enriquezca su vida!

La Biblioteca Pública de Tempe tiene una colección de 450,000 volúmenes de libros y recursos audios visuales que pueden ser prestados a todas las personas que posean una tarjeta vigente de la Biblioteca. La Biblioteca también tiene una colección de material en español tanto para niños como para adultos. Las tarjetas están disponibles sin costo a los residentes de Tempe, el Condado de Maricopa (incluye todos los pueblos y las ciudades en el Condado de Maricopa) y Apache Junción. Para obtener una tarjeta tendrá que traer identificación fotográfica y prueba de su dirección residencial al Escritorio de Préstamo en la Biblioteca Pública de Tempe.

Lectura de Cuentos para los Preescolares

Introduzca a sus niños a la experiencia maravillosa del mundo de los libros matriculándolo en el Programa de Cuentos de la Biblioteca Pública de Tempe. Estos programas están disponibles para los infantes (12 a 24 meses de edad), niños de 2 a 3 años y niños de 4 a 5 años de edad. Algunos programas de cuentos requieren matricularse, sin embargo hay otros que se ofrecen sin matricula.

Recursos en Español por Computadora

Informe, una base de datos de consulta, que incluye 60 revistas con texto completo en español, es accesible por la red cibernética en los computadores de la Biblioteca y también es accesible en su hogar u oficina através de la red cibernética por la página Web de la Biblioteca localizada en www.tempe.gov/library. Para lograr acceso a esta base de datos fuera de la Biblioteca, es necesario tener una tarjeta vigente de la Biblioteca Pública de Tempe.

¡Mejore sus destrezas en lectura y lenguaje!

Los voluntarios de Alfabetismo del Condado de Maricopa proveen adiestramiento gratis de lectura y escritura básica para adultos funcionalmente analfabetos y para personas que están comenzando a hablar inglés. Para más información, favor de llamar al 602-274-3430.

Biblioteca

Nick Escalante	480-350-5802
Amanda Robles	480-350-5559
Blanca Villapudua	480-350-5515

Centro Escalante

Melissa Gomez	480-350-5800
Dolores Johnson	480-350-5814
Frieda Roben	480-350-5831

Centro North Tempe

Alice Leyvas	480-858-6500
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Recreación

Claudia Gomez	480-350-5200
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Servicios Culturales

Walter Torres	480-350-2822
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Servicios Sociales

Mercy Carreras	480-350-5400
Gina Hutchens	480-350-5400
Jennifer Leon	480-350-5400

Tempe Residents

Online, Mail, Drop-Off and Fax: December 7, 2015

Non-Tempe Residents

Online, Mail, Drop-Off and Fax: December 14, 2015



Registro de clases, 3500 S.Rural Rd, Tempe, AZ 85282 www.tempe.gov/brochure
 Información 480-350-5277 Fax 480-350-5058 TTY 480-350-5050

Forma de Registro**Información de Jefe de Familia (Por favor Imprima)**

Información del Adulto Apellido		Nombre	Inicial	Numero teléfono de Casa
Dirección		Apartamento		Numero teléfono de Trabajo
				Numero teléfono adicional Cel. Cónyuge
Ciudad	Estado	Código Postal		Numero teléfono adicional Cel. Cónyuge
Fecha de Nacimiento	Masculino O Femenino	Correo Electrónico		
En caso de Emergencia Notifique	Nombre	Numero telefono	Relación	

Solicitud de Registro

>> Marque la casilla si el numero es opción alternativa

Apellido	Inicial	Nombre	M/F	Fecha de Nacimiento	Nombre de clase/Actividad	Numero de Clase o Actividad	Costo
						<input type="checkbox"/> MARQUE si alternativo	
						<input type="checkbox"/> MARQUE si alternativo	
						<input type="checkbox"/> MARQUE si alternativo	
Total a pagar							\$

Renuncia de Responsabilidad

- Con el conocimiento y la valoración del riesgo de lesiones, deseo participar en esta actividad o clase. Estoy de acuerdo en asumir el riesgo de lesiones personales durante la participación.
- Entiendo que la ciudad de Tempe no tiene seguro medico para los participantes de enfermedad o accidente.
- Entiendo que se ampliara a todos los esfuerzos razonables para asegurar la salud y seguridad.
- Si la actividad o clase incluye cualquier esfuerzo físico, estoy de acuerdo en realizar el ejercicio a mi propio nivel.
- Entiendo perfectamente la naturaleza de esta clase o actividad, y renunciar, liberar y eximir la ciudad de Tempe y cualquiera de sus agentes, empleados, funcionarios, miembros del consejo y patrocinadores para cualquiera y todos los derechos y reclamaciones por danos o gastos que pueda tener contra la ciudad de Tempe, sus agentes, empleados, funcionarios, miembros del consejo y patrocinadores por lesiones personales, muerte o danos sufridos por mi, o que puedo causar a los demás, resultado de mi participación en esta actividad o clase.
- Estoy de acuerdo, sin ningún derecho de pago o edición el uso de imagines de mi o de mis hijos incluyendo reproducciones de fotos, video, audio por la Ciudad de Tempe para su difusión en todos los tipos de medios de comunicación para fines de relaciones publicas.
- Estoy de acuerdo a buscar a mi medico para mi salud y notificar a mi maestro o instructor de algún limitación física que podría tener o modificaciones que deba la actividad/clase. Requerirá los siguientes alojamientos para participar: _____

He leído y comprendo claramente las afirmaciones anteriores. Me doy cuenta que esto es un contrato entre la Ciudad de Tempe y yo, y liberación de responsabilidad. Lo firma con mi propia voluntad.

Firma de Participante X

 (Padre o Tutor si participante es menor de 18 años) Fecha _____

Total a pagar. _____	<input type="checkbox"/> Efectivo	<input type="checkbox"/> Numero de cheque _____	Haga los cheques pagaderos a City of Tempe.
<input type="checkbox"/> Numero de Tarjeta de crédito _____ / _____ / _____		Expiración _____ / _____	
Firma de autorización de tarjeta de crédito: _____			

Pitching in for Tempe



Adopt-A-
STREET



Adopt-A-
PARK



Adopt-A-
PATH

To adopt a street, path or park, call
480-350-4311 or visit www.tempe.gov/adopt.

Applications are accepted year-round.



Counseling Services



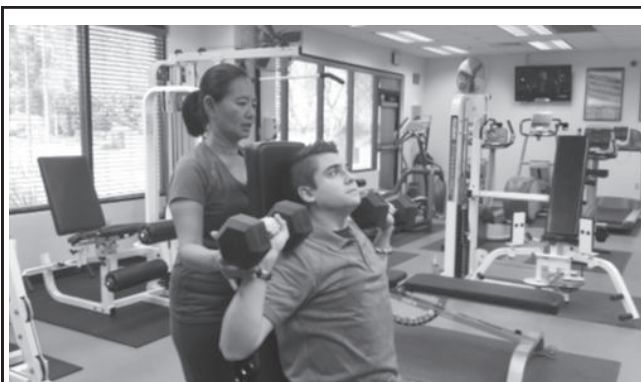
Individual
Marital/Couple
Child and Family

City of Tempe Counseling Program
Tempe Public Library (2nd Floor)
3500 S. Rural Road

480-350-5400

www.Tempe.gov/Counseling

**Sign Up for the
Connecting Tempe
Newsletter!**
www.tempe.gov/enotify



Get fit in Tempe!

We have five fitness centers to help you stay active.
And we're flexible - you can purchase a monthly pass or pay
as you go. Be sure to visit the fitness center nearest you.

Escalante Fitness Center	480-350-5800
Kiwanis Fitness Center	480-350-5201
North Tempe Fitness Center	480-858-6500
Pyle Fitness Center	480-350-5211
Westside Fitness Center	480-858-2400

www.Tempe.gov/Fitness

**Pick up the
Spring 2016
Brochure
February 11!**

UPCOMING DIVERSITY EVENTS & PROGRAMS

18th Annual MLK Diversity Awards

Saturday, Jan. 16, 2016

Tempe at the Buttes
2000 Westcourt Way, Tempe 85282



All are invited to attend the 18th Annual Diversity Awards. Each year the Tempe Human Relations Commission honors local individuals, businesses, and community groups that have demonstrated a commitment to diversity in Tempe. The 18th Annual Diversity Awards presentation will include a dinner, entertainment, and a keynote speech. The cost of the event is \$15, and RSVP's are required. Call 480-350-8979 to secure your space.

We are now accepting nominations for the 18th Annual Diversity Awards. For an online nomination form and for a further description of the awards, please visit our website at www.tempe.gov/mlk.



"Walking for Unity
in our Community
to Promote Mutual
Respect and
Understanding"

2016 Regional Unity Walk

Saturday, January 30, 2016

Walk begins at 10:30 a.m. Report to starting locations by 10 a.m.

All are invited to join the cities of Tempe, Chandler, Mesa, Scottsdale, Phoenix and the Towns of Gilbert and Guadalupe in the Regional Unity Walk. Participants will join together in a short walk that begins at two different locations. After the groups merge together they will walk together towards the culmination point at the Tempe Beach Park for a morning of celebrating the unity of our communities. We encourage families, community organizations,

scout groups and church groups to participate. Walkers are encouraged to carry signs celebrating our community's diversity and unity. **Free t-shirts will be distributed at the assembly locations.**

Assembly Locations:

Residents of Chandler, Gilbert, Phoenix and Scottsdale: Tempe Lake Marina

Residents of Tempe, Guadalupe and Mesa: Tempe Beach Park

For updated details visit www.tempe.gov/unitywalk

Tempe Talks because "Together, We're Better": a Program of Diversity Dialogues



February 1, 8, 22, & 29

March 7, 14, 21 & 28

6-7:30 p.m.

Tempe Public Library
3500 S. Rural Rd.

Lower level meeting rooms A & B

All are invited to discuss diversity topics, cultural appreciation, and share personal experiences and perceptions. This program will foster community dialogue. Groups of 12-15 diverse individuals will meet every Monday for 8 weeks to discuss issues of diversity in Tempe.

For more information call Ginny Belousek at 480-350-8979.

There is a copy of the application on this page, or you can visit www.tempe.gov/dialogue to electronically submit your application.

Mail application to: Attn: Diversity Office
31 E. 5th St., Tempe,
AZ 85281

Application deadline is January 31, 2016 at noon

DIVERSITY DIALOGUE SPRING 2016 APPLICATION

☐ Adult Program ☐ Teen Program

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email Address _____

Have you participated in the Diversity Dialogues program in the past?

☐ No ☐ Yes

The following optional information will help us make the groups diverse and facilitate conversation.

Gender: M ☐ F ☐ Age: 13-17 ☐ 18-30 ☐ 31-50 ☐ 50+ ☐

Ethnic Background _____ Faith Background _____

Sexual Orientation: ☐ Bisexual ☐ Heterosexual ☐ Gay ☐ Lesbian

Do you have a disability? ☐ No ☐ Yes

If "yes", explain _____

I agree to attend all eight dialogue group sessions (1.5 hours/week) I am signing this document as a commitment to fully participate in this program.

Candidates will be selected in the order that applications are received and based on dialogue group availability.* The opinions of the group participants and/or facilitators may not necessarily reflect those of the City of Tempe. *Space is limited.*

Signature _____ Date _____

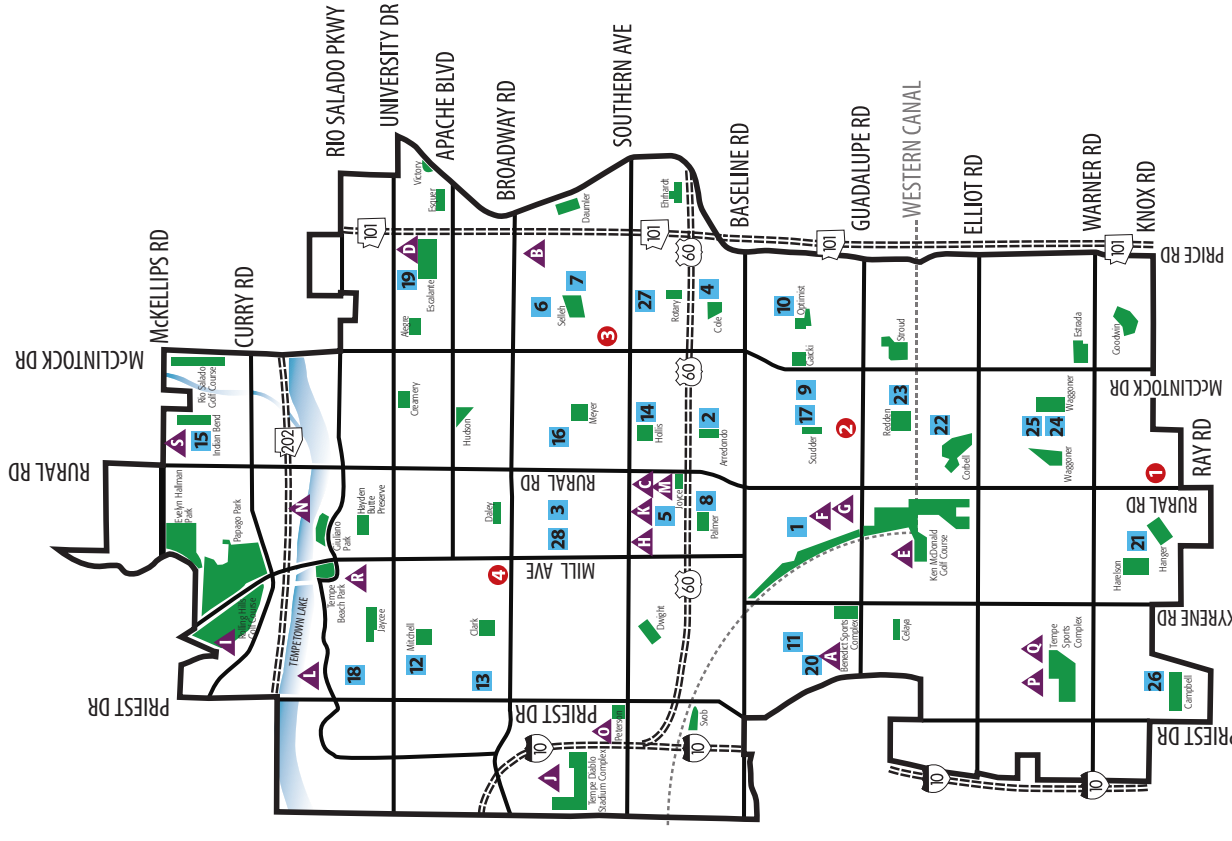


Tempe Community Services
3500 S. Rural Road
Tempe, AZ 85282

Reservation Information call 480-350-5200 ✓ = Existing Facilities L = Lighted Facilities R = Reservable Facilities

Parks	Locations	Acres	Baseball Fields	Dog Parks	Lake/Lagoon	Basketball Courts	Picnic Ramadas	Picnic Tables/Grills	Play Equipment	Restrooms	Soccer Fields	Volleyball Courts	Tennis Courts	Splash Park
Alegre	1940 E Don Carlos Ave @ Hazelton Ln	3.0						✓	✓		✓			
Arredondo	1302 E Carson Dr @ Dorsey Ln	4.0				2-L		✓	✓					
Birchett	1295 S Mill Ave @ Apache Blvd	1.0												
Campbell	9895 S Beck Ave @ Yvonne Ln	8.0					✓	✓	✓			1-L		
Celaya	601 W Vaughn St @ Roosevelt	5.5				1-L		✓	✓					
Clark	1730 S Roosevelt St @ 19 th St	10.0	1-LR			1-L	R	✓	✓	✓		2-R		
Cole	2000 E Carson Dr @ Country Club Way	3.7				1-L		✓	✓	✓				
Corbell	7300 S Lakeshore Dr @ Chilton Dr	11.0				1-L	✓	✓	✓		1-L			
Creamery	1520 E 8 th St @ Una Ave	2.8				5-L	✓	✓	✓			2-L		
Daley	1625 S College Ave @ Encanto Dr	17.0	2-LR			1-L	R	✓	✓	✓				
Damler	2821 S Evergreen Dr @ Balboa Dr	4.0				1-L		✓	✓					
Dwight	550 W Manhattan Dr @ Roosevelt St	4.0				1-L		✓	✓					
Ehrhardt	4003 S Evergreen Dr @ Riviera Dr	6.5				1-L		✓	✓					
Escalante	2150 E Orange St @ River Rd	10.0	1-LR			2-L	✓	✓	✓					
Esquer	2407 E McArthur @ S George Dr	3.0				1-L		✓	✓					✓
Estrada	1801 E Palomino Dr @ McClintock Dr	8.0				1-L		✓	✓		1-L			
Evelyn Hallman Park	1900 N College Ave @ Marigold Ln	40.0			✓		✓	✓	✓					
Garick	5615 S McClintock Dr @ Cornell Dr	2.0					✓	✓	✓					
Goodwin	1835 E Caroline Ln @ Taylor Dr	5.0				1-L		✓	✓		1-L			
Giuliano	80 E Rio Salado Pkwy	0.0						✓	✓					
Hanger	501 E Knox Rd @ Rural Rd	15.0				1-L	✓	✓	✓		2 1/2-L	1-L		
Hareison	9325 S Warner Ranch Dr @ Myrna Ln	11.2				1-L		✓	✓		1-L	1-L		
Hayden Butte Preserve	222 E 5 th St @ Mill Ave	25.0												
Hollis	3421 S Kenneth Pl @ Malibu Dr	4.5	✓			1-L	R	✓	✓					
Hudson	1430 S Cedar St @ Spence Ave	3.0					✓	✓	✓					✓
Indian Bend	1250 E Marigold Ln @ Miller Rd	8.0				1-L		✓	✓			2-L		
Jaycee	817 W 5 th St @ Hardy Dr	7.0	1-L	✓			✓	✓	✓			1-L		
Joyce	711 E Hermosa Dr @ Laguna Dr	4.6				1-L		✓	✓					
Kiwanis Community	5500 S Mill Ave @ All-America Way	125.0	4-LR			3-L	R	✓	3	✓	3 1/2-L	5-L	15-L	
Meyer	2727 S Dorsey Ln @ Alameda Dr	8.0	✓			1-L		✓	✓			1-L		
Mitchell	1000 S Mitchell Dr @ 9 th St	11.0		✓		1-L	✓	✓	✓			2-L		
Moeur	715 N Mill Ave @ Curry Rd	10.0						✓	✓					
Optimist	2000 E Sesame St @ Cornell Dr	9.0				1-L		✓	✓					
Palmer	4500 S College Rd @ Carson Cr	4.5	1-L			1-L		✓	✓					
Papago	1000 N College Ave @ Curry	296.0	1-LR	✓		1-L	R	✓	2	✓	2R			
Petersen	1440 W Southern Ave @ Priest Dr	5.0						✓	✓					
Plazita de Descanso	521 S Mill Ave	0.3						✓	✓					
Redden	1305 E Redfield Dr @ Lakeshore Dr	4.0				2-L		✓	✓					
Rio Salado	630 N Mill Ave @ Rio Salado Pkwy	400.0			✓			✓	✓					
Rotary	2015 E Hermosa Dr @ Country Club Way	5.0				1-L		✓	✓					
Scudder	5811 S Lakeshore Dr @ Watson Dr	4.0				1-L		✓	✓					
Selleh	2425 S Los Feliz Dr @ Aspen Dr	6.3				1-L		✓	✓					
Sixth Street/City Hall	24 E 6 th St @ Mill Ave	1.5						✓	✓					
Stroud	6818 S Los Feliz @ Taylor Dr	5.6				1-L		✓	✓		1-L			
Swob	2600 W Vineyard Rd @ Park Dr	78	✓			1-L		✓	✓					
Tempe Beach	80 W Rio Salado Pkwy @ Mill Ave	25.0	1-LR	✓				✓	✓				✓	
Victory	2541 E McArthur Dr @ Evergreen Dr	0.1						✓	✓					
Tempe Women's Club	1265 N College Ave @ Weber Dr	2.0						✓	✓					

Special Facilities	Special Facilities
A. Benedict Sports Complex	480 W. Guadalupe Rd.
B. Connolly School Fields	2002 E. Concordia Dr.
C. Edna Wahl Center for the Arts	3340 S. Rural Rd.
D. Escalante Community Center	2150 E. Orange St.
E. Ken McDonald Golf Course	800 E. Divot Dr.
F. Kiwanis Park Boring Range	6005 S. All-America Way
G. Kiwanis Park Recreation Center	6111 S. All-America Way
H. Pyle Adult Recreation Center	655 E. Southern Ave.
I. Rolling Hills Golf Course	1415 N. Mill Ave.
J. Tempe Diablo Stadium Complex	2200 W. Alameda Dr.
K. Tempe History Museum	809 E. Southern Ave.
L. Tempe Center for the Arts	700 W. Rio Salado Pkwy.
M. Tempe Library	3500 S. Rural Rd.
N. Tempe Town Lake Marina	550 E. Tempe Town Lake
O. Petersen House Museum	1414 W. Southern Ave.
P. Tempe Sports Complex	8401 S. Hardy Dr.
Q. TSC Skate Park	8403 S. Hardy Dr.
R. Westside Community Center	715 W. 5 th St.
S. North Tempe Multi-Generational Center	1555 N. Bridalweath



Elementary / Middle School Listings	High Schools
1. Aguilar	1. Corona del Sol
2. Arredondo	2. Marcos de Niza
3. Broadmor	3. McClintock
4. Bustoz	4. Tempe
5. Carniati	
6. Connolly Middle	
7. Curry	
8. Evans	
9. Fees Middle	
10. Fuller	
11. Getz	
12. Gilliland Middle	
13. Holdenman	
14. Hudson	
15. Laird	
16. Meyer	
17. Rover	
18. Scales	
19. Thew	
20. Wood	
21. Kyrene de la Mariposa	
22. Kyrene de los Ninos	
23. Kyrene del Norte	
24. Kyrene Middle	
25. Waggoner	
26. Kyrene de las Mantas	
27. Ward Traditional Academy	
28. Tempe Academy	